

Peds OMT for the Busy PCP

Course Directors:

Kimberly Wolf, DO & Hope Tobey, DO



Faculty (in chronological order)

Hope Tobey, DO, FAAP, FACOP C-NMM/OMM
Kimberly Wolf, DO, FACOP

Instructional Format

Internet (on-demand) event with slides and audio.

CME: Osteopathy's Promise to Children (OPC) designates this activity for a maximum of **2.5 AOA Category 1-A credits** & will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Cost: \$150, register [here](#)

Course Agenda

1. Introduction to Peds OMT in a Busy Clinic Setting
2. Quick techniques for Otitis Media/Sinusitis, Constipation, & Common Respiratory Complaints

CME Sponsor

Osteopathy's Promise to Children
Co-sponsored with the American Academy of Pediatric Osteopathy

Note: AAPO members are eligible for a discount. Please contact cme@the-promise.org to receive a discount code.

Activity Website

<https://promise.ce21.com/>

Statement of Need

This course will address the underutilization of Osteopathic Manipulative Treatment (OMT) to help support pediatric patients with common respiratory, ENT, and GI complaints in a busy primary care setting.

Course Description

This internet (on-demand) event will address osteopathic clinicians', as well as other practicing clinicians', needs to improve knowledge, competence and/or performance for the treatment of pediatric patients by leveraging the principles of osteopathic medicine. OMT is often underutilized for pediatric patients and many primary care practitioners struggle to integrate OMT into their busy practices.

This course will offer participants the opportunity to review several techniques that can be quickly and efficiently incorporated into busy clinics. Drs. Tobey and Wolf will also share their tips for how they incorporated OMT into their general practices, including a review of appropriate documentation, coding, and billing. The course will

also cover several common pediatric complaints, including otitis media, sinusitis, constipation, pneumonia, and asthma, and how to incorporate OMT with each of these concerns.

Learning Objectives

Upon completion of this course, the participant will be able to:

- Discuss practical integration of OMT into general pediatrics' practice, including reimbursement and timing of visits. (Interpersonal and Communication Skills in Osteopathic Medical Practice)
- Demonstrate osteopathic techniques that can be used to adjunctively manage AOM/sinusitis, a variety of respiratory complaints, and constipation. (Interpersonal and Communication Skills in Osteopathic Medical Practice)
- Review pertinent anatomy and physiology that influence osteopathic treatments in the pediatric population. (Osteopathic Principles and Practice)
- Discuss modifications of osteopathic exam and OMT for a variety of different ages and developmental stages. (Interpersonal and Communication Skills in Osteopathic Medical Practice, Osteopathic Principles and Practice)

Target Audience

This activity is for DOs, MDs (with proof of First Steps Course or equivalent), Residents, medical students and International Osteopaths.

Prerequisites

No prerequisites required for DOs.

Instructional Method of Participation

To participate in the activity, physicians will be required to take the following steps:

1. Read the brochure with Statement of Need, Educational Learning Objectives, Faculty Disclosures and Agenda.
2. Complete Pre-Activity Test. (Via your account online.)
3. Participate in the activity.
4. Attest to the satisfactory participation in the activity. OPC verifies attestation against the live sign-in sheets and your CME attestation via your account.
5. Complete Post-Activity Test via your account. (A grade of 75% or above is required to pass the quiz. Attempts allowed are 3. And the grading method is the highest grade achieved.)
6. Complete the Post-Activity Speaker and Course Evaluation and the Outcome Survey.
7. You will receive CME credit upon successfully passing the Post-Activity Test and completing all Post-Activity Evaluations and Surveys..
8. Your Certificate of Completion (or Certificate of Attendance) can be accessed in your account via the orange Certificate button after ALL these steps are complete.

Evidence-based Resources

1. Carreiro, J. Pediatric Manual Medicine An Osteopathic Approach. Churchill Livingstone, Elsevier 2009
2. Carreiro, J. Pediatric Manual Medicine An Osteopathic Approach. Churchill Livingstone, Elsevier 2009
3. DeMarsh, Samantha, et al. "Pediatric Osteopathic Manipulative Medicine: A Scoping Review." Pediatrics, vol. 147, no. 2, 2021, <https://doi.org/10.1542/peds.2020-016162>
4. Prevost, C. P., Gleberzon, B., Carleo, B., Anderson, K., Cark, M., & Pohlman, K. A. (2019). Manual therapy for the pediatric population: A systematic review. BMC Complementary Medicine and Therapies, 19(60). doi:10.1186/s12906-019-2447-2

Accreditation Statement/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT.

[Osteopathy's Promise to Children \(OPC\) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.](#)

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OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program. In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
Kimberly Wolf, DO	Course Co-Director/ Faculty	Dr. Wolf is a research consultant to OPC.
Hope Tobey, DO, FAAP, FACOP C-NMM/OM	Course Co-Director/ Faculty	None

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
There are no recorded conflicts of interest.		

Course Directors



Kimberly Wolf, DO, FAAP, FACOP

Kimberly Wolf, DO, FAAP, FACOP will speak on the practical integration of OMT into general pediatrics' practice, including reimbursement and timing of visits and osteopathic techniques that can be used to adjunctively manage AOM/sinusitis, a variety of respiratory complaints, and constipation and pertinent anatomy and physiology that influence osteopathic treatments in the pediatric population. Modifications of osteopathic exam and OMT for a variety of different ages and developmental stages. Dr.. Wolf is a 2010 graduate of Western University of Health Sciences, College of Osteopathic Medicine of the Pacific. Dr. Wolf is Board certified in Pediatrics by American Osteopathic Board of Pediatricians. Her internship and pediatric residency was completed at Nationwide City Hospital. She was an Assistant Professor of Pediatrics at Ohio State University/Pediatric Academic Association from 2013-2017. She is also a full-time outpatient clinic attending at Nationwide Children's Hospital's

Ambulatory Network. 80% of her clinic time was spent running an exclusive Pediatric Osteopathic Manipulative Medicine Clinic. Dr. Wolf was awarded the Outstanding Physician Award by the Center for Osteopathic Research and Education in 2016. She is currently Associate Professor of Osteopathic Manipulative Medicine and Director of Pediatric Osteopathic Manipulative Medicine at Touro University College of Osteopathic Medicine. She currently serves as teaching faculty for OPC and Research Director at OCC. Memberships: AOA, AAO, AAP, ACOP, AAPO, OCA.



Hope Tobey, DO, FAAO, FACOP C-NMM/OMM

Hope Tobey, DO, FAAO, FACOP C-NMM/OMM will speak on the practical integration of OMT into general pediatrics' practice, including reimbursement and timing of visits and osteopathic techniques that can be used to adjunctively manage AOM/sinusitis, a variety of respiratory complaints, and constipation and pertinent anatomy and physiology that influence osteopathic treatments in the pediatric population. Modifications

of osteopathic exam and OMT for a variety of different ages and developmental stages.

She is a graduate of Messiah University in Grantham, PA and Lake Erie College of Osteopathic Medicine in Erie, PA. She is Board Certified in Neuromusculoskeletal Medicine and Osteopathic Manipulative Medicine and Board Certified in Pediatrics by the American Board of Pediatrics. Dr. Tobey completed an osteopathic internship at Heart Of Lancaster in Litiz, PA, and a pediatric residency at Penn State Hershey Children's Hospital in Hershey, PA. She completed her ONMM "Plus One" residency at Edward Via Virginia College of Osteopathic Medicine, Blacksburg VA. Dr. Tobey currently practices as an Osteopathic Pediatrician and Associate Professor of OMM and Pediatrics at Edward Via Virginia College of Osteopathic Medicine, in Blacksburg VA. She is the current president of the American Academy of Pediatric Osteopathy. She is a fellow of the American College of Osteopathic Pediatricians and the American Academy of Pediatrics. Memberships and Proficiencies: AAPO, OCA, AAO, ACOP, VOMA, AAP, AOA.

Commercial Support Statement

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. No commercial support was received for this program.

Course Cancellation & Refund Policy

By submitting an application for this course, the applicant (the "Applicant") agrees that fifteen percent (15%) of the total registration fee is a non-refundable administrative charge. If after submitting a course application the Applicant desires to cancel his or her registration, the Applicant must notify Osteopathy's Promise to Children ("OPC") in writing no less than fourteen (14) calendar days prior to the initial start date for

the course. If Applicant timely and properly notifies OPC of its cancellation, OPC will issue a refund to Applicant in the amount of eighty-five percent (85%) of his or her total registration fee. If OPC receives a notice of cancellation less than fourteen (14) days prior to the initial start date for the course, OPC will not issue a refund. Unless Applicant timely and properly notices OPC pursuant to this policy, OPC will not issue a refund for an applicant's failure to attend the course.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/ faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Liability Release

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and

subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

Statement of Professional Ethics & Standards

Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Contacts

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