



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

Foundations of Osteopathy in the Cranial Field

Introduction to the Concepts and Skills Fundamental to Applied Osteopathy in the Cranial Field (the 40-hour Basic Course)

Course Director: Mitchell Hiserote, DO



Core Faculty (in chronological order)

Mitchell Hiserote, DO
Raymond J. Hruby, DO, MS, FAAO (Dist)
Veronica Vuksich, DO
Hollis H. King, DO, PhD, FAAO, FCA
Kimberly J. Wolf, DO, FAAP, FACOP

Instructional Format

Live, in-person training with lecture and lab format

Date: July 10-14, 2024
Time: 8:00 AM to 5:30 AM PST (daily)
Cost: \$2,200, register [here](#)
Location: [Osteopathic Center San Diego \(OCSD\)](#),
3706 Ruffin Road, San Diego, CA 92123

Course materials will be provided:

Exploring Osteopathy in the Cranial Field,
by Raymond J. Hruby, DO, with supplement.

CME: Osteopathy's Promise to Children designates this activity for a maximum of **40 AOA Category 1-A CME credits** (anticipated) and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. Our courses allow the participant to ask questions of the presenter in either real-time.

Lodging:

Hilton Garden Inn Mission Valley/Stadium
3805 Murphy Canyon Rd, San Diego, CA 92123
Hotel booking link [here](#)

CME Sponsor

Osteopathy's Promise to Children

Joint Sponsorship

This event is jointly sponsored by the Postgraduate Institute for Osteopathy (PGIO).

Activity Website

<https://promise.ce21.com/>

Course Description

The OPC Foundations of Osteopathy in the Cranial Field (FOCF) course is a 40-hour didactic and laboratory experiential course designed to introduce practicing physicians, resident physicians, dentists, and current medical students to the uniquely osteopathic modality of cranial diagnosis and treatment. This FOCF course is consistent with the teachings of W.G. Sutherland, DO, and is a direct

continuation and legacy of Expanding Osteopathic Courses offered by the late V.M. Frymann, DO.

The course didactic components introduce cranial anatomy, physiology, pathophysiology, and applied clinical Osteopathic principles and is directly synergistic with closely precepted, (4:1 student to faculty ratio), hands-on laboratory experiences. Thus, pedagogically addressing the cogent understanding and efficacious clinical application challenges of osteopathy in the cranial field (OCF). OCF, as presented in the FOCF course, is intended as an aspect of patient centered care applied synergistically within an integrated osteopathic medical model of diagnosis and treatment, designed to serve patients of all ages, gender, and levels of health challenges. The FOCF faculty preceptors and lecturers are practicing physicians chosen for their extensive osteopathic clinical experience, knowledge of applied OCF, and competency as excellent clinical educators to facilitate and optimize the practical educational experience.

Professional Practice Gap

The increasing educational volume of undergraduate Osteopathic medical education curriculum has pressured the dilution of intensive exposure to Osteopathy in Cranial Field specific concepts and skills. This is partially driven by the National Board of Osteopathic Medical Examiners requiring only basic didactic information of Osteopathy in the Cranial Field with little to no evaluation of skill competency or applied clinical application. Additionally, there are limited postgraduate accredited Continuing Medical Education (CME) courses offering intensive introduction to OCF didactic as well as experiential curriculum and are only offered regularly within the United States by three organizations (of which OPC is included). Unique to this year's course, is the perceived increased learner anticipation and

desire to experience the intensive OCF curriculum due to its hiatus over the past two years-orchestrated by the COVID-19 pandemic.

The relevance of OCF skills, concepts and clinical applications has continued to build since its introduction in the 1930s, with a notable increase in the body of knowledge within the last three decades. These have included but are not limited to active relative research in the neuroscience as well as the clinical application within the cranium and its integrated neural, vascular, and connective structures in the physiology within the expression of patient health 10,11. Of note, the application of OCF in the treatment of headache and migraine.1-4, treatment of temporomandibular joint dysfunction.5, treatment of pediatric conditions such as otitis media6, and reducing length of stay for premature infants in the neonatal intensive care unit,7,8 as well as options to address plagiocephaly.9

* This is OMM/OMT/OPP activity and as such is part of the profession and exempt from the AOA practice gap analysis requirement.

Evidence-based Resources

1. Cerritelli F, Ginevri L, Messi G, et al. Clinical effectiveness of osteopathic treatment in chronic migraine: 3 –armed randomized controlled trial. *Complement Ther Med*. 2015;23(2):149-156.
2. Arnadottir TS, Sigurdardottir AK. Is craniosacral therapy effective for migraine? Tested with HIT-6 questionnaire. *Complement Ther Clin Prac*. 2013;19:11-14.
3. D'Ippolito M, Tramontano M, Buzzi MG. Effects of osteopathic therapy on pain and mood disorders in patients with high-frequency migraine. *J Amer Osteopath Assoc*. 2017;117(6):365-369.

4. Voigt K, Liebnitzky J, Burmeister U, et al. Efficacy of osteopathic manipulative treatment of female patients with migraine: results of a randomized controlled trial. *J Alt Complement Med*. 2011;17(3): 225-230.
5. Gesslbauer C, Vavti N, Keilani M, et al. Effectiveness of osteopathic manipulative treatment versus osteopathy in the cranial field in temporomandibular disorders – a pilot study. *Disability Rehabilitation*. 2018;40(6):631-636.
6. Mills MV, Henley CE, Barnes LLB, et al. The use of osteopathic manipulative treatment as adjuvant therapy in children with recurrent acute otitis media. *Archives of Pediatrics & Adolescent Medicine*. 2003;157:861-866.
7. Pizzolorusso G, Cerritelli F, Accorsi A, et al. The effect of optimally timed osteopathic manipulative treatment on length of hospital stay in moderate to late preterm infants: results from and RCT: *Evid Based Complement Alternat Med*. 2014;22(4):625-631.
8. Cerritelli F, Pizzolorusso G, Renzetti C, et al. A multicenter, randomized controlled trial of osteopathic manipulative treatment on preterms. *Plos One*. 2015,10(5):e0127370.
9. Lessard S, Gagnon I, Trottier N. Exploring the impact of osteopathic treatment on the cranial asymmetries associated with nonsynostotic plagiocephaly in infants. *Complement Ther Clin Prac*. 2011;17:193-198.
10. Iliff J, et al Brain-Wide Pathway for Waste Clearance Captured by Contrast-Enhanced MRI, *Journal of Clinical Investigations*, Vol 123, Number 3, March 2013 ppg 1013
11. Iliff J, et al. Impairment of Glymphatic Pathway Function Promotes Tau Pathology after Traumatic Brain Injury, *The Journal of Neuroscience*, December 3, 2014 • 34(49):16180 –16193

Educational Objectives

Upon completion of this course, the participant will have basic/fundamental skills and conceptual knowledge to safely Osteopathically assess and offer treatment to patients with a variety of complaints common to the cranial region. Treatment techniques will be intended either generally or specifically to improve a patient's clinical presentation, while concurrently deepening the practitioner's understanding and skill of applied osteopathy in the Cranial Field. Concurrently this course will offer to those of a more experienced perspective the opportunity to renew/explore a deeper integrative understanding in the application of Osteopathy in patient care.

At the conclusion of this activity, learners will be able to:

1. Identify and appreciate the historical roots and challenges codifying the osteopathic cranial concepts as elucidated by Dr. W.G. Sutherland, DO and endeavor to appreciate its continuity within the application and philosophy of osteopathy first described by Dr. A.T. Still, DO; (Core Distinctions: 1, 2)
2. List and describe the five (5) phenomena of the Primary Respiratory Mechanism (PRM) within the osteopathic cranial concept and begin to construct cogent applications of the phenomena to common clinical patient presentations. (Core Distinctions: 1, 2, 3)
3. Identify common craniometric anatomical regions, specific sutural, dural, and parenchymal relationships as applied within the PRM concept, (Core Distinctions: 2, 3)
4. Demonstrate osteopathic cranial manipulative skills and approaches, within a small group setting, that include diagnosis and treatment that are consistent with accepted safe practices. Said skills serve as a foundation for future growth and mastery

in the efficacious application of the osteopathy in the cranial field;

(Core Distinctions: 1, 2, 3, 4, 5), and

5. Demonstrate, through open non intimidating Socratic methods, understanding of the cognitive osteopathic cranial concepts processes and purpose consistent with the foundational level presented at this course. (Core Distinctions: 1, 2, 3)

Core Distinctions: (1) Osteopathic Principles and Practice, (2) Medical Knowledge and Its Application into Osteopathic Medical Practice, (3) Osteopathic Patient Care, (4) Interpersonal and Communication Skills in Osteopathic Medical Practice, (5) Professionalism in Osteopathic Medical Practice

Recommended Reading

- *Osteopathy in the Cranial Field*, 1st Ed. by Harold Ives Magoun, DO.
- *Teachings in the Science of Osteopathy*, by William G. Sutherland, DO.

Target Audience

Medical physicians (DO or MD); Dentists (DDS or DMD); Resident physicians (DO or MD); Medical students currently enrolled at a US AOA-approved college of osteopathic medicine; Medical physicians (MD) who reside and actively practice internationally, under certain conditions and International osteopaths, under certain conditions. Contact cme@the-promise.org for more information.

Prerequisites

Basic cranial course content and skill building requires an education in the biomedical health sciences and training in clinical interactions with an understanding of the pathophysiology of medical disorders. This course assumes a strong background of education and training in the biomedical sciences and in the clinical observation and treatment of pathology in patients.

Scholarships

Scholarship application information [here](#).

Accreditation Statement/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

[Osteopathy's Promise to Children \(OPC\) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.](#)

Osteopathy's Promise to Children (OPC) designates this activity for a maximum of 40 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Instructional Method of Participation

To participate in the activity, physicians will be required to complete all of the following steps:

1. Read the brochure with the Educational Need, Learning Objectives, Faculty Disclosures and Agenda.
2. Complete the Pre-Activity Quiz via your account online.
3. Participate in the activity (for on-demand and webinar, complete the 100% viewing requirement).
4. Attest to the satisfactory participation in the activity. OPC verifies your CME attestation via your account. OPC verifies attestation against the live sign-in sheets and your CME attestation via your account.
5. Complete the Post-Activity Quiz. A grade of 80% or above is required to pass the quiz. Attempts allowed: 3. Grading method: highest grade. If you do not pass three Post-Activity Quiz attempts, the

office will be notified and will make arrangements to address the issue. The course director or a content expert will contact you within one week to review any questions on course content. Once you successfully obtain a passing score, you can move onto the next step towards your certificate.

6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Survey.

7. You will receive CME credit upon successfully passing the Post-Activity Quiz and completing all Post-Activity Evaluations and Surveys.

8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

Any relevant financial relationship which occurred in the twelve-month period before the time an individual was asked to assume a role controlling content in this CME activity, and which relates to the content of the educational activity, causing a conflict of interest must be disclosed here. The following faculty, presenters and planning committee members have indicated that they have

no relationships with ineligible companies that could be perceived as a potential conflict of interest.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
Mitchell Hiserote, DO	Course Director, Content	Dr. Hiserote is a CME consultant to OPC.
Raymond J. Hruby, DO	Faculty, Content	Dr. Hruby is a CME Consultant and OPC Publications Editor.
Veronica Vuksich, DO	Faculty, Content	None
Kimberly Wolf, DO	Course Director/ Speaker	Dr. Wolf is a research consultant to OPC.
Hollis H. King, DO	Course Director, Content	Dr. King is a Consultant to OPC. And a Physician at the Osteopathic Center San Diego operated by OPC.

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
There are no recorded conflicts of interest.		

Course Director



R. Mitchell Hiserote, DO

Dr. R. Mitchell Hiserote, DO will speak on multiple topics within the course and lead several of the education's opportunities throughout the week, while concurrently directing and ensuring the smooth and effective learning opportunity for all participants. Dr. Hiserote is a graduate of Western University College of Osteopathic Medicine in Pomona, CA., and is board certified in Neuromusculoskeletal Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromuscular Medicine. Additionally, he holds

Osteopathic Cranial Academy Certification of Proficiency, and is a Midwestern University Chicago College of Osteopathic Medicine Costin scholar. Dr. Hiserote is a veteran director of Osteopathy in the Cranial Field courses at the Osteopathy's Promise to Children and internationally. He has served as Associate Professor/past Chairman of the Touro University California College of Osteopathic Medicine - Osteopathic Manipulative Medicine (OMM) Department. and currently practices osteopathy in his private office in Sebastopol, CA. His Memberships include: American Osteopathic Association (AOA), American Academy of Osteopathy (AAO), Osteopathic Cranial Academy (OCA), Institute of Functional Medicine (IFM), Sonoma Mendocino Lake Medical Association (SMLM).

Faculty



Raymond J. Hruby, DO

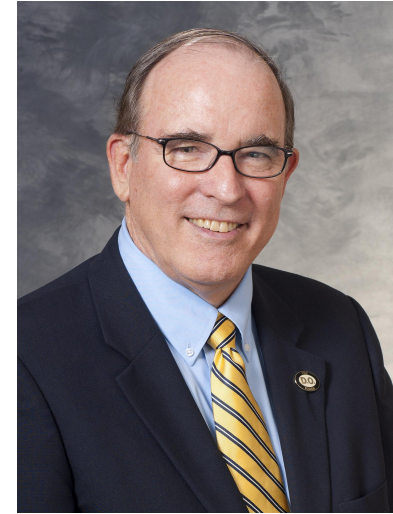
Dr. Raymond J. Hruby, DO, MS, FAAO (Dist) will speak on multiple topics within the course. Dr. Hruby is a graduate of the College of

Osteopathic Medicine and Surgery in Des Moines, Iowa. He is board certified in Family Medicine/OMT by the American Board of Osteopathic Family Practice and Osteopathic Manipulative Medicine by the American Osteopathic Board on Special Proficiency in Osteopathic Manipulative Medicine. Dr. Hraby completed a traditional internship at Osteopathic Hospital of Maine, Portland, ME and was in private practice for sixteen years. Retired as professor and chair of the Department of Osteopathic Manipulative Medicine at COMP, he continues consulting with the school's Department of NMM/OMM on teaching, research, curriculum analysis and development, new faculty mentorships and Predoctoral OMM Fellows. He is involved with WUHS's Interprofessional Education program, and lectures part-time in the Graduate School of Basic Medical Sciences, among others. He is a fellow of the American Academy of Osteopathy and a member of the American Osteopathic Association, American Academy of Osteopathy, American College of Osteopathic Family Practitioners, Osteopathic Cranial Academy, Osteopathic Physicians and Surgeons of California. Memberships: AOA, AAO, ACOFP, OCA, OCSC. Cranial proficiency (OCA).



Veronica Vuksich, DO

Dr. Vuksich, DO, will speak on multiple topics within the course. Dr. Vuksich is a graduate of the College of Osteopathic Medicine of the Pacific in Pomona, CA. She completed a HIV Fellowship, Sonoma County Dept of Public Health, Santa Rosa, CA. She completed a Family Practice Residency, UCSF Program B, Santa Rosa, CA. She held an Osteopathic Principles and Practice Undergraduate Teaching Fellowship during her undergraduate medical education. And holds a MA, from Calif. State Univ., San Jose, CA in Biology (concentration in Molecular Genetics). She is currently working as a Family Practice Physician in Santa Rosa, CA. Her areas of emphasis are Family Medicine and Osteopathic Manipulative Medicine. Memberships include: AOA, AAO, and OCA. She holds a Certificate of Proficiency in Osteopathy in the Cranial Field from the Osteopathic Cranial Academy.



Hollis H. King, DO, PhD, FAAO, FCA

Dr. Hollis H. King, DO, PhD, FAAO, FCA is speaking on “OCF Research Evidence”. He is a graduate of Texas College of Osteopathic Medicine, Fort Worth, TX. He is board certified in Family Medicine/OMT from the American Osteopathic Board of Family Physicians and certified with Special Proficiency in Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromusculoskeletal Medicine. He is a Founding Diplomate of the American Board of Holistic and Integrative Medicine. His postdoctoral training was at Dallas Memorial Hospital, Dallas, TX. His internship was at the VA Hospital & Univ. of Kentucky Medical School, Lexington, KY. His Ph.D. in Clinical Psychology is from Trinity University, San Antonio, TX. He is a Fellow of and Past-President of the American Academy of Osteopathy. He is a Fellow of the Osteopathic Cranial Academy. Dr. King is currently a Clinical Professor of Family Medicine at the University of California San Diego School of Medicine. He also has a private practice at Osteopathic Center San Diego. His memberships include: AOA, AAO, OCA.



Kimberly Wolf, DO, FAAP, FACOP

Dr. Kimberly J. Wolf, DO, FAAP, FACOP, will speak on “Mechanisms of Labor” and “OCF Pediatric Applications”. Dr. Wolf is a graduate of Seton Hall University, South Orange, NJ and Western University of Health Sciences, College of Osteopathic Medicine of the Pacific (COMP), Pomona, CA. She is Board certified in Pediatrics. Dr. Wolf was a Dually Accredited Pediatric Resident at Nationwide Children’s Hospital and Doctor’s Hospital, Columbus, OH. She is currently the Vice Chair of the Department of Osteopathic Manipulative Medicine and Associate Professor of OMM and Director of Pediatric OMM at the Touro University College of Osteopathic Medicine. Dr. Wolf is a Fellow of the American Academy of Pediatrics and the American College of Osteopathic Pediatricians. Memberships include: AOA, AAO, ACOP, AAP, AAPO, OCA and OPSC.

CME Policy Statements

Osteopathy’s Promise to Children (OPC) offers both live events and on-demand sessions using the same caliber of speakers who would present at

in-person events. OPC offers online opportunities for Continuing Medical Education (CME) credits. Each course or online event offers AOA Category 1-A CME credits. CME sessions are delivered on the CE21 Learning Management System. Once you have used the Learning Center, you will have a profile established that will allow you to access all available sessions, view speaker profiles, track CME credits gained through the system, and generate CME certificates based on the sessions completed. All OPC CME activities have a content expert available for any questions on content from CME participants during the life plus one week of the activity. The content expert will answer participant questions within one week of an inquiry. Contact us at cme@the-promise.org with any questions or comments.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient’s medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Statement of Professional Ethics & Standards

Osteopathy’s Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine’s professional ethics especially in regard to patient, student, and physician faculty communication and interactions.

This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Evidence-Based Content

It is the policy of the OPC to ensure that the content contained in this CME activity is valid, fair, balanced, scientifically rigorous, and free of commercial bias. Evidence-based medicine – first “coined” in 1991 (JAMA). “Conscientious, explicit, and judicious use of current best evidence in making decisions about the care of individual patients.” And, “Good doctors use both individual clinical expertise and the best available external evidence, and neither alone is enough.” BMJ 1996).

Disclosure Policy

It is the policy of the OPC Continuing Education Committee to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All persons in a position to control the content of an educational activity (i.e., activity planners, presenters, faculty, authors) participating in an educational activity provided by the OPC are required to disclose to the provider any relevant financial relationships with any commercial interest. OPC must determine if the individual’s relationships may influence the educational content and resolve any conflicts of interest prior to the commencement of the educational activity. The intent of this disclosure is not to prevent individuals with relevant financial relationships from participating, but rather to provide learners information with which they can make their own judgments. Faculty disclosures will be made in the

syllabus and/or during faculty introductions. The audience is advised that one or more presentations in this continuing education activity may contain references of unlabeled or unapproved uses of drugs or devices.

Resolution/Mechanism of Identified Conflict of Interest

Independent sources of review include the following: All disclosures will be reviewed by the activity Course Director, Physician Leadership Team, and Executive Director for identification of conflicts of interest. Reviewers, working with the activity directors, will document the mechanism(s) for management and resolution of the conflict of interest, and final approval of the activity will be documented prior to implementation.

Any of the mechanisms below can/will be used to resolve conflict of interest:

- Peer review for valid, evidence-based content of all materials associated with an educational activity by the activity director.
- Limit content to evidence with no recommendations
- Introduction of a debate format with an unbiased moderator (point-counterpoint)
- Inclusion of moderated panel discussion
- Publication of a parallel or rebuttal article for an article that is felt to be biased
- Limit equipment representatives to providing logistics and operation support only in procedural demonstrations.
- Divestiture of the relationship by faculty: The reviewer should be a physician or other scientist with knowledge of the specialty area being reviewed and oftentimes the Executive Director will perform this first review and can then appoint a physician as an independent reviewer. The independent reviewer is not

involved in the planning of this CME Activity and cannot have a relationship with any corporate entity supporting the CME activity. The reviewer should have a copy of this policy and a copy of the Standards for Commercial Support to fully grasp their responsibilities as the reviewer.

Off-Label or Unapproved Use of Drugs or Devices

It is the policy of the OPC to require the disclosure of all references to off-label or unapproved uses of drugs or devices prior to the presentation of educational content. The audience is advised that this continuing medical education activity may contain reference(s) to off-label or unapproved uses of drugs or devices. Please consult the prescribing information for full disclosure of approved uses.

Cancellation and Refund Policy

OPC reserves the right to change the delivery format, delay, or cancel a CME event due to any unforeseen circumstances. If an event is canceled, OPC will refund your registration fee in full. OPC will not be held responsible for the registrant's travel, hotel or other costs incurred resulting from the cancellation. Substitutions of other CME events may be made at any time without an additional charge; email cme@the-promise.org with your request. Refunds will be issued for all cancellations received two weeks prior to the start of the event. However, an administrative fee of \$100.00 will be charged for all refunds. "No shows" are subject to the full CME event fee. Cancellations/substitutions must be made in writing by email to cme@the-promise.org. No refunds or credits will be issued once the CME event has started.

Grievance Policy

All grievances should be initially directed in writing to the OPC Executive Director by email to director@the-promise.org who will share them with

the OPC CME Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council on Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Zoom Privacy Notice

When you join meetings and webinars hosted by OPC on Zoom, your profile information, including your name and profile picture, may be visible to other participants. Your name and email address will also be visible to the account owner, Osteopathy's Promise to Children, and hosts when you join meetings or webinars on their account while you're signed in. The account owner and others in the meeting can share this information with apps and others.

CE21 Online Platform Privacy Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME), accredited AOA providers that participate in CME activities on the Internet shall have a separate privacy policy for CME activities. The CME programs offered by the Osteopathy's Promise to Children (OPC) respect and value your privacy and the confidentiality of the information you choose to share with us. We are committed to the protection of this information and will ensure your privacy when participating in CME activities on our website. You may visit OPC's website without identifying yourself or revealing any personal information. If you choose to provide personally identifiable information (any information by which you can be identified), it will only be used to support your relationship with the Learning Center programs. Read more about OPC CE21 Online Education Privacy Statement [here](#).

Special Assistance

OPC complies with the Americans with Disabilities Act §12112(a). If any participant is in need of special assistance or has any dietary restrictions, please email us at cme@the-promise.org or call 619-548-8815 for assistance.

Your enrollment in the Program constitutes your release, waiver and consent to the following policies:

LIABILITY RELEASE AND WAIVER

THIS PROGRAM MAY INVOLVE PHYSICAL ACTIVITY, INCLUDING CONTACT BY AND WITH FACULTY AND OTHER COURSE PARTICIPANTS. THIS PHYSICAL ACTIVITY, INCLUDING BUT NOT LIMITED TO PHYSICAL DIAGNOSTICS AND MANUAL THERAPEUTICS, COULD POSSIBLY ENTAIL RISK FOR COURSE PARTICIPANTS OF NEW INJURY OR AGGRAVATION OF PRE-EXISTING CONDITIONS. ALL COURSE PARTICIPANTS ACKNOWLEDGE AND AGREE TO ASSUME ALL RESPONSIBILITY AND RISK FOR ALL LOSSES AND DAMAGES, INCLUDING BUT NOT LIMITED TO ANY BODILY INJURY, DEATH, AND PROPERTY DAMAGE, ARISING OUT OF OR INCIDENT TO (I) ATTENDING THE COURSE, (II) PARTICIPATING IN THE COURSE, (III) USING EQUIPMENT OR FACILITIES DURING THE COURSE, AND (IV) USING OR MISUSING ANY KNOWLEDGE OR INFORMATION OBTAINED OR DERIVED FROM THE COURSE.

INDEMNITY

All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates,

licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

CONSENT FOR USE OF PHOTOGRAPHIC IMAGES

Registration and attendance at or participation in OPC meetings and other activities constitutes an agreement by the registrant to OPC's use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic reproductions, and audiotapes of such events and activities. To opt out of the agreement to consent of use of photographic images you must notify OPC in writing stating your desire to opt out by emailing OPC at cme@the-promise.org prior to the start of the event.

I HAVE READ THIS RELEASE OF LIABILITY AND WAIVER, THE INDEMNITY PROVISIONS AND THE CONSENT TO USE MY IMAGE, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY ENROLLING IN THE PROGRAM AND DO SO VOLUNTARILY.

Policy Consent Notice

NOTE: Prior to purchasing or registration for this program we ask that you review the Policies as stated above. These policies are in every Course Brochure and on the CE21 (registration) platform when you purchase or register for any product. Your enrollment in the Program constitutes your release, waiver and consent to the stated policies.

Contacts

Osteopathy's Promise to Children
3706 Ruffin Road, San Diego, CA 92123
cme@the-promise.org
619-548-8815

For questions regarding the course content of this program, contact: Beth Levendoski, Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: CME Administrator at cme@the-promise.org.



THE PROMISE

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Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

FOUNDATIONS OF OSTEOPATHY IN THE CRANIAL FIELD					
Offered through Osteopathy's Promise to Children at the Osteopathic Center San Diego Conference Center San Diego, California					
July 10-14, 2024					
Course Director: R. Mitchell Hiserote, D.O.					
Wednesday July 10					
Start Time	End Time	Total	Topic	Location	Instructor
8:00 AM	8:30 AM	0h 30m	Introduction	Boardroom	Hiserote/ Faculty
8:30 AM	9:15 AM	0h 45m	Lecture: Intro to the Primary Respiratory Mechanism	Boardroom	Hiserote
9:15 AM	10:00 AM	0h 45m	Lecture: Primary/Secondary Respiration	Boardroom	Hruby
10:00 AM	10:15 AM	0h 15m	Small Group Review and Discussion Break	OCS D	Hiserote/ Faculty
10:15 AM	11:15 AM	1h 0m	Lecture/Lab: Cranial Anatomical Landmarks	Lab	Hiserote
11:15 AM	12:15 PM	1h 0m	Lab: Palpation Introduction - Guided . Meadow walk, Thorax, Thigh(s)	Lab	Hiserote/ Faculty
12:15 PM	1:15 PM	1h 0m	Lunch	OCS D	
1:15 PM	2:00 PM	0h 45m	Lecture: Sphenoid Bone Concepts	Boardroom	Hiserote
2:00 PM	2:45 PM	0h 45m	Lecture: Occiput Bone Concepts	Boardroom	Vuksich
2:45 PM	3:00 PM	0h 15m	Small Group Review and Discussion Break Break	OCS D	Hiserote/ Faculty
3:00 PM	3:30 PM	0h 30m	Lab Group: Sphenoid and Occiput Bone Disarticulated (Sphenoid & Occiput)	Lab	Hiserote/ Faculty
3:30 PM	4:15 PM	0h 45m	Lecture: PRM Physiologic Motion	Boardroom	Hruby
4:15 PM	5:15 PM	1h 0m	Lab: PRM Palpation with Enhancement - Vault Contact Intro	Lab	Hruby/ Faculty
5:15 PM	5:30 PM		Small Group Debrief and Discussion	Lab	Hiserote/ Faculty
	5:30 PM		Adjourn		
TOTAL		8h 0m			

Thursday July 11					
Start Time	End Time	Total	Topic	Location	Instructor
8:00 AM	9:00 AM	1h 0m	Lecture: Potency and the CSF	Boardroom	Hiserote/Hr uby
9:00 AM	9:45 AM	0h 45m	Lecture: Reciprocal Tension Membrane	Boardroom	Vuksich
9:45 AM	10:45 AM	1h 0m	Lab: Introduction to Palpation - Layer Palpation Forearm & Thigh	Lab	Hiserote/ Faculty
10:45 AM	11:00 AM	0h 15m	Small Group Review and Discussion Break	OCS D	Hiserote/ Faculty
11:00 AM	11:45 AM	0h 45m	Lecture: Sacrum and Core Link Concepts	Boardroom	Hiserote/ Faculty
11:45 AM	12:45 PM	1h 0m	Lab: Sacral Palpation	Lab	Hiserote/ Faculty
12:45 PM	1:45 PM	1h 0m	Lunch	OCS D	
1:45 PM	2:35 PM	0h 50m	Lecture: Temporal Bone Concepts	Lab	Hiserote
2:35 PM	3:05 PM	0h 30m	Small Group: Temporal Bone Disarticulated	Lab	Hiserote/ Faculty
3:05 PM	3:20 PM	0h 15m	Small Group Review and Discussion Break	OCS D	Hiserote/ Faculty
3:20 PM	4:20 PM	1h 0m	Lecture: SBS Strain Pattern Concepts	Lab	Hruby
4:20 PM	4:50 PM	0h 30m	Lab Small Group: SBS Strain Pattern Review and Foam Ball Experience	Lab	Hruby/ Faculty
4:50 PM	5:30 PM	0h 40m	Lab: SBS Strain Pattern Guided Palpatory Emulation	Lab	Hruby/ Faculty
	5:30 PM		Adjourn		
TOTAL		8h 0m			

Friday July 12					
Start Time	End Time	Total	Topic	Location	Instructor
8:00 AM	8:30 AM	0h 30m	Lecture: Major Concept Reinforcement	Boardroom	Hiserote
8:30 AM	9:30 AM	1h 0m	Lecture: OCF Research Evidence	Boardroom	King
9:30 AM	10:15 AM	0h 45m	Lecture: Intro to OCF Treatment - Principles, Objectives, and Methods	Boardroom	Hiserote/Hr uby
10:15 AM	10:30 AM	0h 15m	Small Group Review and Discussion Break	OCS D	Faculty
10:30 AM	10:45 AM	0h 15m	Break	OCS D	Faculty
10:45 AM	11:30 AM	0h 45m	Lecture: Vault Concepts	Boardroom	Vuksich
11:30 AM	12:30 PM	1h 0m	Lab: Vault Lifts and Spreads	Lab	Vuksich
12:30 PM	1:30 PM	1h 0m	Lunch with a Movie	OCS D/ Boardroom	Guisti/ Faculty
1:30 PM	2:15 PM	0h 45m	Lecture: Lab Intro - Venous Sinus Tech	Lab	Hiserote/Hr uby
2:15 PM	3:15 PM	1h 0m	Lab: Venous Sinus Technique	Lab	Hiserote/ Faculty
3:15 PM	3:30 PM	0h 15m	Small Group Review and Discussion Break	OCS D	Faculty
3:30 PM	4:00 PM	0h 30m	Lecture: Lab Intro - SI LAR, Indirect SBS Strain Pattern, SBS MAR Dx Tx	Lab	Hiserote
4:00 PM	5:15 PM	1h 15m	Lab: SI LAR, Indirect SBS Strain Pattern Release, SBS MAR Dx Tx	Lab	Hiserote/ Faculty
	5:15 PM		Adjourn		
TOTAL		7h 30m			

Saturday July 13					
Start Time	End Time	Total	Topic	Location	Instructor
8:00 AM	8:30 AM	0h 30m	Lecture: Major Concept Reinforcement	Boardroom	Hiserote
8:30 AM	9:45 AM	1h 15m	Lecture: OCF Considerations of Cranial Nerves	Boardroom	Hiserote
9:45 AM	10:00 AM	0h 15m	Small Group Review and Discussion Break	Lab	Hiserote
10:00 AM	10:45 AM	0h 45m	Lecture: Lab Intro - Temporal Bone Treatment - V-Spread, Pussy Foot, Diaphragms	Lab	Hruby
10:45 AM	12:00 PM	1h 15m	Lab: Temporal Bone Treatment - V-Spread, Pussy Foot, Diaphragms	Lab	Hruby/ Faculty
12:00 PM	1:00 PM	1h 0m	Lunch	OCS D	
1:00 PM	1:45 PM	0h 45m	Lecture: Building A Face	Boardroom	Hruby
1:45 AM	2:00 AM	0h 15m	Lab: Facial Bones Review Small Group	Lab	Hruby/ Faculty
2:00 PM	3:00 PM	1h 0m	Lab: Face Treatment - Zygoma, Premax/Max, Vomer Rocking	Lab	Hruby/ Faculty
3:00 PM	3:15 PM	0h 15m	Small Group Review and Discussion Break	Lab	Hiserote/ Faculty
3:15 PM	3:45 PM	0h 30m	Lecture: Lab Intro - CV 4	Lab	Hiserote/ Faculty
3:45 PM	4:45 PM	1h 0m	Lab: CV4, Concurrent Review V-Spread and SBS Strain Patterns	Lab	Hiserote/ Faculty
4:45 PM	5:45 PM	1h 0m	Lab: Evaluation of Health - Comparison Experience	Lab	Hiserote/ Faculty
5:45 PM	6:00 PM	0h 15m	Small Group Faculty Debriefing of Comparison Experience	Lab	Hiserote/ Faculty
	6:00 PM		Adjourn		
TOTAL		8h 30m			

Sunday July 14					
Start Time	End Time	Total	Topic	Location	Instructor
8:00 AM	8:30 AM	0h 30m	Lecture: Major Concept Reinforcement	Boardroom	Hiserote
8:30 AM	9:15 AM	0h 45m	Lecture: Mechanisms of Labor	Boardroom	Haskell
9:15 AM	10:15 AM	1h 0m	Lecture: OCF Pediatric Applications	Boardroom	Haskell
10:15 AM	10:30 AM	0h 15m	Small Group Review and Discussion Break	Lab	Hiserote/ Faculty
10:30 AM	11:30 AM	1h 0m	Lecture: TMJ Anatomy, Physiology and Mechanic	Lab	Vuksich
11:30 AM	12:45 PM	1h 15m	Lab: TMJ Diagnosis & Treatment	Lab	Vuksich/ Faculty
12:45 PM	1:45 PM	1h 0m	Lunch	OCS D	
1:45 PM	2:30 PM	0h 45m	Lab: OCF Concepts Review	Lab	Hiserote/ Faculty
2:30 PM	3:15 PM	0h 45m	Faculty Panel	Lab	Faculty
3:15 PM	3:30 PM	0h 15m	Small Group Review and Discussion	Lab	Hiserote/ Faculty
3:30 PM	4:30 PM	1h 0m	Group: Practical Examination	Lab	Faculty
4:30 PM	5:30 PM	1h 0m	Student Checkout	Lab	Faculty
	5:30 PM		Adjourn		
TOTAL		8h 0m			
TOTAL HOURS		40h 0m			



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123