

# **Introduction to the Osteopathic Approach to the Nursing Dyad**



**Course Director: Kimberly Wolf, DO** 

# Faculty (in chronological order)

Kimberly J. Wolf, DO, FAAP, FACOP Mitchell Hiserote, DO Hope Tobey, DO, FAAP, FACOP C-NMM/OMM Brian Loveless DO Eileen Conaway, DO

**Date**: July 8-12, 2022

**Time**: 8:00 AM to 5:30 PM PST

**Location**: Osteopathic Center San Diego (OCSD) **Instructional Format**: Live, in-person attendance

Cost: \$2,200, register here

CME: 40.00 credits AOA Category 1-A CME provided by Osteopathy's Promise to Children. Application for CME credit has been filed by the Institute for the Advancement of Breastfeeding and

Lactation Education (IABLE) with the American Academy of Family Physicians (AAFP). The AAFP has reviewed Introduction to the Osteopathic Approach to the Nursing Dyad and deemed it acceptable for up to 40.00 Live AAFP Prescribed credits. Term of Approval is from 07/08/2022 to 07/12/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This course has been allocated 40(L) CERPs recognized by IABLE. Long Term Provider #117-04.

#### **Statement of Need and Course Description**

This course is designed for physicians (MD and DO) who desire to utilize osteopathic manipulative treatment (OMT) in their practice of breastfeeding medicine.

Statement of Need: This activity will address the underutilization of Osteopathic Manipulative Treatment (OMT) to help support both the parent and infant in the breastfeeding relationship.

It will be a hands-on course that will take place over five days and will provide all of this knowledge with a variety of learning activities including hands-on workshops, lectures, and small group discussions.

The first two days of the course will be an introduction or review of osteopathic philosophy and basics of OMT. Participants will be introduced to the osteopathic structural exam and a variety of different OMT modalities.

The final three days of the course will teach an osteopathic approach to treating the breastfeeding dyad, including specific osteopathic techniques that can be utilized to strengthen the breastfeeding relationship.

The approach for treating the mother will include techniques that can help with improving supply, resolving/preventing mastitis, and treating associated aches/pains of breastfeeding posture and positioning. These include DeQuervain's, carpal tunnel, and neck/shoulder/upper thoracic pain. The infant portion of the course will focus on techniques to help with latch issues, as well as commonly linked other symptoms including torticollis, plagiocephaly, gastroesophageal reflux, and colic.

In addition to learning specific techniques, the course will focus on teaching the osteopathic approach to evaluating and treating a patient so that participants are able to leave the course prepared to integrate this knowledge into their practice. This includes teaching the necessary skills to document, bill, and code for OMT as well.

# **Educational Learning Objectives**

Upon completion of this course, the participant will be able to:

- Introduce osteopathic history and philosophy to provide context for the practice of osteopathic medicine including osteopathic manipulative treatment (OMT).
- Compare and contrast different OMT modalities and understand when to utilize them appropriately in clinical settings.
- Illustrate the application of an osteopathic approach to the breastfeeding dyad including OMT to help foster a healthy breastfeeding relationship.
- Strengthen palpatory skills and review pertinent anatomy needed to safely perform OMT.
- Introduce documentation, billing, and coding for OMT.

#### **Learning Objectives by Topics**

(Click hyperlink to view learning objectives by topic)

#### **Target Audience**

This course is designed for physicians (MD and DO) who desire to utilize osteopathic manipulative treatment (OMT) in their practice of breastfeeding medicine. This activity is for DO and MD physicians only. Course is closed to students and residents. No prerequisites required for the target audience.

# **CME Sponsors**

Osteopathy's Promise to Children and Co-Sponsor the Institute for the Advancement of Breastfeeding and Lactation Education.

# **Accreditation Statement/Credit Designation**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

Osteopathy's Promise to Children (OPC) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

Osteopathy's Promise to Children (OPC) designates this activity for a maximum of 40 AOA Category 1-A CME credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. This is OMM/OMT/OPP activity and as such is part of the profession and exempt from the AOA practice gap analysis requirement.

The AAFP has reviewed Introduction to the Osteopathic Approach to the Nursing Dyad and deemed it acceptable for up to 40.00 Live AAFP Prescribed credits. Term of Approval is from 07/08/2022 to 07/12/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

This course has been allocated 40(L) CERPs recognized by IBLCE. Long Term Provider #117-04.

Activity Website: <a href="https://promise.ce21.com/">https://promise.ce21.com/</a>

# **Joint Sponsorship**

This event is jointly sponsored with the American Academy of Pediatric Osteopathy.



Register early: Limited space is available and seats are expected to fill early.

- \* **Scholarships**: A limited number of \$500 Scholarships are available in honor of Dr. Viola M. Frymann, DO during her Centennial Celebration Year.
- \* **Scholarships**: A limited number of \$400 Scholarships are available to members of the American Academy of Pediatric Osteopathy (AAPO)

# To apply for a Scholarship:

Scholarships are available on a first come, first served basis. Registration/purchase must be made by April 1, 2022.

Apply in writing to: <a href="mailto:cme@the-promise.org">cme@the-promise.org</a>. Include a statement about why this course is important to your education or training. Is there a **knowledge gap** (clinicians don't know something; a **competence gap** (clinicians don't know how to do something); **performance gap** (clinicians are not doing something in practice) or something else? Include AAPO membership details in application if applicable.

#### **Instructional Method of Participation**

To participate in the activity, physicians will be required to take the following steps:

- 1. Read the brochure with Statement of Need, Educational Learning Objectives, Faculty Disclosures and Agenda.
- 2. Complete Pre-Activity Test. (Via your account online.)
- 3. Participate in the activity.
- 4. Attest to the satisfactory participation in the activity. OPC verifies attestation against the live sign-in sheets and your CME attestation via your account.
- 5. Complete Post-ActivityTest via your account. (A grade of 75% or above is required to pass the quiz. Attempts allowed are 3. And the grading method is the highest grade achieved.)
- 6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Survey.
- 7. You will receive CME credit upon successfully passing the Post-Activity Test and completing all Post-Activity Evaluations and Surveys..
- 8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

#### **Evidence-based Resources**

Conaway, Eileen M., and Arlene E. O'Donnell. "Osteopathic Considerations for Breastfeeding Women." Journal of Osteopathic Medicine, vol. 121, no. 10, 2021, pp. 805–811.

https://doi.org/10.1515/jom-2021-0069

Lund, Gregg C., et al. "Osteopathic Manipulative Treatment for the Treatment of Hospitalized Premature Infants with Nipple Feeding Dysfunction." Journal of Osteopathic Medicine, vol. 111, no. 1, 2011, pp. 44–48.

https://doi.org/10.7556/jaoa.2011.111.1.44

Carreiro, J., *Pediatric Manual MedicineAn Osteopathic Approach*. Churchill Livingstone, Elsevier 2009

Carreiro, J., *An Osteopathic Approach to Children*. Churchill Livingstone, Elsevier 2009

Jackson, Caitlin, and Brian Loveless. "The Use of Osteopathic Manipulative Medicine in the Management of Recurrent Mastitis." Journal of Osteopathic Medicine, vol. 120, no. 12, 2020, pp. 921–925., https://doi.org/10.7556/jaoa.2020.143

Polman, Jeremy. Osteopathic Medicine: A Core Concepts Approach. OnlineMedEd, 2021.

#### **OPC Faculty Disclosure Declaration**

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

Any relevant financial relationship which occurred in the twelve-month period before the time an individual was asked to assume a role controlling content in this CME activity, and which relates to the content of the educational activity, causing a conflict of interest must be disclosed here. The

following faculty, presenters and planning committee members have indicated that they have no relationships with ineligible companies that could be perceived as a potential conflict of interest.

| Name of Faculty/<br>Presenter/ Planner | Role(s)                        | Reported<br>Financial<br>Relationship     |
|--|--------------------------------|---|
| Kimberly Wolf, DO                      | Course<br>Director/<br>Speaker | Dr. Wolf is a research consultant to OPC. |
| R. Mitchell Hiserote,<br>DO            | Speaker,<br>Content            | Dr. Hiserote is a CME consultant to OPC.  |
| Hope Tobey, DO                         | Speaker,<br>Content            | None                                      |
| Brian Loveless DO                      | Speaker,<br>Content            | None                                      |
| Eileen Conaway, DO                     | Speaker,<br>Content            | None                                      |

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

| Name of Faculty or Presenter | Role(s)     | Reported Financial<br>Relationship |
|------------------------------|-------------|------------------------------------|
| There are no reco            | rded confli | cts of interest.                   |

#### Course Director



# Kimberly Wolf, DO

Dr. Kimberly J. Wolf, DO, FAAP, FACOP, will speak on the following topics: Welcome & Introduction to Osteopathic Medicine, Osteopathic Palpation Skills, ABCs: An Osteopathic Approach to Patient Care, ABCs and Autonomics, Intro to OMT, Review of Introduction to Osteopathic Medicine Content/Q&A. Introduction to Osteopathic Approach to Breastfeeding Medicine, Postural Considerations in Breastfeeding, Osteopathic Considerations in Mom. Postural Considerations and Neck/Upper Back Q&A/Review of Maternal Content, Pain. Lymphatics, Infant Anatomy, OCMM Intro, Plagiocephaly, Torticollis and OMT for Colic/Constipation/Reflux, and ABCs for Infants.

Dr. Wolf is a graduate of Seton Hall University, South Orange, NJ and Western University of Health Sciences, College of Osteopathic Medicine of the Pacific (COMP), Pomona, CA. She is Board certified in Pediatrics. Dr. Wolf was a Dually

Accredited Pediatric Resident at Nationwide Children's Hospital and Doctor's Hospital, Columbus, OH. She is currently the Vice Chair of the Department of Osteopathic Manipulative Medicine and Associate Professor of OMM and Director of Pediatric OMM at the Touro University College of Osteopathic Medicine. Dr. Wolf is a Fellow of the American Academy of Pediatrics and the American College of Osteopathic Pediatricians. Memberships include: AOA, AAO, ACOP, AAP, AAPO, OCA and OPSC.

# Faculty



R. Mitchell Hiserote, DO

Dr. R. Mitchell Hiserote, DO will speak on the following: Osteopathic Palpation Skills - Part 1, Osteopathic Anatomy & Static Structural Diagnosis (Landmarks), Osteopathic Palpation Skills - Part 2, Infant Anatomy and Introduction to OCMM, and Intro to OCMM Lab.

Dr. Hiserote is a graduate of Western University College of Osteopathic Medicine in Pomona, CA.

He is board certified in Neuromusculoskeletal/ Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromuscular Medicine. He completed his post-graduate training at the Arrowhead Regional Medical Center in Colton, CA. Dr. Hiserote is currently in private practice in Sebastopol, CA and is an Associate Professor and past-Chairman of the Touro California College of Osteopathic University Medicine. Osteopathic Manipulative Medicine (OMM) Department, Vallejo, CA. He is a Midwestern University's Chicago College of Osteopathic Medicine, Costin Scholar. He holds an Osteopathic Cranial Academy Certification of Proficiency. Memberships include: AOA, AAO, AAPO, and OCA.



Hope Tobey, DO

Dr. Hope Tobey, DO, FAAP, FACOP C-NMM/OMM will speak on the following: Osteopathic Anatomy & Dynamic Structural Diagnosis (Intro to Motion), Intro to OMT - part 2, Oral Motor Mechanics of Feeding, and OMT for Latch.

Dr. Tobey is a graduate of Messiah University in Grantham, PA and Lake Erie College of Osteopathic Medicine in Erie, PA. She is Board Certified in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine and Board Certified in Pediatrics by the American Board of Pediatrics. Dr. Tobey completed an osteopathic internship at Heart Of Lancaster in Litiz, PA, and a pediatric residency at Penn State Hershey Children's Hospital in Hershey, PA. She completed her ONMM "Plus One" residency at Edward Via Virginia College of Osteopathic Medicine, Blacksburg VA. Dr. Tobey currently practices as an Osteopathic Pediatrician and Associate Professor of OMM and Pediatrics at Edward Via Virginia College of Osteopathic Medicine, in Blacksburg VA. Dr. Tobey is a Fellow of the American Academy of Pediatrics and the American College of Osteopathic Pediatricians. She is the current president of the AAPO. Memberships include: AOA, AAO, AAPO, OCA and VOMA.



Brian Loveless, DO

Dr. Brian Loveless, DO, will speak on the following: Introduction to Osteopathic Manipulative Treatment (OMT) - part 1, Intro to OMT - part 3, OMT for Neck/Upper Back Pain, Lymphatics Overview and Lymphatic Considerations in Lactation, and OMT for Lymphatics.

Dr. Loveless is a graduate of University of California, San Diego, CA and Western University of Health Sciences (COMP), Pomona, CA. He is Board Certified in Neuromusculoskeletal Medicine Manipulative Medicine and Osteopathic (AOBNMM). Dr. Loveless completed an internship and a residency in Family Practice and NMM/OMM+1 Residency at Chino Valley Medical Center, Chino, CA. Dr. Loveless is the Chief Medical Officer and Associate Professor of NMM/OMM and Family Medicine and was Vice Chair, Department of NMM/OMM at Western University of Health Sciences. He currently is a Per-Diem Urgent Care physician, at Southern California Permanente Medical Group, Riverside, CA. He is Chair of the House of Delegates Committee and a Member of the Education Committee of the Osteopathic Physicians and Surgeons of California. He is a Member of the Bureau of Osteopathic Education and a Delegate, for the State of California, and California Delegation Chair of the American Osteopathic Association. He holds an Osteopathic Cranial Academy Certification of Proficiency. Memberships include: AOA, AAO, SBCOMA, OCA, OPSC, ACOFP.



Dr. Eileen Conaway, DO

Dr. Eileen Conaway, DO, will speak on the following: Osteopathic Reflexes and Autonomic Nervous System, Osteopathic Considerations in Mom, Osteopathic Evidence for the Breastfeeding Dyad, OMT for Shoulder/Upper Extremities, ABCs for Mom, and Documenting, Billing, and Coding for OMT.

Dr. Conaway is a graduate of the University of Virginia, Charlottesville, VA, and the Edward Via Virginia College of Osteopathic Medicine (VCOM), Blacksburg, VA. She is board certified in Family Medicine and OMT (AOBFP), Neuromusculoskeletal Medicine (AOBNMM). She is also an International Board-Certified Lactation Consultant (IBCLC). Dr. Conaway completed her internship and residency in Integrated Family Medicine and Neuromusculoskeletal Medicine at Florida Hospital - East Orlando (FHEO), Orlando, FL. She currently practices at Tidelands Health Family Medicine in Myrtle Beach, SC. Her research currently includes the Osteopathic Manipulation to Increase Lactation (OMILQ) and she is the Principal Investigator, investigator-initiated. Memberships include: AOA, AAO, ACOFP, FOMA, FSACOFP, STFM, ABM.

# **Commercial Support Statement**

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. No commercial support was received for this program.

#### Course Cancellation & Refund Policy

By submitting an application for this course, the applicant (the "Applicant") agrees that fifteen percent (15%) of the total registration fee is a non-refundable administrative charge. If after submitting a course application the Applicant desires to cancel his or her registration, the Applicant must notify Osteopathy's Promise to Children ("OPC") in writing no less than fourteen (14) calendar days prior to the initial start date for the course. If Applicant timely and properly notifies OPC of its cancellation, OPC will issue a refund to Applicant in the amount of eighty-five percent (85%) of his or her total registration fee. If OPC receives a notice of cancellation less than fourteen (14) days prior to the initial start date for the course, OPC will not issue a refund. Unless Applicant timely and properly notices OPC pursuant to this policy, OPC will not issue a refund for an applicant's failure to attend the course.

#### Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/ faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

#### Liability Release

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

#### Statement of Professional Ethics & Standards

Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender. developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of professional osteopathic medicine's ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

#### Contacts

Osteopathy's Promise to Children 3706 Ruffin Road, San Diego, CA 92123 cme@the-promise.org 619-548-8815

For questions regarding the course content of this program, contact: Beth Levendoski, Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: CME Administrator at cme@the-promise.org.

For questions regarding AMA/CERP CME's and course content please contact: Anne Eglash MD, IBCLC, FABM, President, IABLE anne@lacted.org.



# Introduction to the Osteopathic Approach to the Nursing Dyad July 8-12, 2022 - Daily Schedule

| Day             | Start           | Total<br>Mins | Торіс   | Lecture/<br>Lab              | Speaker  |
|-----------------|-----------------|---------------|---|------------------------------|----------|
| July 8,<br>2022 | 8:00-<br>9:00   | 60            | Welcome & Introduction to Osteopathic Medicine  | Lecture                      | Wolf     |
|                 | 9:00-<br>10:00  | 60            | Osteopathic Palpation Skills<br>- Part 1  | Lecture/<br>Lab              | Hiserote |
|                 | 10:00-<br>10:15 | 15            | Small Group Discussion on<br>Osteopathic Palpation Skills                             | Small<br>Group<br>Discussion | Wolf     |
|                 | 10:15-<br>12:00 | 105           | Osteopathic Anatomy &<br>Static Structural Diagnosis<br>(Landmarks)                   | Lecture/<br>Lab              | Hiserote |
|                 | 12:00<br>-1:00  |               | Lunch   |                              |          |
|                 | 1:00-<br>3:00   | 120           | Osteopathic Anatomy &<br>Dynamic Structural<br>Diagnosis (Intro to Motion)            | Lecture/<br>Lab              | Tobey    |
|                 | 3:00-<br>3:15   | 15            | Small Group Discussion on<br>Osteopathic Anatomy &<br>Dynamic Structural<br>Diagnosis | Small<br>Group<br>Discussion | Wolf     |
|                 | 3:15-<br>5:00   | 105           | Introduction to Osteopathic<br>Manipulative Treatment<br>(OMT) - part 1               | Lecture/<br>Lab              | Loveless |
| Day             | Start           | Total<br>Mins | Торіс   | Lecture/<br>Lab              | Speaker  |
| July 9,<br>2022 | 8:00-<br>9:00   | 60            | Osteopathic Reflexes and<br>Autonomic Nervous System                                  | Lecture                      | Conaway  |
|                 | 9:00-<br>10:00  | 60            | ABCs: An Osteopathic<br>Approach to Patient Care                                      | Lecture                      | Wolf     |
|                 | 10:00-<br>10:15 | 15            | Small Group Discussion on<br>ABCs and Autonomics                                      | Small<br>Group<br>Discussion | Wolf     |

| $\frac{1}{1}$ | July 11,<br>2022 | 8:00-<br>8:30   | 30            | Q&A/Review of Maternal<br>Content  | Lecture                      | Wolf     |             |
|---------------|------------------|-----------------|---------------|--|------------------------------|----------|-------------|
| $\frac{1}{1}$ | Day              | Start           | Total<br>Mins | Topic  | Lecture/<br>Lab              | Speaker  |             |
|               |                  | 3:30-<br>5:00   | 90            | OMT for Shoulder/Upper<br>Extremities                                    | Lab                          | Conaway  |             |
|               |                  | 3:15-<br>3:30   | 15            | Practice session: Postural<br>Considerations and<br>Neck/Upper Back Pain | Practice<br>Session          | Wolf     |             |
| $\frac{1}{1}$ |                  | 1:30-<br>3:15   | 105           | OMT for Neck/Upper Back<br>Pain  | Lab                          | Loveless |             |
|               |                  | 12:15-<br>1:30  | 75            | Postural Considerations in<br>Breastfeeding                              | Lab                          | Wolf     | $\ \cdot\ $ |
|               |                  | 11:15-<br>12:15 |               | Lunch  |                              |          | $\ \cdot\ $ |
| 1             |                  | 10:15-<br>11:15 | 60            | Osteopathic Evidence for the Breastfeeding Dyad                          | Lecture                      | Conaway  |             |
| 1             |                  | 10:00-<br>10:15 | 15            | Practice Session:<br>Osteopathic Considerations<br>in Mom                | Practice<br>Session          | Wolf     |             |
| $\frac{1}{1}$ |                  | 8:30-<br>10:00  | 90            | Osteopathic Considerations in Mom  | Lecture/<br>Lab              | Conaway  |             |
| 1             | July 10,<br>2022 | 8:00-<br>8:30   | 30            | Introduction to Osteopathic<br>Approach to Breastfeeding<br>Medicine     | Lecture                      | Wolf     |             |
| 1             | Day              | Start           | Total<br>Mins | Торіс  | Lecture/<br>Lab              | Speaker  |             |
|               |                  | 4:15-<br>5:00   | 45            | Review of Introduction to<br>Osteopathic Medicine<br>Content/Q&A         | Lecture                      | Wolf     |             |
| 7             |                  | 3:15-<br>4:15   | 60            | Osteopathic Palpation Skills - Part 2                                    | Lecture/<br>Lab              | Hiserote |             |
|               |                  | 3:00-<br>3:15   | 15            | Small Group Discussion on Intro to OMT                                   | Small<br>Group<br>Discussion | Wolf     | -           |
|               |                  | 1:00-<br>3:00   | 120           | Intro to OMT - part 3  | Lecture/<br>Lab              | Loveless |             |
|               |                  | 12:00<br>-1:00  |               | Lunch  |                              |          |             |
|               |                  | 10:15-<br>12:00 | 105           | Intro to OMT - part 2  | Lecture/<br>Lab              | Tobey    |             |

|   |                  | 8:30-<br>9:30  | 60                     | Lymphatics Overview and<br>Lymphatic Considerations in<br>Lactation   | Lecture                                   | Loveless                          |
|---|------------------|--|------------------------|---|---|-----------------------------------|
|   |                  | 9:30-<br>10:45   | 75                     | OMT for Lymphatics  | Lab                                       | Loveless                          |
| 1 |                  | 10:45-<br>11:00  | 15                     | Practice Session:<br>Lymphatics   | Practice<br>Session                       | Wolf                              |
|   |                  | 11:00-<br>12:00  | 60                     | ABCs for Mom  | Lecture/<br>Small Group                   | Conaway                           |
|   |                  | 12:00<br>-1:00   |                        | Lunch   |   |                                   |
|   |                  | 1:00-<br>2:00  | 60                     | Oral Motor Mechanics of<br>Feeding  | Lecture                                   | Tobey                             |
|   |                  | 2:00-<br>3:00  | 60                     | Infant Anatomy and Introduction to OCMM   | Lecture                                   | Hiserote                          |
| 1 |                  | 3:00-<br>3:15  | 15                     | Small Group Discussion:<br>Infant Anatomy, OCMM<br>Intro  | Small<br>Group                            | Wolf                              |
| 1 |                  | 3:15-<br>5:00  | 105                    | Torticollis and Plagiocephaly   | Lecture/<br>Lab                           | Wolf                              |
| 1 | Day              | Start  | Total<br>Mins          | Topic   | Lecture/<br>Lab                           | Speaker                           |
|   |                  |  |                        |   |   |                                   |
|   | July 12,<br>2022 | 8:00-<br>8:30  | 30                     | Q&A/Review of Day 4<br>Content  | Lecture                                   | Wolf                              |
|   |                  |  | 90                     |   | Lecture                                   | Wolf<br>Hiserote                  |
|   |                  | 8:30<br>8:30-  |                        | Content   |   |                                   |
|   |                  | 8:30<br>8:30-<br>10:00   | 90                     | Content Intro to OCMM Lab Practice Session: OCMM  | Lab<br>Practice                           | Hiserote                          |
|   |                  | 8:30<br>8:30-<br>10:00<br>10:00-<br>10:15<br>10:15-  | 90                     | Content Intro to OCMM Lab Practice Session: OCMM Intro  | Lab Practice Session                      | Hiserote<br>Wolf                  |
|   |                  | 8:30<br>8:30-<br>10:00<br>10:05<br>10:15<br>10:15-<br>12:00<br>12:00                           | 90                     | Content Intro to OCMM Lab  Practice Session: OCMM Intro  OMT for Latch  | Lab Practice Session                      | Hiserote<br>Wolf                  |
|   |                  | 8:30<br>8:30-<br>10:00<br>10:00-<br>10:15<br>10:15-<br>12:00<br>12:00<br>1:00-                 | 90 15 105              | Content Intro to OCMM Lab  Practice Session: OCMM Intro  OMT for Latch  Lunch  OMT for  | Lab Practice Session Lab                  | Hiserote Wolf Tobey               |
|   |                  | 8:30<br>8:30-<br>10:000<br>10:00-<br>10:15<br>10:15-<br>12:00<br>-1:00<br>1:00-<br>3:00        | 90<br>15<br>105        | Content Intro to OCMM Lab  Practice Session: OCMM Intro  OMT for Latch  Lunch  OMT for Colic/Constipation/Reflux  Practice Session: OMT for                           | Lab Practice Session Lab Lab Practice     | Hiserote Wolf Tobey Wolf          |
|   |                  | 8:30<br>8:30-<br>10:00-<br>10:15<br>10:15-<br>12:00<br>12:00<br>-1:00<br>3:00<br>3:00-<br>3:15 | 90<br>15<br>105<br>120 | Content Intro to OCMM Lab  Practice Session: OCMM Intro  OMT for Latch  Lunch  OMT for Colic/Constipation/Reflux  Practice Session: OMT for Colic/Constipation/Reflux | Practice Session Lab Lab Practice Session | Hiserote  Wolf  Tobey  Wolf  Wolf |