



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

Introduction to the Osteopathic Approach to the Nursing Dyad

Course Director: Kimberly Wolf, DO



Faculty (in chronological order)

Kimberly J. Wolf, DO, FAAP, FACOP

Mitchell Hiserote, DO

Hope Tobey, DO, FAAP, FACOP C-NMM/OMM

Brian Loveless DO

Eileen Conaway, DO

Instructional Format: Live, in-person attendance

Date: September 12-16, 2024

Time: 8:00 AM to 5:30 PM PST

Cost: \$2,200, register [here](#)

Location: [Osteopathic Center San Diego \(OCSO\)](#)

CME: 40 credits AOA Category 1-A CME
provided by Osteopathy's Promise to Children

Lodging

Hilton Garden Inn Mission Valley/Stadium

3805 Murphy Canyon Rd, San Diego, CA 92123

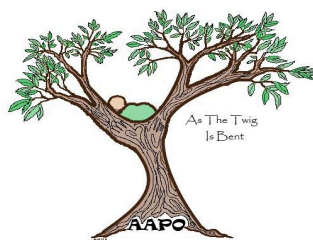
Hotel booking link [here](#)

CME Sponsor

Osteopathy's Promise to Children

Joint Sponsorship

This event is jointly sponsored with the American Academy of Pediatric Osteopathy (AAPO).



Register early: Limited space is available and seats are expected to fill early.

Activity Website

<https://promise.ce21.com/>

Course Description

This course is designed for physicians (MD and DO) who desire to utilize osteopathic manipulative treatment (OMT) in their practice of breastfeeding medicine.

Statement of Need: This activity will address the underutilization of Osteopathic Manipulative Treatment (OMT) to help support both the parent and infant in the breastfeeding relationship.

This hands-on course will take place over five days and will provide all of this knowledge with a variety of learning activities including hands-on workshops, lectures, and small group discussions. The first two days of the course will be an introduction or review of osteopathic philosophy and basics of OMT. Participants will be introduced to the osteopathic structural exam and a variety of different OMT modalities. The final three days of the course will teach an osteopathic approach to treating the breastfeeding dyad, including specific osteopathic techniques that can be utilized to strengthen the breastfeeding relationship.

The approach for treating the mother will include techniques that can help with improving supply, resolving/preventing mastitis, and treating associated aches/pains of breastfeeding posture and positioning. These include DeQuervain's, carpal tunnel, and neck/shoulder/upper thoracic pain. The infant portion of the course will focus on techniques to help with latch issues, as well as commonly linked other symptoms including torticollis, plagiocephaly, gastroesophageal reflux, and colic.

In addition to learning specific techniques, the course will focus on teaching the osteopathic approach to evaluating and treating a patient so that participants are able to leave the course prepared to integrate this knowledge into their practice. This includes teaching the necessary skills to document, bill, and code for OMT as well.

Professional Practice Gap Analysis

Feeding difficulties amongst breastfeeding infants is a common pediatric issue with little to offer some of these struggling dyads. In addition, breastfeeding parents often face unique challenges with their own bodies while they are lactating and

feeding their child. Although often viewed as issues that will improve or resolve over time (or discontinuing nursing), those who work closely with these patients from an osteopathic perspective, have a different understanding of the impacts these conditions can have on their patients. These are especially vital in the early days as the breastfeeding/chestfeeding parent is establishing their supply and the young infant is learning to latch. Additionally, osteopathic physicians have a unique understanding of how the infant's anatomy and physiology could be contributing to these issues, and how management with osteopathic manipulative treatment or OMT could help support both the infant and the parent in the breastfeeding dyad. Current management options for these types of concerns - mainly referral to lactation consultants - fail to comprehensively address all the impacts that these concerns can have on the breastfeeding dyad's relationship and also each member's experience with breastfeeding. It can impact more than physical health in both parties as well, which is where the osteopathic tenets are also critical to supporting the dyad. This course will strive to educate fellow physicians on these problems and how OMT in this population can address these. It will also speak to the evidence gap that exists with regards to OMT and managing the nursing dyad, and present the most up to date research to support the use of OMT in this population.

* This is OMM/OMT/OPP activity and as such is part of the profession and exempt from the AOA practice gap analysis requirement.

Evidence-based Resources

- Carreiro, J., *Pediatric Manual Medicine: An Osteopathic Approach*. Churchill Livingstone, Elsevier 2009

- Carreiro, J., *An Osteopathic Approach to Children*. Churchill Livingstone, Elsevier 2009
- Conaway, Eileen M., and Arlene E. O'Donnell. "Osteopathic Considerations for Breastfeeding Women." *Journal of Osteopathic Medicine*, vol. 121, no. 10, 2021, pp. 805–811. <https://doi.org/10.1515/jom-2021-0069>
- Lund, Gregg C., et al. "Osteopathic Manipulative Treatment for the Treatment of Hospitalized Premature Infants with Nipple Feeding Dysfunction." *Journal of Osteopathic Medicine*, vol. 111, no. 1, 2011, pp. 44–48. <https://doi.org/10.7556/jaoa.2011.111.1.44>
- Jackson, Caitlin, and Brian Loveless. "The Use of Osteopathic Manipulative Medicine in the Management of Recurrent Mastitis." *Journal of Osteopathic Medicine*, vol. 120, no. 12, 2020, pp. 921–925., <https://doi.org/10.7556/jaoa.2020.143>
- Polman, Jeremy. *Osteopathic Medicine: A Core Concepts Approach*. OnlineMedEd, 2021.

Educational Learning Objectives

Upon completion of this course, the participant will be able to:

- Introduce osteopathic history and philosophy to provide context for the practice of osteopathic medicine including osteopathic manipulative treatment (OMT).
- Compare and contrast different OMT modalities and understand when to utilize them appropriately in clinical settings.
- Illustrate the application of an osteopathic approach to the breastfeeding dyad including OMT to help foster a healthy breastfeeding relationship.
- Strengthen palpatory skills and review pertinent anatomy needed to safely perform OMT.

- Introduce documentation, billing, and coding for OMT.

Target Audience

This course is designed for physicians (MD and DO) who desire to utilize osteopathic manipulative treatment (OMT) in their practice of breastfeeding medicine. This activity is for DO and MD physicians only. Course is closed to students and residents.

Prerequisites

No prerequisites required for the target audience.

Accreditation Statement/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

[Osteopathy's Promise to Children \(OPC\) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.](#)

Osteopathy's Promise to Children (OPC) designates this activity for a maximum of 40 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Instructional Method of Participation

To participate in the activity, physicians will be required to complete all of the following steps:

1. Read the brochure with the Educational Need, Learning Objectives, Faculty Disclosures and Agenda.
2. Complete the Pre-Activity Quiz via your account online.

3. Participate in the activity (for on-demand and webinar, complete the 100% viewing requirement).
4. Attest to the satisfactory participation in the activity. OPC verifies your CME attestation via your account. OPC verifies attestation against the live sign-in sheets and your CME attestation via your account.
5. Complete the Post-Activity Quiz. A grade of 80% or above is required to pass the Quiz. Attempts allowed: 3. Grading method: highest grade. If you do not pass three Post-Activity Quiz attempts, the office will be notified and will make arrangements to address the issue. The course director or a content expert will contact you within one week to review any questions on course content. Once you successfully obtain a passing score, you can move onto the next step towards your certificate.
6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Survey.
7. You will receive CME credit upon successfully passing the Post-Activity Quiz and completing all Post-Activity Evaluations and Surveys.
8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These

policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

Any relevant financial relationship which occurred in the twelve-month period before the time an individual was asked to assume a role controlling content in this CME activity, and which relates to the content of the educational activity, causing a conflict of interest must be disclosed here. The following faculty, presenters and planning committee members have indicated that they have no relationships with ineligible companies that could be perceived as a potential conflict of interest.

Name of Faculty/ Presenter/ Planner	Role(s)	Reported Financial Relationship
Kimberly Wolf, DO	Course Director/ Speaker	Dr. Wolf is a research consultant to OPC.
R. Mitchell Hiserote, DO	Speaker, Content	Dr. Hiserote is a CME consultant to OPC.
Hope Tobey, DO	Speaker, Content	None
Brian Loveless DO	Speaker, Content	None
Eileen Conaway, DO	Speaker, Content	None

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
There are no recorded conflicts of interest.		

Course Director



Kimberly Wolf, DO

Dr. Kimberly J. Wolf, DO, FAAP, FACOP, FAAPO, will speak on the following topics: Welcome & Introduction to Osteopathic Medicine, Osteopathic Palpation Skills, ABCs: An Osteopathic Approach to Patient Care, ABCs and Autonomics, Intro to OMT, Review of Introduction to Osteopathic Medicine Content/Q&A, Introduction to Osteopathic Approach to Breastfeeding Medicine,

Postural Considerations in Breastfeeding, Osteopathic Considerations in Mom, Postural Considerations and Neck/Upper Back Pain, Q&A/Review of Maternal Content, Lymphatics, Infant Anatomy, OCMM Intro, Torticollis and Plagiocephaly, OMT for Colic/Constipation/Reflux, and ABCs for Infants.

Dr. Wolf, is a graduate of Seton Hall University, South Orange, NJ and Western University of Health Sciences, College of Osteopathic Medicine of the Pacific (COMP), Pomona, CA. She is board-certified in Pediatrics. Dr. Wolf completed a dually-accredited Pediatric Residency at Nationwide Children's Hospital and Doctors Hospital, Columbus, OH. She is currently an Associate Professor of OMM and Director of Pediatric OMM at Touro University California College of Osteopathic Medicine and the Research Director for Osteopathy's Promise to Children. Dr. Wolf is a Fellow of the American Academy of Pediatrics, the American Academy of Pediatric Osteopathy, and the American College of Osteopathic Pediatricians. She is a member of the AOA, AAO, ACOP, AAP, AAPO, and OCA and holds leadership positions within most of these organizations.

Faculty



R. Mitchell Hiserote, DO

Dr. R. Mitchell Hiserote, DO will speak on the following: Osteopathic Palpation Skills - Part 1, Osteopathic Anatomy & Static Structural Diagnosis (Landmarks), Osteopathic Palpation Skills - Part 2, Infant Anatomy and Introduction to OCMM, and Intro to OCMM Lab.

Dr. Hiserote is a graduate of Western University College of Osteopathic Medicine in Pomona, CA. He is board certified in Neuromusculoskeletal/Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromuscular Medicine. He completed his post-graduate training at the Arrowhead Regional Medical Center in Colton, CA. Dr. Hiserote is currently in private practice in Sebastopol, CA and is an Associate Professor and past-Chairman of the Touro University California College of Osteopathic Medicine, Osteopathic Manipulative Medicine (OMM) Department, Vallejo, CA. He is a Midwestern University's Chicago College of Osteopathic Medicine, Costin Scholar. He holds an

Osteopathic Cranial Academy Certification of Proficiency. Memberships include: AOA, AAO, AAPO, and OCA.



Hope Tobey, DO

Dr. Hope Tobey, DO, FAAP, FACOP C-NMM/OMM will speak on the following: Osteopathic Anatomy & Dynamic Structural Diagnosis (Intro to Motion), Intro to OMT - part 2, Oral Motor Mechanics of Feeding, and OMT for Latch.

Dr. Tobey is a graduate of Messiah University in Grantham, PA and Lake Erie College of Osteopathic Medicine in Erie, PA. She is Board Certified in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine and Board Certified in Pediatrics by the American Board of Pediatrics. Dr. Tobey completed an osteopathic internship at Heart Of Lancaster in Litiz, PA, and a pediatric residency at Penn State Hershey Children's Hospital in Hershey, PA. She completed her ONMM "Plus One" residency at Edward Via Virginia College of Osteopathic Medicine, Blacksburg VA. Dr. Tobey currently practices as an

Osteopathic Pediatrician and Associate Professor of OMM and Pediatrics at Edward Via Virginia College of Osteopathic Medicine, in Blacksburg VA. Dr. Tobey is a Fellow of the American Academy of Pediatrics and the American College of Osteopathic Pediatricians. She is the current president of the AAPO. Memberships include: AOA, AAO, AAPO, OCA and VOMA.



Brian Loveless, DO

Dr. Brian Loveless, DO, will speak on the following: Introduction to Osteopathic Manipulative Treatment (OMT) - part 1, Intro to OMT - part 3, OMT for Neck/Upper Back Pain, Lymphatics Overview and Lymphatic Considerations in Lactation, and OMT for Lymphatics.

Dr. Loveless is a graduate of University of California, San Diego, CA and Western University of Health Sciences (COMP), Pomona, CA. He is Board Certified in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (AOBNMM). Dr. Loveless completed an internship and a residency in Family Practice and

NMM/OMM+1 Residency at Chino Valley Medical Center, Chino, CA. Dr. Loveless is the Chief Medical Officer and Associate Professor of NMM/OMM and Family Medicine and was Vice Chair, Department of NMM/OMM at Western University of Health Sciences. He currently is a Per-Diem Urgent Care physician, at Southern California Permanente Medical Group, Riverside, CA. He is Chair of the House of Delegates Committee and a Member of the Education Committee of the Osteopathic Physicians and Surgeons of California. He is a Member of the Bureau of Osteopathic Education and a Delegate, for the State of California, and California Delegation Chair of the American Osteopathic Association. He holds an Osteopathic Cranial Academy Certification of Proficiency. Memberships include: AOA, AAO, SBCOMA, OCA, OPSC, ACOFP.



Dr. Eileen Conaway, DO

Dr. Eileen Conaway, DO, will speak on the following: Osteopathic Reflexes and Autonomic Nervous System, Osteopathic Considerations in Mom, Osteopathic Evidence for the Breastfeeding Dyad, OMT for Shoulder/Upper Extremities, ABCs

for Mom, and Documenting, Billing, and Coding for OMT.

Dr. Conaway is a graduate of the University of Virginia, Charlottesville, VA, and the Edward Via Virginia College of Osteopathic Medicine (VCOM), Blacksburg, VA. She is board certified in Family Medicine and OMT (AOBFP), and Neuromusculoskeletal Medicine (AOBNMM). She is also an International Board-Certified Lactation Consultant (IBCLC). Dr. Conaway completed her internship and residency in Integrated Family Medicine and Neuromusculoskeletal Medicine at Florida Hospital - East Orlando (FHEO), Orlando, FL. She currently practices at Tideland Health Family Medicine in Myrtle Beach, SC. Her research currently includes the Osteopathic Manipulation to Increase Lactation (OMILQ) and she is the Principal Investigator, investigator-initiated. Memberships include: AOA, AAO, ACOFP, FOMA, FSACFP, STFM, ABM.

CME Policy Statements

Osteopathy's Promise to Children (OPC) offers both live events and on-demand sessions using the same caliber of speakers who would present at in-person events. OPC offers online opportunities for Continuing Medical Education (CME) credits. Each course or online event offers AOA Category 1-A CME credits. CME sessions are delivered on the CE21 Learning Management System. Once you have used the Learning Center, you will have a profile established that will allow you to access all available sessions, view speaker profiles, track CME credits gained through the system, and generate CME certificates based on the sessions completed. All OPC CME activities have a content expert available for any questions on content from CME participants during the life plus one week of the activity. The content expert will answer

participant questions within one week of an inquiry. Contact us at cme@the-promise.org with any questions or comments.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Statement of Professional Ethics & Standards

Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Evidence-Based Content

It is the policy of the OPC to ensure that the content contained in this CME activity is valid, fair,

balanced, scientifically rigorous, and free of commercial bias. Evidence-based medicine – first “coined” in 1991 (JAMA). “Conscientious, explicit, and judicious use of current best evidence in making decisions about the care of individual patients.” And, “Good doctors use both individual clinical expertise and the best available external evidence, and neither alone is enough.” BMJ 1996).

Disclosure Policy

It is the policy of the OPC Continuing Education Committee to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All persons in a position to control the content of an educational activity (i.e., activity planners, presenters, faculty, authors) participating in an educational activity provided by the OPC are required to disclose to the provider any relevant financial relationships with any commercial interest. OPC must determine if the individual's relationships may influence the educational content and resolve any conflicts of interest prior to the commencement of the educational activity. The intent of this disclosure is not to prevent individuals with relevant financial relationships from participating, but rather to provide learners information with which they can make their own judgments. Faculty disclosures will be made in the syllabus and/or during faculty introductions. The audience is advised that one or more presentations in this continuing education activity may contain references of unlabeled or unapproved uses of drugs or devices.

Resolution/Mechanism of Identified Conflict of Interest

Independent sources of review include the following: All disclosures will be reviewed by the activity Course Director, Physician Leadership Team, and Executive Director for identification of

conflicts of interest. Reviewers, working with the activity directors, will document the mechanism(s) for management and resolution of the conflict of interest, and final approval of the activity will be documented prior to implementation.

Any of the mechanisms below can/will be used to resolve conflict of interest:

- Peer review for valid, evidence-based content of all materials associated with an educational activity by the activity director.
- Limit content to evidence with no recommendations
- Introduction of a debate format with an unbiased moderator (point-counterpoint)
- Inclusion of moderated panel discussion
- Publication of a parallel or rebuttal article for an article that is felt to be biased
- Limit equipment representatives to providing logistics and operation support only in procedural demonstrations.
- Divestiture of the relationship by faculty: The reviewer should be a physician or other scientist with knowledge of the specialty area being reviewed and oftentimes the Executive Director will perform this first review and can then appoint a physician as an independent reviewer. The independent reviewer is not involved in the planning of this CME Activity and cannot have a relationship with any corporate entity supporting the CME activity. The reviewer should have a copy of this policy and a copy of the Standards for Commercial Support to fully grasp their responsibilities as the reviewer.

Off-Label or Unapproved Use of Drugs or Devices

It is the policy of the OPC to require the disclosure of all references to off-label or unapproved uses of

drugs or devices prior to the presentation of educational content. The audience is advised that this continuing medical education activity may contain reference(s) to off-label or unapproved uses of drugs or devices. Please consult the prescribing information for full disclosure of approved uses.

Cancellation and Refund Policy

OPC reserves the right to change the delivery format, delay, or cancel a CME event due to any unforeseen circumstances. If an event is canceled, OPC will refund your registration fee in full. OPC will not be held responsible for the registrant's travel, hotel or other costs incurred resulting from the cancellation. Substitutions of other CME events may be made at any time without an additional charge; email cme@the-promise.org with your request. Refunds will be issued for all cancellations received two weeks prior to the start of the event. However, an administrative fee of \$100.00 will be charged for all refunds. "No shows" are subject to the full CME event fee. Cancellations/substitutions must be made in writing by email to cme@the-promise.org. No refunds or credits will be issued once the CME event has started.

Grievance Policy

All grievances should be initially directed in writing to the OPC Executive Director by email to director@the-promise.org who will share them with the OPC CME Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council on Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Zoom Privacy Notice

When you join meetings and webinars hosted by OPC on Zoom, your profile information, including

your name and profile picture, may be visible to other participants. Your name and email address will also be visible to the account owner, Osteopathy's Promise to Children, and hosts when you join meetings or webinars on their account while you're signed in. The account owner and others in the meeting can share this information with apps and others.

CE21 Online Platform Privacy Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME), accredited AOA providers that participate in CME activities on the Internet shall have a separate privacy policy for CME activities. The CME programs offered by the Osteopathy's Promise to Children (OPC) respect and value your privacy and the confidentiality of the information you choose to share with us. We are committed to the protection of this information and will ensure your privacy when participating in CME activities on our website. You may visit OPC's website without identifying yourself or revealing any personal information. If you choose to provide personally identifiable information (any information by which you can be identified), it will only be used to support your relationship with the Learning Center programs. Read more about OPC CE21 Online Education Privacy Statement [here](#).

Special Assistance

OPC complies with the Americans with Disabilities Act §12112(a). If any participant is in need of special assistance or has any dietary restrictions, please email us at cme@the-promise.org or call 619-548-8815 for assistance.

Your enrollment in the Program constitutes your release, waiver and consent to the following policies:

LIABILITY RELEASE AND WAIVER

THIS PROGRAM MAY INVOLVE PHYSICAL ACTIVITY, INCLUDING CONTACT BY AND WITH FACULTY AND OTHER COURSE PARTICIPANTS. THIS PHYSICAL ACTIVITY, INCLUDING BUT NOT LIMITED TO PHYSICAL DIAGNOSTICS AND MANUAL THERAPEUTICS, COULD POSSIBLY ENTAIL RISK FOR COURSE PARTICIPANTS OF NEW INJURY OR AGGRAVATION OF PRE-EXISTING CONDITIONS. ALL COURSE PARTICIPANTS ACKNOWLEDGE AND AGREE TO ASSUME ALL RESPONSIBILITY AND RISK FOR ALL LOSSES AND DAMAGES, INCLUDING BUT NOT LIMITED TO ANY BODILY INJURY, DEATH, AND PROPERTY DAMAGE, ARISING OUT OF OR INCIDENT TO (I) ATTENDING THE COURSE, (II) PARTICIPATING IN THE COURSE, (III) USING EQUIPMENT OR FACILITIES DURING THE COURSE, AND (IV) USING OR MISUSING ANY KNOWLEDGE OR INFORMATION OBTAINED OR DERIVED FROM THE COURSE.

INDEMNITY

All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated,

arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

CONSENT FOR USE OF PHOTOGRAPHIC IMAGES

Registration and attendance at or participation in OPC meetings and other activities constitutes an agreement by the registrant to OPC's use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic reproductions, and audiotapes of such events and activities. To opt out of the agreement to consent of use of photographic images you must notify OPC in writing stating your desire to opt out by emailing OPC at cme@the-promise.org prior to the start of the event.

I HAVE READ THIS RELEASE OF LIABILITY AND WAIVER, THE INDEMNITY PROVISIONS AND THE CONSENT TO USE MY IMAGE, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP

SUBSTANTIAL RIGHTS BY ENROLLING IN THE PROGRAM AND DO SO VOLUNTARILY.

Policy Consent Notice

NOTE: Prior to purchasing or registration for this program we ask that you review the Policies as stated above. These policies are in every Course Brochure and on the CE21 (registration) platform when you purchase or register for any product. Your enrollment in the Program constitutes your release, waiver and consent to the stated policies.

Contacts

Osteopathy's Promise to Children
3706 Ruffin Road, San Diego, CA 92123
cme@the-promise.org
619-548-8815

For questions regarding the course content of this program, contact: Beth Levendoski, Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: CME Administrator at cme@the-promise.org.

For questions regarding AMA/CERP CME's and course content please contact: Anne Eglash MD, IBCLC, FABM, President, IABLE
anne@lacted.org.



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

Introduction to the Osteopathic Approach to the Nursing Dyad September 12-16, 2024

Daily Schedule

Day	Start	Total Mins	Topic	Lecture/ Lab	Speaker
Sept 12, 2024	8:00-9:00	60	Welcome & Introduction to Osteopathic Medicine	Lecture	Wolf
	9:00-10:00	60	Osteopathic Palpation Skills - Part 1	Lecture/ Lab	Hiserote
	10:00-10:15	15	Small Group Discussion on Osteopathic Palpation Skills	Small Group Discussion	Wolf
	10:15-12:00	105	Osteopathic Anatomy & Static Structural Diagnosis (Landmarks)	Lecture/ Lab	Hiserote
	12:00-1:00		Lunch		
	1:00-3:00	120	Osteopathic Anatomy & Dynamic Structural Diagnosis (Intro to Motion)	Lecture/ Lab	Tobey
	3:00-3:15	15	Small Group Discussion on Osteopathic Anatomy & Dynamic Structural Diagnosis	Small Group Discussion	Wolf
	3:15-5:00	105	Introduction to Osteopathic Manipulative Treatment (OMT) - part 1	Lecture/ Lab	Loveless
Day	Start	Total Mins	Topic	Lecture/ Lab	Speaker
Sept 13, 2024	8:00-9:00	60	Osteopathic Reflexes and Autonomic Nervous System	Lecture	Conaway
	9:00-10:00	60	ABCs: An Osteopathic Approach to Patient Care	Lecture	Wolf
	10:00-10:15	15	Small Group Discussion on ABCs and Autonomics	Small Group Discussion	Wolf
	10:15-12:00	105	Intro to OMT - part 2	Lecture/ Lab	Tobey
	12:00-1:00		Lunch		
	1:00-3:00	120	Intro to OMT - part 3	Lecture/ Lab	Loveless

	3:00-3:15	15	Small Group Discussion on Intro to OMT	Small Group Discussion	Wolf
	3:15-4:15	60	Osteopathic Palpation Skills - Part 2	Lecture/ Lab	Hiserote
	4:15-5:00	45	Review of Introduction to Osteopathic Medicine Content/Q&A	Lecture	Wolf
Day	Start	Total Mins	Topic	Lecture/ Lab	Speaker
Sept 14, 2024	8:00-8:30	30	Introduction to Osteopathic Approach to Breastfeeding Medicine	Lecture	Wolf
	8:30-10:00	90	Osteopathic Considerations in Mom	Lecture/ Lab	Conaway
	10:00-10:15	15	Practice Session: Osteopathic Considerations in Mom	Practice Session	Wolf
	10:15-11:15	60	Osteopathic Evidence for the Breastfeeding Dyad	Lecture	Conaway
	11:15-12:15		Lunch		
	12:15-1:30	75	Postural Considerations in Breastfeeding	Lab	Wolf
	1:30-3:15	105	OMT for Neck/Upper Back Pain	Lab	Loveless
	3:15-3:30	15	Practice session: Postural Considerations and Neck/Upper Back Pain	Practice Session	Wolf
	3:30-5:00	90	OMT for Shoulder/Upper Extremities	Lab	Conaway
Day	Start	Total Mins	Topic	Lecture/ Lab	Speaker
Sept 15, 2024	8:00-8:30	30	Q&A/Review of Maternal Content	Lecture	Wolf
	8:30-9:30	60	Lymphatics Overview and Lymphatic Considerations in Lactation	Lecture	Loveless
	9:30-10:45	75	OMT for Lymphatics	Lab	Loveless
	10:45-11:00	15	Practice Session: Lymphatics	Practice Session	Wolf

	11:00-12:00	60	ABCs for Mom	Lecture/ Small Group	Conaway
	12:00-1:00		Lunch		
	1:00-2:00	60	Oral Motor Mechanics of Feeding	Lecture	Tobey
	2:00-3:00	60	Infant Anatomy and Introduction to OCMM	Lecture	Hiserote
	3:00-3:15	15	Small Group Discussion: Infant Anatomy, OCMM Intro	Small Group	Wolf
	3:15-5:00	105	Torticollis and Plagiocephaly	Lecture/ Lab	Wolf
Day	Start	Total Mins	Topic	Lecture/ Lab	Speaker
Sept 16, 2024	8:00-8:30	30	Q&A/Review of Day 4 Content	Lecture	Wolf
	8:30-10:00	90	Intro to OCMM Lab	Lab	Hiserote
	10:00-10:15	15	Practice Session: OCMM Intro	Practice Session	Wolf
	10:15-12:00	105	OMT for Latch	Lab	Tobey
	12:00-1:00		Lunch		
	1:00-3:00	120	OMT for Colic/Constipation/Reflux	Lab	Wolf
	3:00-3:15	15	Practice Session: OMT for Colic/Constipation/Reflux	Practice Session	Wolf
	3:15-3:45	30	ABCs for Infant	Lecture	Wolf
	3:45-4:45	60	Documenting, Billing, and Coding for OMT	Lecture	Conaway
	4:45-5:00	15	Wrap-Up/Q&A	Lecture	Wolf



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

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