Viola M. Frymann, DO, FAAO, FCA Centennial Celebration

Tribute Course:

Other Dimensions of Healing

(Spirituality and Osteopathic Medicine)



Course Director Hollis H. King, DO, PhD, FAAO, FCA

Date: May 22, 2022

Time: 10:00 AM to 1:00 PM PST CME: 3 Hrs AOA Category 1-A CME

Cost: \$180.00

Faculty

Hollis H. King, DO, PhD, FAAO, FCA Mary Anne Morelli Haskell, DO, FACOP, FCA Raymond J. Hruby, DO, MS, FAAO (Dist) R. Paul Lee, DO, FAAO, FCA

CME Sponsor

Osteopathy's Promise to Children

Registration and Activity Website https://promise.ce21.com/

Statement of Need

This activity will address the underutilization of the Osteopathic Tenet "The person is a dynamic unit of body, mind, and spirit." The concept of "spirit" will be explored and related to applications for taking a full history of the patient's life experience and enhancing both patient and physician renewal and resilience reducing "burnout."

Course Description

Viola M. Frymann, DO, FAAO, FCA was a leader in the osteopathic medical profession who frequently wrote and lectured on Osteopathy, the philosophy which underlies and empowers the Osteopathic Medical Profession. This course focuses on the concepts related to "spirit" as from the first tenet of Osteopathy, "The person is a dynamic unit of body, mind and spirit" and "healing" from the second tenet "The body is self-healing."

The presentations in this program elucidate some of the content in Dr. Frymann's lectures and discussion of "Other Dimensions of Healing" she included sometime during virtually all of her basic and intermediate cranial courses. This program also elucidates important distinctions between religion and spirituality pertinent to the practice of medicine. Then we expand the concepts as presented by Dr. Frymann to some contemporary applications which have enhanced the healing possibilities of Osteopathy in the hands and hearts of many who provide osteopathic and healing services to their patients. The program concludes with a panel discussion open to registrant participation.

Educational Learning Objectives

Upon completion of this course, the participant will be able to:

1. Distinguish the differences and similarities in the osteopathic practice context for personal and patient understanding of religiosity and spirituality. This objective will enhance the competency of "Medical Knowledge and Its Application into Osteopathic Medical Practice."

- 2. To describe Dr. Frymann's application of healing practices beyond and integrated with osteopathic principles and practices, and how this affected her teaching and clinical approaches.
- 3. Describe the integrative medicine principles related to the osteopathic concept of Body-Mind-Spirit in contemporary medical practice.
- 4. Identify applications for medical history taking that will include attention to mental, emotional, religious/spiritual aspects and experiences in our patients lives. This objective will enhance the competency of "Interpersonal and Communication Skills in Osteopathic Medical Practice."

Target Audience

This activity is open for all osteopathic and medical physicians (DO/MD), Dentist (DDS/DMD), Medical Student (DO/MD), and International Osteopaths.

Prerequisites

This course is appropriate for the target audience and students in the target audience training programs.

Instructional Format

Internet (live) or internet (on-demand) meeting with slides and audio.

Instructional Method of Participation

To participate in the activity, physicians will be required to take the following steps:

- 1. Read the brochure with Statement of Need, Educational Learning Objectives, Faculty Disclosures and Agenda.
- 2. Complete Pre-Activity Test. (Via your account online.)
- 3. Participate in the activity.
- 4. Attest to the satisfactory participation in the activity. OPC verifies attestation against the live sign-in sheets and your CME attestation via your account.
- 5. Complete Post-ActivityTest via your account. (A grade of 75% or above is required to pass the quiz.

Attempts allowed are 3. And the grading method is the highest grade achieved.)

- 6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Survey.
- 7. You will receive CME credit upon successfully passing the Post-Activity Test and completing all Post-Activity Evaluations and Surveys..
- 8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

Evidence-based Resources

Chhabra G, Prasad A, Marriboyina V. Comparison and performance evaluation of human bio-field visualization algorithm. Arch Physiol Biochem. 2022;128(2):321-332.

Prakash S, Chowdhury AR, Gupta A, Monitoring the human health by measuring the biofield "aura": an overview. International journal of applied engineering research. 2015;10.

Chhabra G, Prasad A, Marriboyina V. Implementation of aura colourspace visualizer to detect human biofield using image processing technique. Journal of engineering science and technology. 2019;14(2), 892–908.

Korotkov KG, et al. Application of electrophoton capture (EPC) analysis based on gas discharge visualization (GDV) technique in medicine: a systematic review. The journal of alternative and complementary medicine. 2010;16(1):13–25.

Fornaciari CJ, Lund DK. Making the quantum leap: Lessons from physics on studying spirituality and religion in organizations. Journal of Organizational Change Management. 2001;14(4):335–351

Agenda/Schedule

Saturday, May 22, 2021

Hollis H. King, DO, PhD, FAAO, FCA 10:00 - 10:05: Overview and Introduction

Mary Anne Morelli Haskell, DO, FACOP, FCA 10:05 - 10: 35: Report on attending Other Dimensions of Healing Sessions during a Basic course at COMP, and any other experience with Dr. Frymann along the lines of "Other Dimensions."

Raymond J. Hruby, DO, MS, FAAO (Dist), FCA 10:35 - 11:05: Spirituality in Osteopathic Medicine

Hollis H. King, DO, PhD, FAAO, FCA 11:05 - 11:35: Healing and Spirituality as Practiced by Dr. Frymann

R. Paul Lee, DO, FAAO, FCA 11:35 - 12:30: Esoteric Osteopathy

King, Haskell, Hruby, Lee - Panel 12:30 - 1:00: Panel Discussion and Q&A with audience

Accreditation Statement/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

Osteopathy's Promise to Children (OPC) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

Osteopathy's Promise to Children (OPC) designates this activity for a maximum of 3 AOA Category 1-A credits and will report CME and

specialty credits commensurate with the extent of the physician's participation in this activity.

OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
Hollis H. King, DO	Course Director, Content	Dr. King is a Consultant to OPC. And a Physician at the Osteopathic Center San Diego operated by OPC.
Mary Anne Morelli Haskell, DO	Faculty, Content	Dr. Haskell is a Physician at the Osteopathic Center San Diego operated by OPC.
Raymond J. Hruby, DO	Faculty, Content	Dr. Hruby is a Consultant to OPC.
R. Paul Lee, DO	Faculty, Content	No relationship to report.

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
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There are no recorded conflicts of interest.

Course Director



Hollis H. King, DO, PhD, FAAO, FCA

Dr. Hollis H. King, DO, PhD, FAAO, FCA is speaking on "Healing and Spirituality as Practiced by Dr. Frymann". He is a graduate of Texas College of Osteopathic Medicine, Fort Worth, TX. He is board certified in Family Medicine/OMT from the American Osteopathic Board of Family Physicians and certified with Special Proficiency in Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromusculoskeletal Medicine. He is a Founding

Diplomate of the American Board of Holistic and Integrative Medicine. His postdoctoral training was at Dallas Memorial Hospital, Dallas, TX. His internship was at the VA Hospital & Univ. of Kentucky Medical School, Lexington, KY. His Ph.D. in Clinical Psychology is from Trinity University, San Antonio, TX. He is a Fellow of and Past-President of the American Academy of Osteopathy. He is a Fellow of the Osteopathic Cranial Academy. Dr. King is currently a Clinical Professor of Family Medicine at the University of California San Diego School of Medicine. He also has a private practice at Osteopathic Center San Diego. His memberships include: AOA, AAO, OCA.



Raymond J. Hruby, DO, MS, FAAO (Dist)

Dr. Raymond J. Hruby, DO, MS, FAAO (Dist) will speak on "Spirituality in Osteopathic Medicine". Dr. Hruby is a graduate of the College of Osteopathic Medicine and Surgery in Des Moines, Iowa. He is board certified in Family Medicine/OMT by the American Board of Osteopathic Family Practice and Osteopathic Manipulative Medicine by

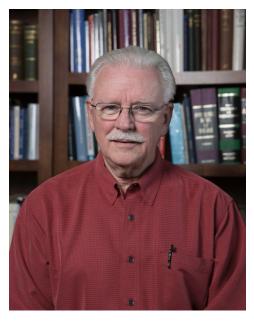
the American Osteopathic Board on Special Proficiency in Osteopathic Manipulative Medicine. Dr. Hruby completed a traditional internship at Osteopathic Hospital of Maine, Portland, ME and was in private practice for sixteen years. He is retired as a Professor and Chair of the Department of Osteopathic Manipulative Medicine at COMP, he continues consulting with the school's Department of NMM/OMM on teaching, research, curriculum analysis and development, new faculty mentorships and Predoctoral OMM Fellows. He is involved with WUHS's Interprofessional Education program, and lectures part-time in the Graduate School of Basic Medical Sciences, among others. He is a fellow of the American Academy of Osteopathy. He holds a Certificate of Proficiency in Osteopathy in the Cranial Field from the Osteopathic Cranial Academy. His memberships include: AOA, AAO. ACOFP, OCA, OPSC.



Mary Anne Morelli Haskell, DO, FACOP, FCA

Dr. Mary Anne Morelli Haskell, DO, FACOP, FCA will speak on her personal experiences attending Dr. Frymann's 'healing sessions' and other

experiences with Dr. Frymann. Dr. Haskell is a graduate of the College of Osteopathic Medicine of the Pacific of Western University and completed a year of training in general medicine and then three vears of pediatric residency at Loma Linda University Medical Center. She was board certified by the Osteopathic National Boards. She currently is boarded by the American Osteopathic Board of Pediatrics and the American Osteopathic Board of Neuromusculoskeletal Medicine. She holds a Certificate of Proficiency in Osteopathy in the Cranial Field from the Osteopathic Cranial Academy and is a Fellow of the Osteopathic Cranial Academy. The College d'Etudes Osteopathiques presented Dr. Haskell with the Viola Frymann award for excellence in osteopathic pediatrics. Her memberships include: AOA, AAO, ACOP and OCA.



R. Paul Lee, DO, FAAO, FCA

Dr. R. Paul Lee DO, FAAO, FCA will speak on "Esoteric Osteopathy". Dr. Lee is a graduate of Kansas City University of Medicine and Biosciences. He is Board certified in Osteopathic Manipulative Medicine and Medical Acupuncture.

Dr. Lee completed a residency in OMM at the AT Still University College of Osteopathic Medicine, Kirksville, Missouri. He served on the Board of Directors of The Cranial Academy and Board of Governors of the American Academy of Osteopathy. He was awarded the Fellow of the American Academy of Osteopathy, FAAO and Fellow of the Cranial Academy, FCA. He was awarded the Sutherland Memorial Lecture and Honorary Life Membership in AAO. He is retired from his OMM private general practice in Durango, CO. His memberships include: AOA, AAO, and OCA.

Commercial Support Statement

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. No commercial support was received for this program.

Course Cancellation & Refund Policy

By submitting an application for this course, the applicant (the "Applicant") agrees that fifteen percent (15%) of the total registration fee is a non-refundable administrative charge. If after submitting a course application the Applicant desires to cancel his or her registration, the Applicant must notify Osteopathy's Promise to Children ("OPC") in writing no less than fourteen (14) calendar days prior to the initial start date for the course. If Applicant timely and properly notifies OPC of its cancellation, OPC will issue a refund to Applicant in the amount of eighty-five percent (85%) of his or her total registration fee. If OPC receives a notice of cancellation less than fourteen (14) days prior to the initial start date for the course, OPC will not issue a refund. Unless Applicant timely and properly notices OPC pursuant to this policy, OPC will not issue a refund for an applicant's failure to attend the course.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/ faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Liability Release

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers. directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

Statement of Professional Ethics & Standards

Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Contacts

Osteopathy's Promise to Children 3706 Ruffin Road, San Diego, CA 92123 cme@the-promise.org 619-548-8815

For questions regarding the course content of this program, contact: Beth Levendoski, Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: CME Administrator at cme@the-promise.org.

