



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

Viola M. Frymann, DO, FAAO, FCA
Centennial Celebration

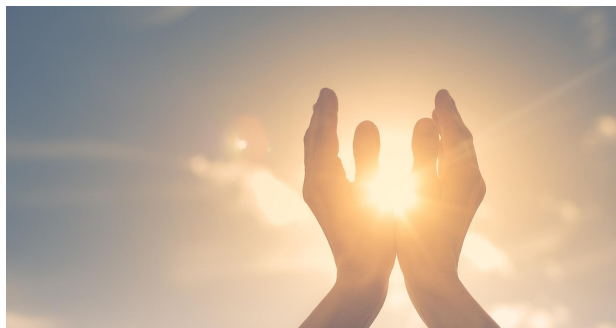
Tribute Course:

Other Dimensions of Healing

(Spirituality and Osteopathic Medicine)

Course Director

Hollis H. King, DO, PhD, FAAO, FCA



Core Faculty (in chronological order)

Hollis H. King, DO, PhD, FAAO, FCA

Mary Anne Morelli Haskell, DO, FACOP, FCA

Raymond J. Hruba, DO, MS, FAAO (Dist)

R. Paul Lee, DO, FAAO, FCA

Instructional Format

This is an Internet On-Demand Activity:

This course is a pre-recorded online course that can be viewed at any time. This CME activity will be available for purchase through May 2025 for three years from the date of original posting. OPC ensures that the content is still up-to-date and accurate by means of semi-annual review. This CME activity has a content expert available for any questions on content from participants during the life plus one week of the activity. The content expert will answer participant questions within one week of the inquiry. Email your questions or comments to cme@the-promise.org or call the office at 619-548-8815.

Original Program Date: May 22, 2022

Updates: Content is up-to-date & accurate

Cost: \$90.00, register [here](https://promise.ce21.com/)

Access: 30 days*

Estimated Time to Complete: 180 min / 3hrs
(100% viewing of this course)

CME: Osteopathy is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. Osteopathy's Promise to Children (OPC) designates this activity for a maximum of 3 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

* If a longer timeline for viewing is needed please contact the office at cme@the-promise.org with your request.

CME Sponsor

Osteopathy's Promise to Children

Activity Website

<https://promise.ce21.com/>

Course Description

Viola M. Frymann, DO, FAAO, FCA was a leader in the osteopathic medical profession who frequently wrote and lectured on Osteopathy, the philosophy which underlies and empowers the Osteopathic Medical Profession. This course focuses on the concepts related to "spirit" as from the first tenet of Osteopathy, "The person is a dynamic unit of body, mind and spirit" and "healing" from the second tenet "The body is self-healing."

The presentations in this program elucidate some of the content in Dr. Frymann's lectures and discussion of "Other Dimensions of Healing" she included sometime during virtually all of her basic and intermediate cranial courses. This program also elucidates important distinctions between religion and spirituality pertinent to the practice of medicine. Then we expand the concepts as presented by Dr. Frymann to some contemporary applications which have enhanced the healing possibilities of Osteopathy in the hands and hearts of many who provide osteopathic and healing services to their patients. The program concludes with a panel discussion open to registrant participation.

If you have any questions about this educational program, please contact staff at cme@the-promise.org or by calling our office at 619-548-8815.

Educational Need

This activity will address the underutilization of the Osteopathic Tenet "The person is a dynamic unit of body, mind, and spirit." The concept of "spirit" will be explored and related to applications for taking a full history of the patient's life experience and enhancing both patient and physician renewal and resilience reducing "burnout."

* This is OMM/OMT/OPP activity and as such is part of the profession and exempt from the AOA practice gap analysis requirement.

Evidence-based Resources

* Chhabra G, Prasad A, Marriboyina V. Comparison and performance evaluation of human bio-field visualization algorithm. Arch Physiol Biochem. 2022;128(2):321-332.

* Prakash S, Chowdhury AR, Gupta A, Monitoring the human health by measuring the biofield “aura”: an overview. International journal of applied engineering research. 2015;10.

* Chhabra G, Prasad A, Marriboyina V. Implementation of aura colourspace visualizer to detect human biofield using image processing technique. Journal of engineering science and technology. 2019;14(2), 892–908.

* Korotkov KG, et al. Application of electrophoton capture (EPC) analysis based on gas discharge visualization (GDV) technique in medicine: a systematic review. The journal of alternative and complementary medicine. 2010;16(1):13–25.

* Fornaciari CJ, Lund DK. Making the quantum leap: Lessons from physics on studying spirituality and religion in organizations. Journal of Organizational Change Management. 2001;14(4):335–351

Educational Learning Objectives

Upon completion of this course, the participant will be able to:

1. Distinguish the differences and similarities in the osteopathic practice context for personal and patient understanding of religiosity and spirituality. This objective will enhance the competency of “Medical Knowledge and Its Application into Osteopathic Medical Practice.” (Osteopathic Principles and Practice, Medical Knowledge and Its Application into Osteopathic Medical Practice)
2. To describe Dr. Frymann’s application of healing practices beyond and integrated with osteopathic

principles and practices, and how this affected her teaching and clinical approaches.(Osteopathic Principles and Practice, Medical Knowledge and Its Application into Osteopathic Medical Practice)

3. Describe the integrative medicine principles related to the osteopathic concept of Body-Mind-Spirit in contemporary medical practice. (Osteopathic Principles and Practice, Medical Knowledge and Its Application into Osteopathic Medical Practice)

4. Identify applications for medical history taking that will include attention to mental, emotional, religious/spiritual aspects and experiences in our patients lives. This objective will enhance the competency of “Interpersonal and Communication Skills in Osteopathic Medical Practice.”

(Osteopathic Principles and Practice, Medical Knowledge and Its Application into Osteopathic Medical Practice)

Target Audience

This activity is open for all osteopathic and medical physicians (DO/MD), Dentist (DDS/DMD), Medical Student (DO/MD), and International Osteopaths.

Prerequisites

This course is appropriate for the target audience.

Accreditation Statement/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

[Osteopathy’s Promise to Children \(OPC\) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.](#)

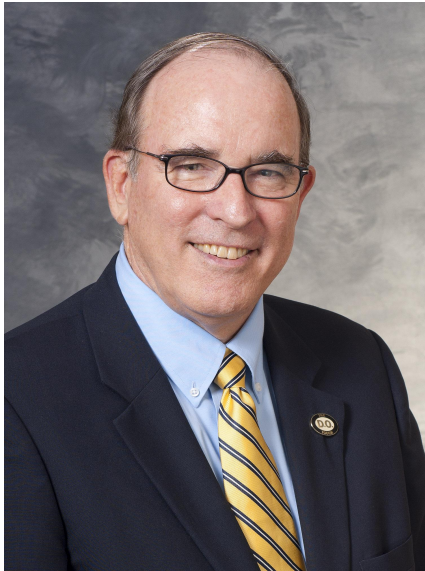
Osteopathy’s Promise to Children (OPC) designates this activity for a maximum of 3 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

Instructional Method of Participation

To participate in the activity, physicians or any seeking CME credit will be required to complete all of the following steps:

1. Read the brochure with the Educational Need, Learning Objectives, Faculty Disclosures and Agenda.
2. Complete the Pre-Activity Quiz (testing pre-existing subject knowledge) via your account online via the orange Certificate button.
3. Participate in the activity.
4. Complete the Post-Activity Quiz. A grade of 80% or above is required to pass the quiz. Attempts allowed: 3. Grading method: highest grade. If you do not pass three Post-Activity Quiz attempts, the office will be notified and will make arrangements to address the issue. The course director or a content expert will contact you within one week to review any questions on course content. Once you successfully obtain a passing score, you can move onto the next step towards your certificate.
5. Attest to the satisfactory participation in the activity. OPC verifies your CME attestation via the viewing data in your account.
6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Measure Survey.
7. You will receive CME credit upon successfully passing the Post-Activity Quiz and completing all Post-Activity Evaluations and Surveys.
8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

Course Director



Hollis H. King, DO, PhD, FAAO, FCA

Dr. Hollis H. King, DO, PhD, FAAO, FCA is speaking on “Healing and Spirituality as Practiced by Dr. Frymann”. He is a graduate of Texas College of Osteopathic Medicine, Fort Worth, TX. He is board certified in Family Medicine/OMT from the American Osteopathic Board of Family Physicians and certified with Special Proficiency in Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromusculoskeletal Medicine. He is a Founding Diplomate of the American Board of Holistic and Integrative Medicine. His postdoctoral training was at Dallas Memorial Hospital, Dallas, TX. His internship was at the VA Hospital & Univ. of Kentucky Medical School, Lexington, KY. His Ph.D. in Clinical Psychology is from Trinity University, San Antonio, TX. He is a Fellow of and Past-President of the American Academy of Osteopathy. He is a Fellow of the Osteopathic

Cranial Academy. Dr. King is currently a Clinical Professor of Family Medicine at the University of California San Diego School of Medicine. He also has a private practice at Osteopathic Center San Diego. His memberships include: AOA, AAO, OCA.

Faculty



Raymond J. Hruby, DO, MS, FAAO (Dist)

Dr. Raymond J. Hruby, DO, MS, FAAO (Dist) will speak on “Spirituality in Osteopathic Medicine”. Dr. Hruby is a graduate of the College of Osteopathic Medicine and Surgery in Des Moines, Iowa. He is board certified in Family Medicine/OMT by the American Board of Osteopathic Family Practice and Osteopathic Manipulative Medicine by the American Osteopathic Board on Special Proficiency in Osteopathic Manipulative Medicine. Dr. Hruby completed a traditional internship at Osteopathic Hospital of Maine, Portland, ME and was in private practice for sixteen years. He is retired as a Professor and Chair of the Department of

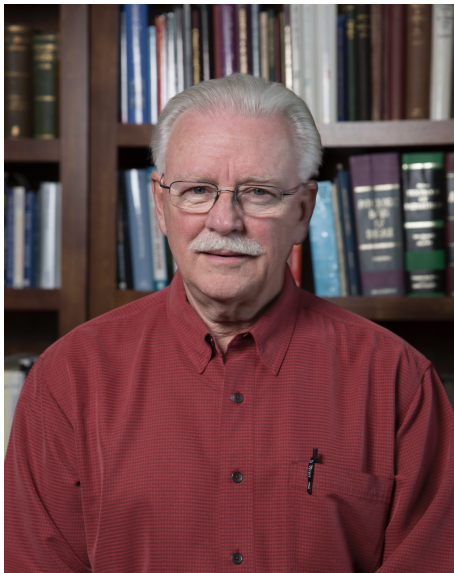
Osteopathic Manipulative Medicine at COMP, he continues consulting with the school’s Department of NMM/OMM on teaching, research, curriculum analysis and development, new faculty mentorships and Predoctoral OMM Fellows. He is involved with WUHS’s Interprofessional Education program, and lectures part-time in the Graduate School of Basic Medical Sciences, among others. He is a fellow of the American Academy of Osteopathy. He holds a Certificate of Proficiency in Osteopathy in the Cranial Field from the Osteopathic Cranial Academy. His memberships include: AOA, AAO, ACOFP, OCA, OPSC.



Mary Anne Morelli Haskell, DO, FACOP, FCA

Dr. Mary Anne Morelli Haskell, DO, FACOP, FCA will speak on her personal experiences attending Dr. Frymann’s ‘healing sessions’ and other experiences with Dr. Frymann. Dr. Haskell is a graduate of the College of Osteopathic Medicine of the Pacific of Western University and completed a year of training in general medicine and then three years of pediatric residency at Loma Linda University Medical Center. She was board certified

by the Osteopathic National Boards. She currently is boarded by the American Osteopathic Board of Pediatrics and the American Osteopathic Board of Neuromusculoskeletal Medicine. She holds a Certificate of Proficiency in Osteopathy in the Cranial Field from the Osteopathic Cranial Academy and is a Fellow of the Osteopathic Cranial Academy. The College d'Etudes Osteopathiques presented Dr. Haskell with the Viola Frymann award for excellence in osteopathic pediatrics. Her memberships include: AOA, AAO, ACOP and OCA.



R. Paul Lee, DO, FAAO, FCA

Dr. R. Paul Lee DO, FAAO, FCA will speak on “Esoteric Osteopathy”. Dr. Lee is a graduate of Kansas City University of Medicine and Biosciences. He is Board certified in Osteopathic Manipulative Medicine and Medical Acupuncture. Dr. Lee completed a residency in OMM at the AT Still University College of Osteopathic Medicine, Kirksville, Missouri. He served on the Board of

Directors of The Cranial Academy and Board of Governors of the American Academy of Osteopathy. He was awarded the Fellow of the American Academy of Osteopathy, FAAO and Fellow of the Cranial Academy, FCA. He was awarded the Sutherland Memorial Lecture and Honorary Life Membership in AAO. He is retired from his OMM private general practice in Durango, CO. His memberships include: AOA, AAO, and OCA.

CME Policy Statements

Osteopathy’s Promise to Children (OPC) offers both live events and on-demand sessions using the same caliber of speakers who would present at in-person events. OPC offers online opportunities for Continuing Medical Education (CME) credits. Each course or online event offers AOA Category 1-A CME credits. CME sessions are delivered on the CE21 Learning Management System. Once you have used the Learning Center, you will have a profile established that will allow you to access all available sessions, view speaker profiles, track CME credits gained through the system, and generate CME certificates based on the sessions completed. All OPC CME activities have a content expert available for any questions on content from CME participants during the life plus one week of the activity. The content expert will answer participant questions within one week of an inquiry. Contact us at cme@the-promise.org with any questions or comments.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient’s medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do

not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Statement of Professional Ethics & Standards

Osteopathy’s Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine’s professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Evidence-Based Content

It is the policy of the OPC to ensure that the content contained in this CME activity is valid, fair, balanced, scientifically rigorous, and free of commercial bias. Evidence-based medicine – first “coined” in 1991 (JAMA). “Conscientious, explicit, and judicious use of current best evidence in making decisions about the care of individual patients.” And, “Good doctors use both individual clinical expertise and the best available external evidence, and neither alone is enough.” BMJ 1996).

Disclosure Policy

It is the policy of the OPC Continuing Education Committee to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All persons in a position to control the

content of an educational activity (i.e., activity planners, presenters, faculty, authors) participating in an educational activity provided by the OPC are required to disclose to the provider any relevant financial relationships with any commercial interest. OPC must determine if the individual's relationships may influence the educational content and resolve any conflicts of interest prior to the commencement of the educational activity. The intent of this disclosure is not to prevent individuals with relevant financial relationships from participating, but rather to provide learners information with which they can make their own judgments. Faculty disclosures will be made in the syllabus and/or during faculty introductions. The audience is advised that one or more presentations in this continuing education activity may contain references of unlabeled or unapproved uses of drugs or devices.

Resolution/Mechanism of Identified Conflict of Interest

Independent sources of review include the following: All disclosures will be reviewed by the activity Course Director, Physician Leadership Team, and Executive Director for identification of conflicts of interest. Reviewers, working with the activity directors, will document the mechanism(s) for management and resolution of the conflict of interest, and final approval of the activity will be documented prior to implementation.

Any of the mechanisms below can/will be used to resolve conflict of interest:

- Peer review for valid, evidence-based content of all materials associated with an educational activity by the activity director
- Limit content to evidence with no recommendations
- Introduction of a debate format with an unbiased moderator (point-counterpoint)
- Inclusion of moderated panel discussion

- Publication of a parallel or rebuttal article for an article that is felt to be biased
- Limit equipment representatives to providing logistics and operation support only in procedural demonstrations
- Divestiture of the relationship by faculty: The reviewer should be a physician or other scientist with knowledge of the specialty area being reviewed and oftentimes the Executive Director will perform this first review and can then appoint a physician as an independent reviewer. The independent reviewer is not involved in the planning of this CME Activity and cannot have a relationship with any corporate entity supporting the CME activity. The reviewer should have a copy of this policy and a copy of the Standards for Commercial Support to fully grasp their responsibilities as the reviewer

Off-Label or Unapproved Use of Drugs or Devices

It is the policy of the OPC to require the disclosure of all references to off-label or unapproved uses of drugs or devices prior to the presentation of educational content. The audience is advised that this continuing medical education activity may contain reference(s) to off-label or unapproved uses of drugs or devices. Please consult the prescribing information for full disclosure of approved uses.

Cancellation and Refund Policy

OPC reserves the right to change the delivery format, delay, or cancel a CME event due to any unforeseen circumstances. If an event is canceled, OPC will refund your registration fee in full. OPC will not be held responsible for the registrant's travel, hotel or other costs incurred resulting from the cancellation. Substitutions of other CME events may be made at any time without an additional charge; email cme@the-promise.org with your request. Refunds will be issued for all cancellations

received two weeks prior to the start of the event. However, an administrative fee of \$100.00 will be charged for all refunds. "No shows" are subject to the full CME event fee. Cancellations/substitutions must be made in writing by email to cme@the-promise.org. No refunds or credits will be issued once the CME event has started.

Grievance Policy

All grievances should be initially directed in writing to the OPC Executive Director by email to director@the-promise.org who will share them with the OPC CME Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council on Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Zoom Privacy Notice

When you join meetings and webinars hosted by OPC on Zoom, your profile information, including your name and profile picture, may be visible to other participants. Your name and email address will also be visible to the account owner, Osteopathy's Promise to Children, and hosts when you join meetings or webinars on their account while you're signed in. The account owner and others in the meeting can share this information with apps and others.

CE21 Online Platform Privacy Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME), accredited AOA providers that participate in CME activities on the Internet shall have a separate privacy policy for CME activities. The CME programs offered by the Osteopathy's Promise to Children (OPC) respect and value your privacy and the confidentiality of the information you choose to share with us. We are committed to the protection

of this information and will ensure your privacy when participating in CME activities on our website. You may visit OPC's website without identifying yourself or revealing any personal information. If you choose to provide personally identifiable information (any information by which you can be identified), it will only be used to support your relationship with the Learning Center programs. Read more about OPC CE21 Online Education Privacy Statement [here](#).

Special Assistance

OPC complies with the Americans with Disabilities Act §12112(a). If any participant is in need of special assistance or has any dietary restrictions, please email us at cme@the-promise.org or call 619-548-8815 for assistance.

Your registration and enrollment in the Program constitutes your release, waiver and consent to the following policies:

Liability Release and Waiver

THIS PROGRAM MAY INVOLVE PHYSICAL ACTIVITY, INCLUDING CONTACT BY AND WITH FACULTY AND OTHER COURSE PARTICIPANTS. THIS PHYSICAL ACTIVITY, INCLUDING BUT NOT LIMITED TO PHYSICAL DIAGNOSTICS AND MANUAL THERAPEUTICS, COULD POSSIBLY ENTAIL RISK FOR COURSE PARTICIPANTS OF NEW INJURY OR AGGRAVATION OF PRE-EXISTING CONDITIONS. ALL COURSE PARTICIPANTS ACKNOWLEDGE AND AGREE TO ASSUME ALL RESPONSIBILITY AND RISK FOR ALL LOSSES AND DAMAGES, INCLUDING BUT NOT LIMITED TO ANY BODILY INJURY, DEATH, AND PROPERTY DAMAGE, ARISING OUT OF OR INCIDENT TO (I) ATTENDING THE COURSE, (II)

PARTICIPATING IN THE COURSE, (III) USING EQUIPMENT OR FACILITIES DURING THE COURSE, AND (IV) USING OR MISUSING ANY KNOWLEDGE OR INFORMATION OBTAINED OR DERIVED FROM THE COURSE.

Indemnity

All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participants of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

Consent For Use of Photographic Images

Registration and attendance at or participation in OPC meetings and other activities constitutes an agreement by the registrant to OPC's use and

distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic reproductions, and audiotapes of such events and activities. To opt out of the agreement to consent to use of photographic images you must notify OPC in writing stating your desire to opt out by emailing OPC at cme@the-promise.org prior to the start of the event.

I HAVE READ THIS RELEASE OF LIABILITY AND WAIVER, THE INDEMNITY PROVISIONS AND THE CONSENT TO USE MY IMAGE, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY ENROLLING IN THE PROGRAM AND DO SO VOLUNTARILY.

Policy Consent Notice

NOTE: Prior to purchasing or registration for this program we ask that you review the Policies as stated above. These policies are in every Course Brochure and on the CE21 (registration) platform when you purchase or register for any product. Your enrollment in the Program constitutes your release, waiver and consent to the stated policies.

Contacts

Osteopathy's Promise to Children
3706 Ruffin Road, San Diego, CA 92123
cme@the-promise.org
619-548-8815

For questions regarding the course content of this program, contact: Beth Levendoski, Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: CME Administrator at cme@the-promise.org.

Agenda

Other Dimensions of Healing

Offered through Osteopathy's Promise to Children
at the Osteopathic Center San Diego

Course Director:
Dr. Raymond J. Hruby, DO, MS, FAAO (Dist)

Original Date: May 22, 2022

Total	Topic	Location	Speaker
0h 5m	Lecture: Overview and Introduction	online	King
0h 30m	Lecture: Report on attending Other Dimensions of Healing Sessions during a Basic course at COMP, and any other experience with Dr. Frymann along the lines of "Other Dimensions."	online	Morelli Haskell
0h 30m	Lecture: Spirituality in Osteopathic Medicine	online	Hruby
0h 30m	Lecture: Healing and Spirituality as Practiced by Dr. Frymann	online	King
0h 30m	Lecture: Esoteric Osteopathy	online	Lee
0h 55m	Panel Discussion and Q&A	online	Faculty Panel



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