

OMT for Systemic Disorders and Physiological Functions: Cardiopulmonary and Immune Systems



Course Director

Hollis H. King, DO, PhD, FAAO

Date: September 4, 2021

Time: 8:00 AM to 5:00 PM PST

CME: 8 Hrs AOA Category 1-A CME Anticipated

Cost: \$330

Faculty (in chronological order)

Hollis H. King, DO, PhD, FAAO

CME Sponsor

Osteopathy's Promise to Children

Registration and Activity Website

<https://promise.ce21.com/>

Instructional Format

Internet (live) or internet (on-demand) event with slides and audio.

Course Description

Since the inception of the osteopathic medical profession, osteopathic manipulative treatment (OMT) has been used for virtually every condition encountered by human beings. While the medical profession at large now accepts OMT as indicated for musculoskeletal disorders, there is now ample research and practice demonstrating the efficacy of OMT in cardiopulmonary, neurologic, genitourinary and immune system conditions and disorders. In this first of two stand-alone course sequences, we will draw on published research and a number of clinical trials in which Dr. King was a treatment provider and co-author of the publications. The evidence-based protocols & procedures used in the published studies will be reviewed and practiced.

Learning Objectives

By the completion of the course, the participant will be able to:

1. Describe the research substantiating the application of evidence-based OMT for systemic conditions and physiological functions. Handouts of relevant published articles will be provided.
2. Assess the applicability of OMT procedures in these areas for their particular practice and integrate them in the care of their patients.
3. Effectively administer OMT procedures taught.

Prerequisites

Registrants must have an understanding of osteopathic manipulative medicine.

Target Audience

This activity is open for all osteopathic and medical physicians (DO/MD), Dentist (DDS/DMD), Medical Student (DO/MD), and International Osteopaths.

Instructional Method of Participation

To participate in the activity, physicians will be required to complete all of the following steps:

1. Read the learning objectives and faculty disclosures.
2. Complete Pre-Activity Test.

3. Participate in the activity.

4. Attest to the satisfactory participation in the activity. OPC verifies attestation against live sign-in sheets, or Internet (Live) or Internet (On-Demand) **percent viewed**.

5. Complete Post-Activity Test. A grade of 70% or above is required to pass the Quiz. Once you successfully obtain this score you can access your certificate. Attempts allowed: 3. Grading method: highest grade.

6. Complete the Post-Activity Survey and Evaluation. You will receive credit on successfully passing the Post-Activity Test and Post-Activity Survey and Evaluation.

7. Certificate (non-credit) can be accessed in your account via the online portal after ALL these steps are complete.

Agenda/Schedule

Saturday, September 4, 2021

Hollis H. King, DO, PhD, FAAO

- 8:00am Welcome and Intro to Course and Osteopathic Tenets Underlying OMT
- 8:15am Viscerosomatic Interactions: A Basis for Impact of OMT on Physiology and Nervous System
- 9:00am Cardiac Disorders and Functions: Research and Lab practice of procedures
- 10:15am Palpation Exercise I: Palpation of the Fluid Body
- 10:30am Small Group Discussion
- 11:00am Pulmonary Disorders and Functions: Research - Pneumonia and Asthma
- 12:00pm Break
- 1:00pm Pulmonary Disorders and Functions: Research - Pneumonia and Asthma
- 2:00pm Upper Respiratory, Sinus and Otitis Media Treatments: Lab
- 3:15pm Small Group Discussion
- 3:30pm Immune System: Research
- 4:00pm Immune System: Lab
- 4:45pm Review, Q&A
- 5:00pm Adjourn

Credit Designation

The Osteopathy's Promise to Children designates this program for a maximum of 8 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other healthcare professionals who practice OMM/OMT. Osteopathy's Promise to Children (OPC) is accredited by the AOA to provide continuing medical education for physicians.

OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
Hollis H. King, DO, PhD, FAAO	Faculty, Content	Dr. King is a research consultant to OPC.
Beth Levendoski	Planning Committee & Program Design	Ms. Levendoski is a consultant to OPC.

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

Name of Faculty or Presenter	Role(s)	Reported Financial Relationship
There are no recorded conflicts of interest.		

Course Cancellation & Refund Policy

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course, the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course, the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to the initial start date for the course. If the Applicant

timely and properly provides OPC with a Notice of Cancellation, OPC will issue a refund of the Registration Fee to the Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director whose decision shall be final.

Liability Release

This program may involve physical activity, including contact by and with faculty and other course participants. This physical activity, including but not limited to physical diagnostics and manual therapeutics, could possibly entail risk for course participants of new injury or aggravation of pre-existing conditions. All course participants acknowledge and agree to assume all responsibility and risk for all losses and damages, including but not limited to any bodily injury, death, and property damage, arising out of or incident to (i) attending the course, (ii) participating in the course, (iii) using equipment or facilities during the course, and (iv) using or misusing any knowledge or information obtained or derived from the course. All course participants acknowledge and agree to indemnify, defend, and hold harmless OPC, OPC's officers, directors, employees, agents, affiliates, licensors, partners, independent contractors, suppliers and subcontractors from and against all claims, actions, suits, proceedings, losses, obligations, damages including but not limited to any bodily injury, death, and property damage, liabilities, costs, debt and expenses, whether known or unknown, anticipated or unanticipated, arising out of or incident to (i)

attending the course, (ii) participating in the course, (iii) using the equipment or facilities during the course, or (iv) using or misusing any knowledge or information obtained or derived from the course at or outside of the course location. OPC reserves the right, at course participant's expense, to assume the exclusive defense and control of any matter for which course participant is required to indemnify OPC and course participant agrees to cooperate with OPC's defense of these claims. Course participant agrees not to settle any matter without the prior written consent of OPC. OPC will use reasonable efforts to notify course participant of any such claim, action, suit, or proceeding upon becoming aware of it. It is the responsibility of all participants to use the information provided within the scope of their professional license or practice.

Statement of Professional Ethics & Standards

Osteopathy's Promise to Children CME courses will foster an educational atmosphere of tolerance and mutual respect concerning gender, race, developmental challenges, sexual orientation, and professional background. Furthermore, these courses will adhere to the highest standards of osteopathic medicine's professional ethics especially in regard to patient, student, and physician faculty communication and interactions. This includes clear informed consent when participating in educational exercises, and only utilizing osteopathic techniques and practices designed to educate practitioners and/or compassionately and appropriately address patient suffering through osteopathic diagnosis, and treatment. Any deviation of these professional standards by physician faculty, staff, or student during a given course will not be tolerated.

Course Director



Hollis H. King, DO, PhD, FAAO

Clinical Professor UCSD Medical School
Staff Physician Osteopathic Center for Children
OPC Research Director

Dr. King is a Fellow of and Past-President of the American Academy of Osteopathy. He is certified in Family Medicine by the American Board of Osteopathic Family Physicians. He has served on the faculties of several colleges of osteopathic medicine and most recently was Osteopathic Family Medicine Residency Director at the University of Wisconsin-Madison. He is currently a Clinical Professor of Family Medicine at the University of California San Diego School of Medicine. Texas College of Osteopathic Medicine, Fort Worth, TX. D.O., 1983. Louisiana State University, Baton Rouge, LA. Ph.D. in Clinical Psychology, 1971. Trinity University, San Antonio, TX. M.S. in Psychology, 1967. Duke University, Durham, NC. B.A. in Psychology, 1965. Memberships: AOA, AAO, OCA (Fellow). Additionally, Dr. King has a Recognition of Proficiency from the Osteopathic Cranial Academy.

Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/ faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Commercial Support Statement

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. OPC attests that no commercial support was received for this program.

Contacts

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For questions regarding the content of this program, contact: Beth Levendoski, Executive Director at director@the-promise.org.

For questions regarding CME's, please contact: CME Administrator at cme@the-promise.org.



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