

# OMT for Systemic Disorders and Physiological Functions



Course Director and Faculty (in chronological order) **Hollis H. King, DO, PhD, FAAO**

**Category 1-A Internet (Live) or Internet (On-Demand) CME:**

**Dates:**

- October 24, 2020- Viscerosomatic Interactions and Cardiovascular System
- October 31, 2020- Respiratory and Immune Systems
- November 7, 2020- Gastrointestinal and Genito-Urinary Systems
- November 14, 2020- Nervous System, Headache, and Reproductive Functions

**Time:** 9:00 AM to 11:30 AM PST

**CME:** 2.5 hrs each date or 10 hrs bundled  
AOA Category 1-A CME Anticipated

**Cost:** \$150 each date or \$600 bundled

**CME Sponsor**

Osteopathy's Promise to Children

**Activity Website**

<https://promise.ce21.com/>

## Course Description

The activity will address osteopathic clinicians', as well as other practicing clinicians', need to improve knowledge, competence and/or performance for the treatment of Systemic Disorders and Physiological Functions by leveraging the principles of osteopathic medicine.

This internet (live) or internet (on-demand) event will offer participants the opportunity to learn the neuroanatomic basis for how OMT affects physiologic functions, and meets the needs of interested physicians who want to increase their knowledge in this area of medical practice, including assessment of existing and emerging therapies, as they develop customized treatment plans via interactive case scenarios.

## Learning Objectives

1. By the completion of the course, the participant will be able to describe the research substantiating the application of evidence-based OMT for systemic disorders and physiological functions. Handouts of relevant published articles will be provided.
2. By completion of the course, the participant will be able assess the applicability of OMT procedures in these areas for their particular practice and integrate them in the care of their patients.
3. By the completion of the course, the participant will have the opportunity to view a live demonstration of the relevant OMT procedures and ask questions about them.

## Target Audience

This activity is open for all osteopathic and medical physicians (DO/MD), Dentist (DDS/DMD), Medical Student (DO/MD), and International Osteopaths.

## Prerequisites

There are no prerequisites for this course.

## Instructional Format

Internet (live) or internet (on-demand) event with slides and audio.

## Instructional Method of Participation

To participate in the activity, physicians will be required to take the following steps:

1. Read the learning objectives and faculty disclosures.
2. Complete Pre-Activity Survey.
3. Participate in the activity.
4. Attest to the satisfactory participation in the activity. OPC verifies attestation against Internet (Live) or Internet (On-Demand) **percent viewed**.
5. Complete Post-Activity Test. A grade of 70% or above is required to pass the Quiz. Once you successfully obtain this score you can access your certificate. Attempts allowed: 3. Grading method: Highest grade.
6. Complete the Post-Activity Survey and Evaluation. You will receive credit on successfully passing the Post-Activity Test and Post-Activity Survey and Evaluation.
7. Certificate can be accessed in your account via the online portal after ALL these steps are complete.

## Schedule/Agenda

**Saturday, October 24, 2020**

**Hollis H. King, DO, PhD, FAAO**

9:00 AM – 9:05 AM: Welcome and Overview

9:05 AM – 10:00 AM: Viscerosomatic Interactions: A Basis for Impact of OMT on Physiology and the Nervous System

10:00 AM – 10:45 AM: Cardiovascular Disorders and Functions: Research

10:45 AM – 11:15 AM: Demonstration of Related OMT Procedures and Interaction with Participants

11:15 AM – 11:30 AM Q&A, Closing Comments

## Saturday, October 31, 2020

Hollis H. King, DO, PhD, FAAO

9:00 AM – 9:05 AM: Welcome and Overview

9:05 AM – 10:00 AM: Respiratory System

Disorders and Function: Research

10:00 AM – 10:45 AM: Immune System Functions: Research

10:45 AM – 11:15 AM: Demonstration of Related OMT Procedures and Interaction with Participants

11:15 AM – 11:30 AM Q&A, Closing Comments

## Saturday, November 7, 2020

Hollis H. King, DO, PhD, FAAO

9:00 AM– 9:05 AM: Welcome and Overview

9:05 AM – 10:00 AM: Gastrointestinal System

Disorders and Conditions: Research

10:00 AM – 10:45 AM: Genito-Urinary Systems

Disorders and Conditions: Research

10:45 AM – 11:15 AM: Demonstration of Related OMT Procedures and Interaction with Participants

11:15 AM – 11:30 AM Q&A, Closing Comments

## Saturday, November 14, 2020

Hollis H. King, DO, PhD, FAAO

9:00 AM– 9:05 AM: Welcome and Overview

9:05 AM – 10:15 AM: Nervous System Disorders and Headaches: Research

10:15 AM – 10:45 AM: Reproductive System

Conditions - Obstetrics and Gynecology: Research

10:45 AM – 11:15 AM: Demonstration of Related OMT Procedures and Interaction with Participants

11:15 AM – 11:30 AM Q&A, Closing Comment

## Credit Designation

The Osteopathy's Promise to Children designates this program for a maximum of 10 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other healthcare professionals who practice OMM/OMT. Osteopathy's Promise to Children (OPC) is accredited by the AOA to provide continuing medical education for physicians.

## OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

| Name of Faculty or Presenter  | Role(s)          | Reported Financial Relationship           |
|-------------------------------|------------------|---|
| Hollis H. King, DO, PhD, FAAO | Faculty, Content | Dr. King is a research consultant to OPC. |

|                 |                                     |  |
|-----------------|-------------------------------------|--|
| Beth Levendoski | Planning Committee & Program Design | Ms. Levendoski is a consultant to OPC. |
|-----------------|-------------------------------------|--|

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

| Name of Faculty or Presenter                 | Role(s) | Reported Financial Relationship |
|--|---------|---------------------------------|
| There are no recorded conflicts of interest. |         |                                 |

## Course Cancellation & Refund Policy

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course, the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course, the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to the initial start date for the course. If the Applicant timely and properly provides OPC with a Notice of Cancellation, OPC will issue a refund of the Registration Fee to the Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the

course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director whose decision shall be final.

### Course Director



**Hollis H. King, DO, PhD, FAAO, FCA**  
Clinical Professor UCSD Medical School  
Staff Physician Osteopathic Center for Children  
OPC Research Director

Dr. King is a Fellow of and Past-President of the American Academy of Osteopathy. He is certified in Family Medicine by the American Board of Osteopathic Family Physicians. He has served on the faculties of several colleges of osteopathic medicine and most recently was Osteopathic

Family Medicine Residency Director at the University of Wisconsin-Madison. He is currently a Clinical Professor of Family Medicine at the University of California San Diego School of Medicine. Texas College of Osteopathic Medicine, Fort Worth, TX. D.O., 1983. Louisiana State University, Baton Rouge, LA. Ph.D. in Clinical Psychology, 1971. Trinity University, San Antonio, TX. M.S. in Psychology, 1967. Duke University, Durham, NC. B.A. in Psychology, 1965. Memberships: AOA, AAO, OCA (Fellow). Additionally, Dr. King has a Recognition of Proficiency from the Osteopathic Cranial Academy.

### Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/ faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

### Commercial Support Statement

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. OPC attests that no commercial support was received for this program.

### Contacts

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619-548-8815

For questions regarding the content of this program, contact: Beth Levendoski, Executive Director at [director@the-promise.org](mailto:director@the-promise.org).

For questions regarding CME's, please contact: CME Administrator at [cme@the-promise.org](mailto:cme@the-promise.org).