



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

Osteopathic Approach to the Nursing Dyad

Course Director:
Kimberly Wolf, DO, FAAP, FACOP



Core Faculty (in chronological order)

Kimberly J. Wolf, DO, FAAP, FACOP
Eileen Conaway, DO
Brian Loveless DO
Hope Tobey, DO, FAAP, FACOP C-NMM/OMM
Mitchell Hiserote, DO

Instructional Format

Live, in-person training with lecture and lab format.

Date: September 2-4, 2023

Time: 8:00 AM to 5:00 PM PST

Cost: \$1,500, register [here](https://promise.ce21.com/)

Location: [Osteopathic Center San Diego \(OCSD\)](https://promise.ce21.com/)

CME: Maximum 24 hours AOA Category 1-A
CME credits provided by Osteopathy's Promise to Children. Our courses allow the participant to ask questions of the presenter in either real-time or the presenter will respond to submitted questions within (48) hours of the presentation. Submit your questions to cme@the-promise.org.

Specialties

Neuromusculoskeletal Med/OMM, Pediatrics,
OB/gyn, Family Medicine, Breastfeeding Medicine

Target Audience

This course is designed for DOs or MDs with previous osteopathic manipulative treatment (OMT) experience (see prerequisites below).

Prerequisite/Eligibility:

Prerequisites for allopathic physicians: Prerequisite courses include the 2022 Breastfeeding Dyad course or an Intro to OMT course that is approved by the course director. If you are an allopathic physician, please submit previous courses you have completed for course director review to help determine if you have sufficient experience to benefit from this course. All intro to OMT courses MUST have included a hands-on practical portion and have been at least 3 days duration to be considered for approval. The course faculty highly recommend previous exposure to OCMM (osteopathic cranial manipulative medicine) as well since this curriculum will include some advanced OCMM techniques. We plan to offer the introductory OMT/breastfeeding dyad course (as offered in 2022) again in 2024. The faculty highly recommend waiting to take that course if you do not have prior osteopathic experience, as this course will be more advanced.

Please reach out with any concerns or questions you have regarding prerequisites or course content to cme@the-promise.org.

Activity Website

<https://promise.ce21.com/>

Lodging

Hilton Garden Inn Mission Valley/Stadium
3805 Murphy Canyon Rd, San Diego, CA 92123
Hotel booking link [here](https://promise.ce21.com/)

CME Sponsor(s)

Osteopathy's Promise to Children and Co-Sponsor the Institute for the Advancement of Breastfeeding and Lactation Education and the American Academy of Pediatric Osteopathy.

Course Description

This course is designed for physicians (MD and DO) who desire to utilize osteopathic manipulative treatment (OMT) in their practice of breastfeeding medicine. This course will serve as an intermediate level course so participants should have prior knowledge in OMT either as an OMS or DO or having demonstrated appropriate pre-requisite courses for MDs.

The course will teach an osteopathic approach to treating the breastfeeding dyad, including specific osteopathic techniques that can be utilized to strengthen the breastfeeding relationship. The approach for treating the mother will include techniques that can help with improving supply, resolving/preventing mastitis, and treating associated aches/pains of breastfeeding posture and positioning. These include DeQuervain's, carpal tunnel, and neck/shoulder/upper thoracic pain. The infant portion of the course will focus on techniques to help with latch issues, as well as commonly linked other symptoms including torticollis, plagiocephaly, gastroesophageal reflux, and colic. In addition to learning specific techniques, the course will focus on teaching the osteopathic approach to evaluating and treating a patient so that participants are able to leave the course prepared to integrate this knowledge into

their practice. This includes teaching the necessary skills to document, bill, and code for OMT as well.

If you have any questions about this educational program, please contact staff at cme@the-promise.org or by calling our office at 619-548-8815.

Professional Practice Gap

The field of Breastfeeding Medicine is a growing field within medicine that is quickly identifying gaps in knowledge that need addressing within this field. One of these gaps that has been identified is knowledge of applying osteopathic principles and OMT to managing the breastfeeding dyad (mother and child) with difficulties with breastfeeding. Areas where OMT could help support the dyad include low supply, recurrent mastitis, poor latch, poor weight gain, maternal pain, torticollis, reflux, and more.

Educational Need

The activity will address osteopathic clinicians' needs to improve knowledge, competence and/or performance for treating the breastfeeding dyad by leveraging the principles of osteopathic medicine.

Desired Outcomes

The desired outcome of this course is increased utilization of OMT in the field of Breastfeeding Medicine to help support the breastfeeding parent and infant when there are difficulties with breastfeeding encountered.

Evidence-based Resources

* Conaway, Eileen M., and Arlene E. O'Donnell. "Osteopathic Considerations for Breastfeeding Women." *Journal of Osteopathic Medicine*, vol. 121, no. 10, 2021, pp. 805-811., <https://doi.org/10.1515/jom-2021-0069>.

* Lund, Gregg C., et al. "Osteopathic Manipulative Treatment for the Treatment of Hospitalized

Premature Infants with Nipple Feeding Dysfunction." *Journal of Osteopathic Medicine*, vol. 111, no. 1, 2011, pp. 44-48., <https://doi.org/10.7556/jaoa.2011.111.1.44>.

* Carreiro, J. *Pediatric Manual Medicine An Osteopathic Approach*. Churchill Livingstone, Elsevier 2009

* Carreiro, J. *An Osteopathic Approach to Children*. Churchill Livingstone, Elsevier 2009

* Jackson, Caitlin, and Brian Loveless. "The Use of Osteopathic Manipulative Medicine in the Management of Recurrent Mastitis." *Journal of Osteopathic Medicine*, vol. 120, no. 12, 2020, pp. 921-925., <https://doi.org/10.7556/jaoa.2020.143>.

Educational Objectives

At the conclusion of this activity, learners will be able to:

1. Illustrate the application of an osteopathic approach to the breastfeeding dyad including OMT to help foster a healthy breastfeeding relationship.
2. Strengthen palpatory skills and review pertinent anatomy needed to safely perform OMT.
3. Introduce documentation, billing, and coding for OMT.

Recommended Reading, Additional Resources and Related Products

Carreiro, J., *Pediatric Manual Medicine: An Osteopathic Approach*. Churchill Livingstone, Elsevier 2009

Carreiro, J., *An Osteopathic Approach to Children*. Churchill Livingstone, Elsevier 2009

DeMarsh, Samantha, et al. *Pediatric Osteopathic Manipulative Medicine: A Scoping Review*. *Pediatrics*, vol. 147, no. 2, 2021, <https://doi.org/10.1542/peds.2020-016162>

Prevost, C. P., Gleberzon, B., Carleo, B., Anderson, K., Cark, M., & Pohlman, K. A. (2019). *Manual therapy for the pediatric population: A systematic*

review. *BMC Complementary Medicine and Therapies*, 19(60). <https://doi.org/10.1186/s12906-019-2447-2>

Conaway, Eileen M. and O'Donnell, Arlene E. "Osteopathic considerations for breastfeeding women" *Journal of Osteopathic Medicine*, vol. 121, no. 10, 2021, pp. 805-811. <https://doi.org/10.1515/jom-2021-0069>

Jackson, Caitlin and Loveless, Brian. "The Use of Osteopathic Manipulative Medicine in the Management of Recurrent Mastitis" *Journal of Osteopathic Medicine*, vol. 120, no. 12, 2020, pp. 921-925. <https://doi.org/10.7556/jaoa.2020.143>

Accreditation Statement/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

[Osteopathy's Promise to Children \(OPC\) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.](#)

Osteopathy's Promise to Children (OPC) designates this activity for a maximum of 24 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. ***This is OMM/OMT/OPP activity and as such is part of the profession and exempt from the AOA practice gap analysis requirement.***

The AAFP has reviewed *Osteopathic Approach to the Nursing Dyad* and deemed it acceptable for up to 24.00 Live AAFP Prescribed credits. Term of Approval is from 09/02/2023 to 09/04/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

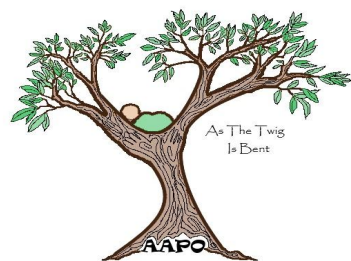


AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

This course has been allocated 24(L) CERPs recognized by IBLCE. Long Term Provider #117-04. IABLE has been accepted by the International Board of Lactation Consultant Examiners® (IBLCE®) as a CERP Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE's endorsement or assessment of education quality. INTERNATIONAL BOARD OF LACTATION CONSULTANT EXAMINERS®, IBLCE®, INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT®, and IBCLC® are registered marks of the International Board of Lactation Consultant Examiners.

Joint Sponsorship

This event is jointly sponsored with the American Academy of Pediatric Osteopathy.



Instructional Method of Participation

To participate in the activity, physicians will be required to complete all of the following steps:

1. Read the brochure with the Educational Need, Learning Objectives, Faculty Disclosures and Agenda.
2. Complete the Pre-Activity Test via your account online.
3. Participate in the activity (for on-demand and webinar, complete the 100% viewing requirement).
4. Attest to the satisfactory participation in the activity. OPC verifies your CME attestation via your account. OPC verifies attestation against the live sign-in sheets and your CME attestation via your account.
5. Complete the Post-Activity Test. A grade of 80% or above is required to pass the Test. Attempts allowed: 3. Grading method: highest grade. If you do not pass three Post-Activity Test attempts, the office will be notified and will make arrangements to address the issue. The course director or a content expert will contact you within one week to review any questions on course content. Once you successfully obtain a passing score, you can move onto the next step towards your certificate.
6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Survey.
7. You will receive CME credit upon successfully passing the Post-Activity Test and completing all Post-Activity Evaluations and Surveys.
8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

Any relevant financial relationship which occurred in the twelve-month period before the time an individual was asked to assume a role controlling content in this CME activity, and which relates to the content of the educational activity, causing a conflict of interest must be disclosed here. The following faculty, presenters and planning committee members have indicated that they have no relationships with ineligible companies that could be perceived as a potential conflict of interest.

Name of Faculty/ Presenter/ Planner	Role(s)	Reported Financial Relationship
Kimberly Wolf, DO	Course Director/ Speaker	Dr. Wolf is a research consultant to OPC.
R. Mitchell Hiserote, DO	Speaker, Content	Dr. Hiserote is a CME consultant to OPC.
Hope Tobey, DO	Speaker, Content	None
Brian Loveless DO	Speaker, Content	None
Eileen Conaway, DO	Speaker, Content	None

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
There are no recorded conflicts of interest.		

Course Director



Kimberly Wolf, DO

Dr. Kimberly J. Wolf, DO, FAAP, FACOP, will speak on the following topics: Introduction to Osteopathic Approach to Breastfeeding Medicine, Osteopathic Considerations in Mom, Postural Considerations in Breastfeeding, Postural Considerations and Neck/Upper Back Pain, Lymphatics, Small Group Discussion: Infant Anatomy, OCMM, Torticollis and Plagiocephaly, OCMM, OMT for Colic/Constipation/Reflux, and ABCs for Infant.

Dr. Wolf is a graduate of Seton Hall University, South Orange, NJ and Western University of Health Sciences, College of Osteopathic Medicine of the Pacific (COMP), Pomona, CA. She is Board certified in Pediatrics. Dr. Wolf was a Dually Accredited Pediatric Resident at Nationwide

Children's Hospital and Doctor's Hospital, Columbus, OH. She is currently the Vice Chair of the Department of Osteopathic Manipulative Medicine and Associate Professor of OMM and Director of Pediatric OMM at the Touro University College of Osteopathic Medicine. Dr. Wolf is a Fellow of the American Academy of Pediatrics and the American College of Osteopathic Pediatricians. Memberships include: AOA, AAO, ACOP, AAP, AAPO, OCA and OPSC.

Faculty



Dr. Eileen Conaway, DO

Dr. Eileen Conaway, DO, will speak on the following: Osteopathic Considerations in Mom, Osteopathic Evidence for the Breastfeeding Dyad, OMT for Shoulder/Upper Extremities, ABCs for Mom, and Documenting, Billing, and Coding for OMT.

Dr. Conaway is a graduate of the University of Virginia, Charlottesville, VA, and the Edward Via Virginia College of Osteopathic Medicine (VCOM), Blacksburg, VA. She is board certified in Family Medicine and OMT (AOBFP), and Neuromusculoskeletal Medicine (AOBNMM). She is also an International Board-Certified Lactation Consultant (IBCLC). Dr. Conaway completed her

internship and residency in Integrated Family Medicine and Neuromusculoskeletal Medicine at Florida Hospital - East Orlando (FHEO), Orlando, FL. She currently practices at Tidelands Health Family Medicine in Myrtle Beach, SC. Her research currently includes the Osteopathic Manipulation to Increase Lactation (OMILQ) and she is the Principal Investigator, investigator-initiated. Memberships include: AOA, AAO, ACOFP, FOMA, FSACOF, STFM, ABM.



Brian Loveless, DO

Dr. Brian Loveless, DO, will speak on the following: Introduction to OMT for Neck/Upper Back Pain, Lymphatics Overview and Lymphatic Considerations in Lactation, and OMT for Lymphatics.

Dr. Loveless is a graduate of University of California, San Diego, CA and Western University of Health Sciences (COMP), Pomona, CA. He is Board Certified in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine (AOBNMM). Dr. Loveless completed an internship and a residency in Family Practice and NMM/OMM+1 Residency at Chino Valley Medical Center, Chino, CA. Dr. Loveless is the Chief Medical Officer and Associate Professor of NMM/OMM and Family Medicine and was Vice Chair, Department of NMM/OMM at Western University of

Health Sciences. He currently is a Per-Diem Urgent Care physician, at Southern California Permanente Medical Group, Riverside, CA. He is Chair of the House of Delegates Committee and a Member of the Education Committee of the Osteopathic Physicians and Surgeons of California. He is a Member of the Bureau of Osteopathic Education and a Delegate, for the State of California, and California Delegation Chair of the American Osteopathic Association. He holds an Osteopathic Cranial Academy Certification of Proficiency. Memberships include: AOA, AAO, SBCOMA, OCA, OPSC, ACOFP.



Hope Tobey, DO

Dr. Hope Tobey, DO, FAAP, FACOP C-NMM/OMM will speak on the following: Oral Motor Mechanics of Feeding, and OMT for Latch.

Dr. Tobey is a graduate of Messiah University in Grantham, PA and Lake Erie College of Osteopathic Medicine in Erie, PA. She is Board Certified in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine and Board Certified in Pediatrics by the American Board of Pediatrics. Dr. Tobey completed an osteopathic internship at Heart Of Lancaster in Litiz, PA, and a pediatric residency at Penn State Hershey Children's Hospital in Hershey, PA. She completed

her ONMM "Plus One" residency at Edward Via Virginia College of Osteopathic Medicine, Blacksburg VA. Dr. Tobey currently practices as an Osteopathic Pediatrician and Associate Professor of OMM and Pediatrics at Edward Via Virginia College of Osteopathic Medicine, in Blacksburg VA. Dr. Tobey is a Fellow of the American Academy of Pediatrics and the American College of Osteopathic Pediatricians. She is the current president of the AAPO. Memberships include: AOA, AAO, AAPO, OCA and VOMA.



R. Mitchell Hiserote, DO

Dr. R. Mitchell Hiserote, DO will speak on the following: Infant Anatomy and OCMM Review.

Dr. Hiserote is a graduate of Western University College of Osteopathic Medicine in Pomona, CA. He is board certified in Neuromusculoskeletal/ Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromuscular Medicine. He completed his post-graduate training at the Arrowhead Regional Medical Center in Colton, CA. Dr. Hiserote is currently in private practice in Sebastopol, CA and is an Associate Professor and past-Chairman of the Touro University California College of Osteopathic Medicine, Osteopathic Manipulative Medicine

(OMM) Department, Vallejo, CA. He is a Midwestern University's Chicago College of Osteopathic Medicine, Costin Scholar. He holds an Osteopathic Cranial Academy Certification of Proficiency. Memberships include: AOA, AAO, AAPO, and OCA.

Commercial Support Statement

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. No commercial support was received for this program.

CME Policy Statements

Osteopathy's Promise to Children (OPC) offers both live events and on-demand sessions using the same caliber of speakers who would present at in-person events. OPC offers online opportunities for Continuing Medical Education (CME) credits. Each course or online event offers AOA Category 1-A CME credits. CME sessions are delivered on the CE21 Learning Management System. Once you have used the Learning Center, you will have a profile established that will allow you to access all available sessions, view speaker profiles, track CME credits gained through the system, and generate CME certificates based on the sessions completed. All OPC CME activities have a content expert available for any questions on content from CME participants during the life plus one week of the activity. The content expert will answer participant questions within one week of an inquiry. Contact us at cme@the-promise.org with any questions or comments.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical

condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Statement of Professional Ethics & Standards

Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Evidence-Based Content

It is the policy of the OPC to ensure that the content contained in this CME activity is valid, fair, balanced, scientifically rigorous, and free of commercial bias. Evidence-based medicine – first “coined” in 1991 (JAMA). “Conscientious, explicit, and judicious use of current best evidence in making decisions about the care of individual patients.” And, “Good doctors use both individual clinical expertise and the best available external evidence, and neither alone is enough.” BMJ 1996).

Disclosure Policy

It is the policy of the OPC Continuing Education Committee to ensure balance, independence, objectivity and scientific rigor in all its educational

activities. All persons in a position to control the content of an educational activity (i.e., activity planners, presenters, faculty, authors) participating in an educational activity provided by the OPC are required to disclose to the provider any relevant financial relationships with any commercial interest. OPC must determine if the individual's relationships may influence the educational content and resolve any conflicts of interest prior to the commencement of the educational activity. The intent of this disclosure is not to prevent individuals with relevant financial relationships from participating, but rather to provide learners information with which they can make their own judgments. Faculty disclosures will be made in the syllabus and/or during faculty introductions. The audience is advised that one or more presentations in this continuing education activity may contain references of unlabeled or unapproved uses of drugs or devices.

Resolution/Mechanism of Identified Conflict of Interest

Independent sources of review include the following: All disclosures will be reviewed by the activity Course Director, Physician Leadership Team, and Executive Director for identification of conflicts of interest. Reviewers, working with the activity directors, will document the mechanism(s) for management and resolution of the conflict of interest, and final approval of the activity will be documented prior to implementation.

Any of the mechanisms below can/will be used to resolve conflict of interest:

- Peer review for valid, evidence-based content of all materials associated with an educational activity by the activity director.
- Limit content to evidence with no recommendations
- Introduction of a debate format with an unbiased moderator (point-counterpoint)
- Inclusion of moderated panel discussion
- Publication of a parallel or rebuttal article for an article that is felt to be biased

- Limit equipment representatives to providing logistics and operation support only in procedural demonstrations.
- Divestiture of the relationship by faculty: The reviewer should be a physician or other scientist with knowledge of the specialty area being reviewed and oftentimes the Executive Director will perform this first review and can then appoint a physician as an independent reviewer. The independent reviewer is not involved in the planning of this CME Activity and cannot have a relationship with any corporate entity supporting the CME activity. The reviewer should have a copy of this policy and a copy of the Standards for Commercial Support to fully grasp their responsibilities as the reviewer.

Off-Label or Unapproved Use of Drugs or Devices

It is the policy of the OPC to require the disclosure of all references to off-label or unapproved uses of drugs or devices prior to the presentation of educational content. The audience is advised that this continuing medical education activity may contain reference(s) to off-label or unapproved uses of drugs or devices. Please consult the prescribing information for full disclosure of approved uses.

Cancellation and Refund Policy

OPC reserves the right to change the delivery format, delay, or cancel a CME event due to any unforeseen circumstances. If an event is canceled, OPC will refund your registration fee in full. OPC will not be held responsible for the registrant's travel, hotel or other costs incurred resulting from the cancellation. Substitutions of other CME events may be made at any time without an additional charge; email cme@the-promise.org with your request. Refunds will be issued for all cancellations received two weeks prior to the start of the event. However, an administrative fee of \$100.00 will be charged for all refunds. “No shows” are subject to the full CME event fee. Cancellations/substitutions

must be made in writing by email to cme@the-promise.org. No refunds or credits will be issued once the CME event has started.

Grievance Policy

All grievances should be initially directed in writing to the OPC Executive Director by email to director@the-promise.org who will share them with the OPC CME Program Committee. Grievances will receive a response within 30 days of receipt. If you do not receive a satisfactory response, you may notify the Council on Continuing Medical Education, AOA, 142 East Ontario St., Chicago, IL 60611.

Zoom Privacy Notice

When you join meetings and webinars hosted by OPC on Zoom, your profile information, including your name and profile picture, may be visible to other participants. Your name and email address will also be visible to the account owner, Osteopathy's Promise to Children, and hosts when you join meetings or webinars on their account while you're signed in. The account owner and others in the meeting can share this information with apps and others.

CE21 Online Platform Privacy Statement

In accordance with the Accreditation Council for Continuing Medical Education (ACCME), accredited AOA providers that participate in CME activities on the Internet shall have a separate privacy policy for CME activities. The CME programs offered by the Osteopathy's Promise to Children (OPC) respect and value your privacy and the confidentiality of the information you choose to share with us. We are committed to the protection of this information and will ensure your privacy when participating in CME activities on our website. You may visit OPC's website without identifying yourself or revealing any personal information. If you choose to provide personally identifiable information (any information by which you can be identified), it will only be used to support your relationship with the Learning Center programs.

Read more about OPC CE21 Online Education Privacy Statement [here](#).

Special Assistance

OPC complies with the Americans with Disabilities Act §12112(a). If any participant is in need of special assistance or has any dietary restrictions, please email us at cme@the-promise.org or call 619-548-8815 for assistance.

Your enrollment in the Program constitutes your release, waiver and consent to the following policies:

LIABILITY RELEASE AND WAIVER

THIS PROGRAM MAY INVOLVE PHYSICAL ACTIVITY, INCLUDING CONTACT BY AND WITH FACULTY AND OTHER COURSE PARTICIPANTS. THIS PHYSICAL ACTIVITY, INCLUDING BUT NOT LIMITED TO PHYSICAL DIAGNOSTICS AND MANUAL THERAPEUTICS, COULD POSSIBLY ENTAIL RISK FOR COURSE PARTICIPANTS OF NEW INJURY OR AGGRAVATION OF PRE-EXISTING CONDITIONS. ALL COURSE PARTICIPANTS ACKNOWLEDGE AND AGREE TO ASSUME ALL RESPONSIBILITY AND RISK FOR ALL LOSSES AND DAMAGES, INCLUDING BUT NOT LIMITED TO ANY BODILY INJURY, DEATH, AND PROPERTY DAMAGE, ARISING OUT OF OR INCIDENT TO (I) ATTENDING THE COURSE, (II) PARTICIPATING IN THE COURSE, (III) USING EQUIPMENT OR FACILITIES DURING THE COURSE, AND (IV) USING OR MISUSING ANY KNOWLEDGE OR INFORMATION OBTAINED OR DERIVED FROM THE COURSE.

INDEMNITY

All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to

any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

Contacts

Osteopathy's Promise to Children
3706 Ruffin Road, San Diego, CA 92123
cme@the-promise.org
619-548-8815

For questions regarding the course content of this program, contact: Beth Levendoski, Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: CME Administrator at cme@the-promise.org.

For questions regarding AMA/CERP CME's and course content please contact: Anne Eglash MD, IBCLC, FABM, President, IABLE anne@lacted.org.



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123

Osteopathic Approach to the Nursing Dyad

September 2-4, 2023

Daily Schedule

Day	Start	Total Mins	Topic	Lecture/Lab	Speaker
Sept 2, 2023	8:00-8:30	30	Introduction to Osteopathic Approach to Breastfeeding Medicine	Lecture	Wolf
	8:30-10:00	90	Osteopathic Considerations in Mom	Lecture/Lab	Conaway
	10:00-10:15	15	Osteopathic Considerations in Mom	Practice Session	Wolf
	10:15-11:15	60	Osteopathic Evidence for the Breastfeeding Dyad	Lecture	Conaway
	11:15-12:15		Lunch		
	12:15-1:30	75	Postural Considerations in Breastfeeding	Lab	Wolf
	1:30-3:15	105	OMT for Neck/Upper Back Pain	Lab	Loveless
	3:15-3:30	15	Postural Considerations and Neck/Upper Back Pain	Practice Session	Wolf
	3:30-5:00	90	OMT for Shoulder/Upper Extremities	Lab	Conaway

Day	Start	Total Mins	Topic	Lecture/Lab	Speaker
Sept 3, 2023	8:00-8:30	30	Q&A/Review of Maternal Content	Lecture	Wolf
	8:30-9:30	60	Lymphatics Review and Lymphatic Considerations in Lactation	Lecture	Loveless
	9:30-10:45	75	OMT for Lymphatics	Lab	Loveless
	10:45-11:00	15	Lymphatics	Practice Session	Wolf
	11:00-12:00	60	ABCs for Mom	Lecture/Small Group	Conaway
	12:00-1:00		Lunch		
	1:00-2:00	60	Oral Motor Mechanics of Feeding	Lecture	Tobey
	2:00-3:00	60	Infant Anatomy and OCMM Review	Lecture	Hiserote
	3:00-3:15	15	Small Group Discussion: Infant Anatomy, OCMM	Small Group	Wolf
	3:15-5:00	105	Torticollis and Plagiocephaly	Lecture/Lab	Wolf

Day	Start	Total Mins	Topic	Lecture/Lab	Speaker
Sept 4, 2023	8:00-8:30	30	Q&A/Review of Day 4 Content	Lecture	Wolf
	8:30-10:00	90	OCMM Lab	Lab	Hiserote
	10:00-10:15	15	OCMM	Practice Session	Wolf
	10:15-12:00	105	OMT for Latch	Lab	Tobey
	12:00-1:00		Lunch		
	1:00-3:00	120	OMT for Colic/Constipation/Reflux	Lab	Wolf
	3:00-3:15	15	OMT for Colic/Constipation/Reflux	Practice Session	Wolf
	3:15-3:45	30	ABCs for Infant	Lecture	Wolf
	3:45-4:45	60	Documenting, Billing, and Coding for OMT	Lecture	Conaway
	4:45-5:00	15	Wrap-Up/Q&A	Lecture	Wolf



THE PROMISE

OSTEOPATHY'S PROMISE TO CHILDREN

Osteopathic Center San Diego
3706 Ruffin Road, San Diego CA 92123