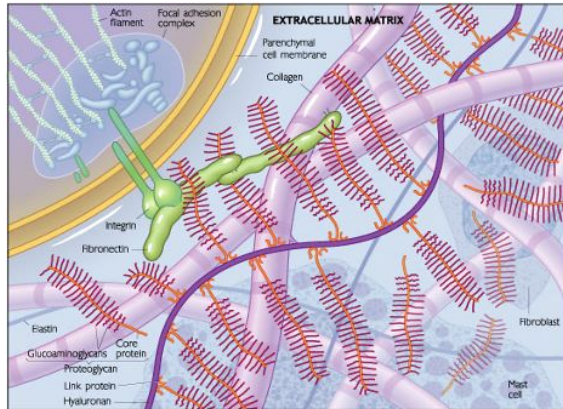


# The Living Matrix Series – Primary Respiration, Uncut



## Course Director

R. Paul Lee, DO, FAAO, FCA

## The Living Matrix Series – Primary Respiration, Uncut

### Dates:

November 2, 2020 - The Living Matrix  
 November 9, 2020 - Triune Mankind  
 November 16, 2020 - What's the Mechanism?  
 December 7, 2020 - The Dwelling Place  
 December 14 - The Intelligence of the Tide <sup>Cancelled</sup>  
 January 4, 2021 - Extended Q&A Session <sup>Cancelled</sup>

### Category 1-A Internet (Live) or Internet (On-Demand) CME:

**Time:** 6:00 PM to 7:30 PM PST

**CME:** 7.5 Hrs AOA Category 1-A CME Anticipated

**Cost:** \$60 per date

### Faculty (in chronological order)

R. Paul Lee, DO, FAAO, FCA

## CME Sponsor(s)

Osteopathy's Promise to Children

## Activity Website

<https://promise.ce21.com/>

## Lecture Series Description

This internet (live) or internet (on-demand) event will address osteopathic clinicians', as well as other practicing clinicians', needs to improve knowledge, competence and/or performance for the treatment of Systemic Disorders and Physiological Functions by leveraging the principles of osteopathic medicine.

*The use of primary respiration to treat fascia.*

Effective treatment varies for patients from myofascial release to attention upon a fulcrum.

This on-demand webcast will offer participants the opportunity to learn the fluid basis for how OMT affects physiologic functions, and meets the needs of interested physicians who want to increase their knowledge in this area of medical practice, including assessment of existing and emerging therapies, as they develop customized treatment plans via interactive case scenarios.

## Learning Objectives

By the completion of the Lecture, the participant will be able to describe the research substantiating the application of evidence-based OMT for treating fascia with primary respiration. By the completion of the course, the participant will be able to:

- Understand the research explaining the fluid dynamic of primary respiration
- Confirm the application of basic, but neglected osteopathic principles of Mind, Matter, and Motion
- Name the phases of treatment to correct somatic dysfunction with primary respiration, and to know its completion
- Apply basic osteopathic principles to treat energetic disturbances using mechanisms of mind and spirit.

- Comprehend the fluid characteristics of primary respiration to include potency, vitality, and delivery of Health as well as the use of a fulcrum, compression, and attention.

## Target Audience

This activity is for osteopathic and medical physicians (DO/MD, and International Osteopaths).

## Prerequisite

Approved (OPC/OCA/SCTF) 40-hour Introduction to Osteopathy in the Cranial Field course.

## Research (Resources)

- Gabarel and Roques, Les Fasciae, Maloine, 1985.
- Pischinger, Matrix and Matrix Regulation, Haug, 1991.
- Nordenstrom, Biologically Closed Electric Circuits, Nordic Medical Publications, 1983.

## Instructional Format

Internet (live) or internet (on-demand) event with slides and audio.

## Instructional Method of Participation

To participate in the activity, physicians will be required to take the following steps:

1. Read the learning objectives and faculty disclosures.
2. Complete Pre-Test.
3. Participate in the activity.
4. Attest to the satisfactory participation in the activity. OPC verifies attestation against Internet (Live) or Internet (On-Demand) **percent viewed**.
5. Complete Post-Activity Test. A grade of 70% or above is required to pass the Quiz. Once you successfully obtain this score you can access your certificate. Attempts allowed: 3. Grading method: Highest grade.
6. Complete the Post-Activity Survey and Evaluation. You will receive credit on successfully

passing the Post-Activity Test and Post-Activity Survey and Evaluation.  
7. Certificate can be accessed in your account via the online portal after ALL these steps are complete.

## Agenda

### November 2, 2020

R. Paul Lee, DO, FAAO, FCA

6:00PM - 7:00PM The Living Matrix

7:00PM - 7:30PM Q&A, Closing Comments

### November 9, 2020

R. Paul Lee, DO, FAAO, FCA

6:00PM - 7:00PM Triune Mankind

7:00PM - 7:30PM Q&A, Closing Comments

### November 16, 2020

R. Paul Lee, DO, FAAO, FCA

6:00PM - 7:00PM What's the Mechanism?

7:00PM - 7:30PM Q&A, Closing Comments

### December 7, 2020

R. Paul Lee, DO, FAAO, FCA

6:00PM - 7:00PM The Dwelling Place

7:00PM - 7:30PM Q&A, Closing Comments

### December 14, 2020 (Cancelled)

R. Paul Lee, DO, FAAO, FCA

6:00PM - 7:00PM The Intelligence of the Tide

7:00PM - 7:30PM Q&A, Closing Comments

### January 4, 2021 (Cancelled)

R. Paul Lee, DO, FAAO, FCA

Extended Q&A Session

## Credit Designation

The Osteopathy's Promise to Children designates this program for a maximum of 7.5 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT. Osteopathy's Promise to Children (OPC) is accredited by the AOA to provide continuing medical education for physicians.

## OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program. In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

| Name of Faculty or Presenter   | Role(s)                                      | Reported Financial Relationship           |
|--------------------------------|--|---|
| Robert Paul Lee, DO, FAAO, FCA | Course Director, Content Developer & Faculty | Dr. Lee is a course director and lecturer |
| Beth Levendoski                | Planning Committee & Program Design          | Ms. Levendoski is a consultant to OPC.    |

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

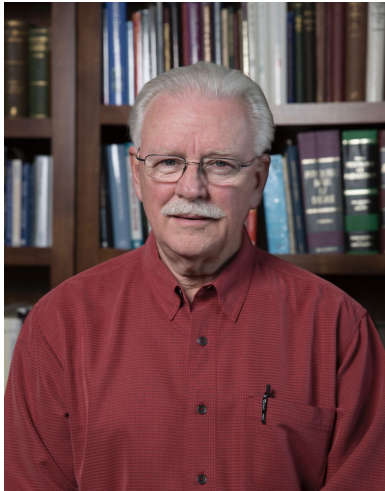
| Name of Faculty or Presenter                | Role(s) | Reported Financial Relationship |
|---|---------|---------------------------------|
| There are no recorded conflicts of interest |         |                                 |

## Course Cancellation & Refund Policy

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course, the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to

the initial start date for the course. If the Applicant timely and properly provides OPC with a Notice of Cancellation, OPC will issue a refund of the Registration Fee to the Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director whose decision shall be final.

### Course Director



**R. Paul Lee, DO, FAAO, FCA**

Dr. Lee received his DO degree from the Kansas City University of Medicine and Biosciences in 1976. He completed a residency in OMM at the

AT Still University College of Osteopathic Medicine in 1986. He has been in an OMM practicing for 43 years. Dr. Lee is certified in Osteopathic Manipulative Medicine and Medical Acupuncture and holds the FAAO and FCA. He served on the Board of Directors of The Cranial Academy and Board of Governors of the American Academy of Osteopathy. He has been a faculty member for the Introductory Course, the Cranial Base Course as well as the Brain Parenchyma and Nuclei Course And the Next Step course offered by the Osteopathic Cranial Academy. He directed the Intro courses and the Bensoussan courses for the OCA. He also served as the course director for the Rule of the Artery courses in Glendale, AZ (2017) and Portland, OR (2018). He lectures to his colleagues in the United States, Australia, New Zealand, Europe, Asia and Canada.

In 2005, Stillness Press published his book: Interface: Mechanisms of Spirit in Osteopathy in which he outlined a model explaining primary respiration in the tissues, based on principles of both spirit and matter. Certified, Osteopathic Manipulative Medicine, AOBSPOMM, 3/91. Awarded Fellow of the American Academy of Osteopathy, FAAO, 3/00. Awarded Diplomat of American Board of Medical Acupuncture, DABMA 6/00. Awarded Fellow of the Cranial Academy, FCA, 6/11. Awarded Recognition of Proficiency in Osteopathy in the Cranial Field, 6/12. Awarded Sutherland Memorial Lecture, 6/13. Awarded Honorary Life Membership, AAO, 2016. Memberships: AOA, AAO and OCA. Certificate of Competency: Cranial Osteopathy, Cranial Academy (6/89).

### Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/ faculty. They do

not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

### Commercial Support Statement

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. OPC attests that no commercial support was received for this program.

### Contacts

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3706 Ruffin Road, San Diego, CA 92123  
[cme@the-promise.org](mailto:cme@the-promise.org)  
619-548-8815

For questions regarding the content of this program, contact:  
Beth Levendoski, Executive Director  
at [director@the-promise.org](mailto:director@the-promise.org).

For questions regarding CME's, please contact:  
CME Administrator  
at [cme@the-promise.org](mailto:cme@the-promise.org).