



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

Evidence-Based Approach to Plagiocephaly and OPT-IN* Open House!

***OPT-IN: Osteopathic Plagiocephaly Treatment in Infants and Neonates**



Learn How This Research Can Benefit Your Patients!

Course Director:

Dr. Kimberly J. Wolf, DO, FAAP, FACOP

Core Faculty (in chronological order)

Kimberly J. Wolf, DO, FAAP, FACOP

Hollis H. King, DO, PhD, FAAO, FCA

Jessica Martone, PhD, MSW

Mitchell Hiserote, DO

Raymond J. Hrubby, DO, MS, FAAO (Dist)

Instructional Format

This is an Internet On-Demand Activity:

This course is a pre-recorded online course that can be viewed at any time. This CME activity will be available for purchase through September 2026 for three years from the date of original posting. OPC ensures that the content is still up-to-date and accurate by means of semi-annual review. This CME activity has a content expert available for any questions on content from participants during the life plus one week of the activity. The content expert will answer participant questions within one week of the inquiry. Email your questions or comments to cme@the-promise.org or call the office at 619-548-8815.

Original Program Date: October 28, 2023

Updates: 1/1/23 - Content is up-to-date & accurate

Cost: \$0* (register [here](#))

Access: 30 days**

Estimated Time to Complete: 150 min / 2.5hrs
(100% viewing of this course)

CME: Osteopathy is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. Osteopathy's Promise to Children (OPC) designates this activity for a **maximum of 2.5 AOA Category 1-A credits** and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

* The event was generously underwritten by Osteopathy's Promise to Children and the Viola M. Frymann Trust.

** If a longer timeline for viewing is needed please contact the office at cme@the-promise.org with your request.

CME Sponsor: Osteopathy's Promise to Children (OPC)

Co-Sponsor: American Academy of Pediatric Osteopathy (AAPO)

Activity Website

<https://promise.ce21.com/>

Course Description

Come join us as we explore plagiocephaly from an evidence-based approach! Plagiocephaly is on the rise due to a number of complex factors. It is a diagnosis that often frustrates families and their physicians given the lack of clear guidance on how to help our little patients. We'll start with a review of current literature regarding diagnosis and management options. The course will then discuss an osteopathic approach to plagiocephaly - including an anatomy review that helps frame some of the larger implications that treating plagiocephaly can have.

Following that, the faculty are excited to introduce the OPT-IN: Osteopathic Plagiocephaly Treatment for Infants and Neonates study that will be launching this fall. This two-armed, randomized, crossover trial will compare osteopathic manipulative treatment (OMT) to standard of care repositioning in infants four months of age and younger.

The Research Study Overview portion of this event (which still qualifies for CME) will close with reflections from physicians who worked closely with Dr. Viola Frymann - the D.O. whose work and lifelong commitment to osteopathy, especially in pediatric patients, inspired this study. They will share pearls on her osteopathic approach to plagiocephaly.

This event is aimed at physicians, medical students, and other healthcare providers that diagnose and treat plagiocephaly, but recognize the Research Study Overview may also appeal to a wider audience.

Professional Practice Gap

Plagiocephaly is a common pediatric condition with rising prevalence. Although often viewed solely as a cosmetic issue, those who work closely with these patients from an osteopathic perspective, have a different understanding of the impacts this condition can have on a patient. Current management options for plagiocephaly - mainly repositioning and helmet therapy - fail to comprehensively address all the impacts that plagiocephaly can have on a developing infants' anatomy and physiology. This course will strive to educate fellow physicians on these gaps and how OMT in this population can address these. It will also address the evidence gap that exists with regards to OMT and plagiocephaly and introduce the OPT-IN study as a way to help address that need.

* This is OMM/OMT/OPP activity and as such is part of the profession and exempt from the AOA practice gap analysis requirement.

Educational Need

The activity will address clinicians' needs to improve knowledge, comfort, competence and/or performance at managing plagiocephaly in young infants by leveraging the principles of osteopathic medicine.

Desired Outcomes

The desired outcome of this course is increased awareness of plagiocephaly and its potential impacts on patients and how these could potentially be addressed with OMT.

Evidence-based Resources

*Flannery AM, Tamber MS, Mazzola C, Klimo P Jr, Baird LC, Tyagi R et al. Congress of neurological surgeons systematic review and evidence-based guideline for the diagnosis of

patients with positional plagiocephaly: executive summary. *Neurosurg* 2016;76:623-624. <https://doi.org/10.1227/NEU.0000000000001426>

*Lessard S, Gagnon I, Trottier N. Exploring the impact of osteopathic treatment on cranial asymmetries associated with nonsynostotic plagiocephaly in infants. *Complement Ther Clin Pract* 2011 Nov;17(4):193-8. <https://doi.org/10.1016/j.ctcp.2011.02.001>

*Gasperini M, Vanacore N, Massimi L, Consolo S, Haass C, Scarillati ME, et al. Effects of osteopathic approach in infants with deformational plagiocephaly: an outcome research study. *Minerva Pediatric* 2022 mese;74(0):000-000. <https://doi.org/10.23736/S2724-5276.21.06588-5>

*Bagagiolo D, Priolo CG, Favre EM, Pangallo A, Didio A, Sbarbaro M, et al. A randomized controlled trial of osteopathic manipulative therapy to reduce cranial asymmetries in young infants with nonsynostotic plagiocephaly. *Am J Perinatol* 2022 Dec;39(S 01):S52-S62. <https://doi.org/10.1055/s-0042-175872>

*Wolf K. Reshaping plagiocephaly in pediatrics...literally! *Abstract and Poster presented at ACOP/AAP meeting*. Columbus, Ohio. April 2013.

* King HH, Mai J, Morelli-Haskell MA, Sweeney M. Effects of cranial manipulative medicine on children with plagiocephaly. *Abstract and Poster presented at OMED*. San Diego, CA. October 2018

* King HH, Mai J, Morelli-Haskell MA, Wolf, K, Sweeney M. Effects of Osteopathic Manipulative Treatment on Children with Plagiocephaly in the Context of Current Pediatric Practice: A Retrospective Chart Review Study. *J Osteopath Med*. 2023. In Press.

Educational Objectives

At the conclusion of this activity, learners will be able to:

1. Review current prevalence, diagnosis, and management of plagiocephaly. (Medical Knowledge and Its Application into Osteopathic Medical Practice, System-Based Osteopathic Medical Practice)
2. Appreciate the potential benefit to utilizing OMT in the treatment of plagiocephaly. (Osteopathic Principles and Practice, Medical Knowledge and its Application into Osteopathic Medical Practice, Osteopathic Patient Care, Professionalism in Osteopathic Medical Practice, Osteopathic Medical Practice-Based Learning and Improvement, System-Based Osteopathic Medical Practice)
3. Identify pertinent anatomy (bony, neurologic, vascular, lymphatic) and how it may relate to clinical outcomes noted in plagiocephaly including neurodevelopmental outcomes, vision changes, and recurrent infections. (Osteopathic Principles and Practice, Medical Knowledge and its Application into Osteopathic Medical Practice, Osteopathic Patient Care, Professionalism in Osteopathic Medical Practice, Osteopathic Medical Practice-Based Learning and Improvement, System-Based Osteopathic Medical Practice)
4. Summarize the current and future literature, especially osteopathic studies, on plagiocephaly. (Osteopathic Principles and Practice, Medical Knowledge and its Application into Osteopathic Medical Practice, Osteopathic Patient Care, Osteopathic Patient Care, Osteopathic

Medical Practice-Based Learning and Improvement)

5. Understand barriers unique to osteopathic research, especially in the studies involving the pediatric population. (Osteopathic Principles and Practice, Medical Knowledge and its Application into Osteopathic Medical Practice, Osteopathic Patient Care, Osteopathic Patient Care, Osteopathic Medical Practice-Based Learning and Improvement)

Target Audience

This activity is open for all Osteopathic and Medical Physicians (DO/MD), International Osteopaths, Students (DO/MD), and Students enrolled in qualified international osteopathic training programs. This activity may also be of interest to other healthcare providers, such as nurses, physical therapists, lactation consultants, nurse practitioners, physician assistants, midwives, and speech therapists who work with patients with plagiocephaly or have an interest in osteopathy.

Prerequisites

This course is appropriate for the target audience and students in the target audience training programs. There are no prerequisites for healthcare providers or students in these associated programs.

Accreditation Statement/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

[Osteopathy's Promise to Children \(OPC\) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.](#)

Osteopathy's Promise to Children (OPC) designates this activity for a maximum of 2.5 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

All OPC CME activities have a content expert available for any questions on content from CME participants during the life of the event plus one week. The content expert will answer participant questions within one week of an inquiry. Contact us at cme@the-promise.org with any questions or comments.

The American Academy of Pediatric Osteopathy (AAPO) is a component society of the American Academy of Osteopathy. The AAPO strives to foster a greater understanding of Osteopathic Principles and Practice (OPP) and its subset, Osteopathic Manipulative Medicine (OMM), in the field of pediatrics; to gather and disseminate resources and knowledge concerning OPP in the field of pediatrics; to develop educational programs for members; to promote research regarding OPP in the field of pediatrics; and to create a place where all interested in applying OPP to the care of pediatric patients can come together cooperatively. You can learn more here: <https://the-promise.org/aapo/>.

Instructional Method of Participation

To participate in the activity, physicians or any seeking CME credit will be required to complete all of the following steps:

1. Read the brochure with the Educational Need, Learning Objectives, Faculty Disclosures and Agenda.
2. Complete the Pre-Activity Quiz (testing pre-existing subject knowledge) via your account online via the orange Certificate button.
3. Participate in the activity.

4. Complete the Post-Activity Quiz. A grade of 80% or above is required to pass the quiz. Attempts allowed: 3. Grading method: highest grade. If you do not pass three Post-Activity Quiz attempts, the office will be notified and will make arrangements to address the issue. The course director or a content expert will contact you within one week to review any questions on course content. Once you successfully obtain a passing score, you can move onto the next step towards your certificate.
5. Attest to the satisfactory participation in the activity. OPC verifies your CME attestation via the viewing data in your account.
6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Measure Survey.
7. You will receive CME credit upon successfully passing the Post-Activity Quiz and completing all Post-Activity Evaluations and Surveys.
8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

Any relevant financial relationship which occurred in the twelve-month period before the time an

individual was asked to assume a role controlling content in this CME activity, and which relates to the content of the educational activity, causing a conflict of interest must be disclosed here. The following faculty, presenters and planning committee members have indicated that they have no relationships with ineligible companies that could be perceived as a potential conflict of interest.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
Kimberly Wolf, DO	Course Director/ Speaker	Dr. Wolf is a research consultant to OPC.
Hollis H. King, DO, PhD, FAAO, FCA	Faculty, Content	Dr. King is a Consultant to OPC and a Physician at the Osteopathic Center San Diego operated by OPC.
Jessica Martone, PhD, MSW	Faculty, Content	Dr. Martone is a research consultant to OPC.
Mitchell Hiserote, DO	Faculty, Content	Dr. Hiserote is a CME consultant to OPC.
Raymond J. Hruby, DO	Faculty, Content	Dr. Hruby is a CME Consultant and OPC Publications Editor.

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
There are no recorded conflicts of interest.		

Course Director



Kimberly Wolf, DO, FAAP, FACOP, FAAPO

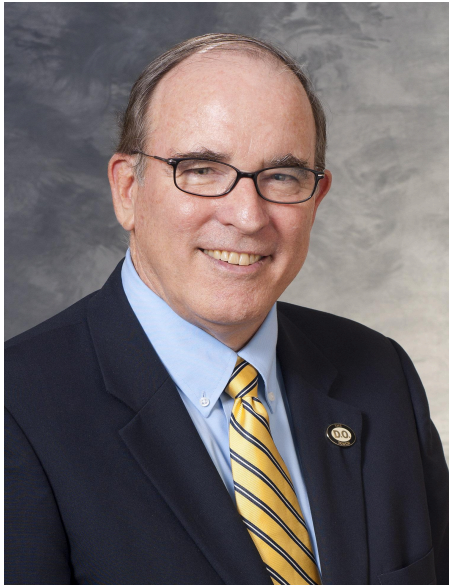
Dr. Kimberly J. Wolf, DO, FAAP, FACOP, FAAPO, will speak on: Welcome, Introduction, and Plagiocephaly Overview, Osteopathic Approach to Plagiocephaly, Background and Design of Osteopathic Plagiocephaly Treatment in Infants and Neonates (OPT-IN) Study.

Dr. Wolf, is a graduate of Seton Hall University, South Orange, NJ and Western University of Health Sciences, College of Osteopathic Medicine of the Pacific (COMP), Pomona, CA. She is board-certified in Pediatrics. Dr. Wolf completed a dually-accredited Pediatric Residency at Nationwide Children's Hospital and Doctors Hospital, Columbus, OH. She is currently an Associate Professor of OMM and Director of Pediatric OMM at Touro University California College of Osteopathic Medicine and the Research Director for Osteopathy's Promise to Children. Dr. Wolf is a Fellow of the American Academy of Pediatrics, the American Academy of Pediatric Osteopathy, and the American College of



Osteopathic Pediatricians. She is a member of the AOA, AAO, ACOP, AAP, AAPO, and OCA and holds leadership positions within most of these organizations.

Faculty



Hollis H. King, DO, PhD, FAAO, FCA

Dr. Hollis H. King, DO, PhD, FAAO, FCA will speak on: Plagiocephaly Literature Review, Osteopathic Approach to Plagiocephaly, Background and Design of Osteopathic Plagiocephaly Treatment in Infants and Neonates (OPT-IN) Study, Frymann Reflections: Contributions to Literature, Treatment Approach, and more/Q&A with Speakers.

Dr. King is a graduate of Texas College of Osteopathic Medicine, Fort Worth, TX. He is board certified in Family Medicine/OMT from the American Osteopathic Board of Family Physicians and certified with Special Proficiency in

Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromusculoskeletal Medicine. He is a Founding Diplomate of the American Board of Holistic and Integrative Medicine. His postdoctoral training was at Dallas Memorial Hospital, Dallas, TX. His internship was at the VA Hospital & Univ. of Kentucky Medical School, Lexington, KY. His Ph.D. in Clinical Psychology is from Trinity University, San Antonio, TX. He is a Fellow of and Past-President of the American Academy of Osteopathy. He is a Fellow of the Osteopathic Cranial Academy. Dr. King is a retired Clinical Professor of Family Medicine at the University of California San Diego School of Medicine. He is in private practice at Osteopathic Center San Diego. His memberships include: AOA, AAO, OCA.



Jessica Martone, PhD, MSW

Dr. Jessica Martone, PhD, MSW will speak on: Background and Design of Osteopathic Plagiocephaly Treatment in Infants and Neonates (OPT-IN) Study.

Dr. Martone obtained her PhD and MSW from Loyola University Chicago and has extensive experience conducting research and evaluation. She was the Director for Research and Evaluation at The Mark USA and oversaw 60 concurrent projects in the areas of Science, Technology, Engineering, and Math. Jessica designed the research and evaluation methodology, conducted data collection and analysis and developed and disseminated findings. While at Loyola University Chicago Jessica worked for the Institute on Migration and International Social Work and contributed to several immigration focused research projects, including a global study on immigrant integration to identify best practices for social



and economic integration. Jessica was an adjunct faculty member at Cal State Fullerton and taught the Research Capstone course and was an adjunct faculty member at Loyola University Chicago where she taught introduction to social work policy and practice courses. Dr. Martone is a subject matter expert approved by the OPC educational planning committee.



R. Mitchell Hiserote, DO

Dr. R. Mitchell Hiserote, DO will speak on: Frymann Reflections: Contributions to Literature, Treatment Approach, and more/Q&A with Speakers.

Dr. Hiserote is a graduate of Western University College of Osteopathic Medicine in Pomona, CA., and is board certified in Neuromusculoskeletal Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromuscular Medicine. Additionally, he holds Osteopathic Cranial Academy Certification of Proficiency, and is a Midwestern University Chicago College of Osteopathic Medicine Costin scholar. Dr. Hiserote

is a veteran director of Osteopathy in the Cranial Field courses at the Osteopathy's Promise to Children and internationally. He has served as Associate Professor/past Chairman of the Touro University California College of Osteopathic Medicine - Osteopathic Manipulative Medicine (OMM) Department and currently practices osteopathy in his private office in Sebastopol, CA. His Memberships AOA, AAO, OCA, and the Institute of Functional Medicine (IFM), and Sonoma Mendocino Lake Medical Association (SMLM).



Raymond J. Hruby, DO, MS, FAAO (Dist)

Dr. Raymond J. Hruby, DO, MS, FAAO (Dist) will speak on: Frymann Reflections: Contributions to Literature, Treatment Approach, and more/Q&A with Speakers.

Dr. Hruby is a graduate of the College of Osteopathic Medicine and Surgery in Des Moines, Iowa. He is board certified in Family Medicine/OMT by the American Board of Osteopathic Family Practice and Osteopathic

Manipulative Medicine by the American Osteopathic Board on Special Proficiency in Osteopathic Manipulative Medicine. Dr. Hruby completed a traditional internship at Osteopathic Hospital of Maine, Portland, ME and was in private practice for sixteen years. Retired as professor and chair of the Department of Osteopathic Manipulative Medicine at COMP, he continues consulting with the school's Department of NMM/OMM on teaching, research, curriculum analysis and development, new faculty mentorships and Predoctoral OMM Fellows. He is involved with WUHS's Interprofessional Education program, and lectures part-time in the Graduate School of Basic Medical Sciences, among others. He is a fellow of the American Academy of Osteopathy and a member of the American Osteopathic Association, American Academy of Osteopathy, American College of Osteopathic Family Practitioners, Osteopathic Cranial Academy, Osteopathic Physicians and Surgeons of California. Memberships: AOA, AAO, ACOFP, OCA, OCSC.

CME Policy Statements

Osteopathy's Promise to Children (OPC) offers both live events and on-demand sessions using the same caliber of speakers who would present at in-person events. OPC offers online opportunities for Continuing Medical Education (CME) credits. Each course or online event offers AOA Category 1-A CME credits. CME sessions are delivered on the CE21 Learning Management System. Once you have used the Learning Center, you will have a profile established that will allow you to access all available sessions, view speaker profiles, track CME credits gained through the system, and generate CME certificates based on the sessions completed. All OPC CME activities have a content expert available for any questions on content from CME participants during the life plus one week of

the activity. The content expert will answer participant questions within one week of an inquiry. Contact us at cme@the-promise.org with any questions or comments.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Statement of Professional Ethics & Standards

Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Evidence-Based Content

It is the policy of the OPC to ensure that the content contained in this CME activity is valid, fair,

balanced, scientifically rigorous, and free of commercial bias. Evidence-based medicine – first “coined” in 1991 (JAMA). “Conscientious, explicit, and judicious use of current best evidence in making decisions about the care of individual patients.” And, “Good doctors use both individual clinical expertise and the best available external evidence, and neither alone is enough.” BMJ 1996).

Disclosure Policy

It is the policy of the OPC Continuing Education Committee to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All persons in a position to control the content of an educational activity (i.e., activity planners, presenters, faculty, authors) participating in an educational activity provided by the OPC are required to disclose to the provider any relevant financial relationships with any commercial interest. OPC must determine if the individual's relationships may influence the educational content and resolve any conflicts of interest prior to the commencement of the educational activity. The intent of this disclosure is not to prevent individuals with relevant financial relationships from participating, but rather to provide learners information with which they can make their own judgments. Faculty disclosures will be made in the syllabus and/or during faculty introductions. The audience is advised that one or more presentations in this continuing education activity may contain references of unlabeled or unapproved uses of drugs or devices.

Resolution/Mechanism of Identified Conflict of Interest

Independent sources of review include the following: All disclosures will be reviewed by the activity Course Director, Physician Leadership Team, and Executive Director for identification of conflicts of interest. Reviewers, working with the

activity directors, will document the mechanism(s) for management and resolution of the conflict of interest, and final approval of the activity will be documented prior to implementation.

Any of the mechanisms below can/will be used to resolve conflict of interest:

- Peer review for valid, evidence-based content of all materials associated with an educational activity by the activity director
- Limit content to evidence with no recommendations
- Introduction of a debate format with an unbiased moderator (point-counterpoint)
- Inclusion of moderated panel discussion
- Publication of a parallel or rebuttal article for an article that is felt to be biased
- Limit equipment representatives to providing logistics and operation support only in procedural demonstrations
- Divestiture of the relationship by faculty: The reviewer should be a physician or other scientist with knowledge of the specialty area being reviewed and oftentimes the Executive Director will perform this first review and can then appoint a physician as an independent reviewer. The independent reviewer is not involved in the planning of this CME Activity and cannot have a relationship with any corporate entity supporting the CME activity. The reviewer should have a copy of this policy and a copy of the Standards for Commercial Support to fully grasp their responsibilities as the reviewer

Off-Label or Unapproved Use of Drugs or Devices

It is the policy of the OPC to require the disclosure of all references to off-label or unapproved uses of drugs or devices prior to the presentation of educational content. The audience is advised that

this continuing medical education activity may contain reference(s) to off-label or unapproved uses of drugs or devices. Please consult the prescribing information for full disclosure of approved uses.

Cancellation and Refund Policy

OPC reserves the right to change the delivery format, delay, or cancel a CME event due to any unforeseen circumstances. If an event is canceled, OPC will refund your registration fee in full. OPC will not be held responsible for the registrant's travel, hotel or other costs incurred resulting from the cancellation. Substitutions of other CME events may be made at any time without an additional charge; email cme@the-promise.org with your request. Refunds will be issued for all cancellations received two weeks prior to the start of the event. However, an administrative fee of \$100.00 will be charged for all refunds. "No shows" are subject to the full CME event fee. Cancellations/substitutions must be made in writing by email to cme@the-promise.org. No refunds or credits will be issued once the CME event has started.

Grievance Policy

All grievances should be initially directed in writing to the OPC Executive Director by email to director@the-promise.org who will share them with the OPC CME Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council on Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Zoom Privacy Notice

When you join meetings and webinars hosted by OPC on Zoom, your profile information, including your name and profile picture, may be visible to other participants. Your name and email address will also be visible to the account owner,

Osteopathy's Promise to Children, and hosts when you join meetings or webinars on their account while you're signed in. The account owner and others in the meeting can share this information with apps and others.

CE21 Online Platform Privacy Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME), accredited AOA providers that participate in CME activities on the Internet shall have a separate privacy policy for CME activities. The CME programs offered by the Osteopathy's Promise to Children (OPC) respect and value your privacy and the confidentiality of the information you choose to share with us. We are committed to the protection of this information and will ensure your privacy when participating in CME activities on our website. You may visit OPC's website without identifying yourself or revealing any personal information. If you choose to provide personally identifiable information (any information by which you can be identified), it will only be used to support your relationship with the Learning Center programs. Read more about OPC CE21 Online Education Privacy Statement [here](#).

Special Assistance

OPC complies with the Americans with Disabilities Act §12112(a). If any participant is in need of special assistance or has any dietary restrictions, please email us at cme@the-promise.org or call 619-548-8815 for assistance.

Your registration and enrollment in the Program constitutes your release, waiver and consent to the following policies:

Liability Release and Waiver

THIS PROGRAM MAY INVOLVE PHYSICAL ACTIVITY, INCLUDING CONTACT BY AND

WITH FACULTY AND OTHER COURSE PARTICIPANTS. THIS PHYSICAL ACTIVITY, INCLUDING BUT NOT LIMITED TO PHYSICAL DIAGNOSTICS AND MANUAL THERAPEUTICS, COULD POSSIBLY ENTAIL RISK FOR COURSE PARTICIPANTS OF NEW INJURY OR AGGRAVATION OF PRE-EXISTING CONDITIONS. ALL COURSE PARTICIPANTS ACKNOWLEDGE AND AGREE TO ASSUME ALL RESPONSIBILITY AND RISK FOR ALL LOSSES AND DAMAGES, INCLUDING BUT NOT LIMITED TO ANY BODILY INJURY, DEATH, AND PROPERTY DAMAGE, ARISING OUT OF OR INCIDENT TO (I) ATTENDING THE COURSE, (II) PARTICIPATING IN THE COURSE, (III) USING EQUIPMENT OR FACILITIES DURING THE COURSE, AND (IV) USING OR MISUSING ANY KNOWLEDGE OR INFORMATION OBTAINED OR DERIVED FROM THE COURSE.

Indemnity

All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for

which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participants of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

Consent For Use of Photographic Images

Registration and attendance at or participation in OPC meetings and other activities constitutes an agreement by the registrant to OPC's use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic reproductions, and audiotapes of such events and activities. To opt out of the agreement to consent to use of photographic images you must notify OPC in writing stating your desire to opt out by emailing OPC at cme@the-promise.org prior to the start of the event.

I HAVE READ THIS RELEASE OF LIABILITY AND WAIVER, THE INDEMNITY PROVISIONS AND THE CONSENT TO USE MY IMAGE, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY ENROLLING IN THE PROGRAM AND DO SO VOLUNTARILY.

Policy Consent Notice

NOTE: Prior to purchasing or registration for this program we ask that you review the Policies as stated above. These policies are in every Course Brochure and on the CE21 (registration) platform when you purchase or register for any product. Your enrollment in the Program constitutes your release, waiver and consent to the stated policies.

Contacts

Osteopathy's Promise to Children
3706 Ruffin Road, San Diego, CA 92123
cme@the-promise.org
619-548-8815

For questions regarding the course content of this program, please contact: the Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: The CME Administrator at cme@the-promise.org.



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Agenda

Evidence-Based Approach to Plagiocephaly and OPT-IN*Open House!

Offered through Osteopathy's Promise to Children
at the Osteopathic Center San Diego

Course Director:
Dr. Kimberly Wolf, DO, FAAP, FACOP

Original Date: October 28, 2023

Total	Topic	Location	Speaker
0h 30m	Lecture: Welcome, Introduction, and Plagiocephaly Overview	online	Wolf
0h 30m	Lecture: Plagiocephaly Literature Review	online	King
0h 30m	Lecture: Osteopathic Approach to Plagiocephaly	online	Wolf & King
0h 30m	Lecture: Background and Design of Osteopathic Plagiocephaly Treatment in Infants and Neonates (OPT-IN) Study	online	Martone, Wolf & King
0h 30m	Frymann Reflections: Contributions to Literature, Treatment Approach, and Q&A with Speakers	online	King, Hiserote, Hruby



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