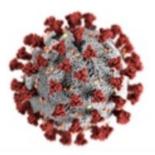
Osteopathic Manipulative Treatment (OMT) for Influenza and COVID-19: Where Are We Now?



## Course Director Raymond J. Hruby, DO, MS, FAAO (Dist)

Date: October 10, 2020
Time: 9:00 AM to 11:00 AM PST
CME: 2 Hrs AOA Category 1-A CME Anticipated
Cost: FREE - No cost for participants Paid for by Viola M. Frymann Trust at OPC.
Panelists

#### Faculty (in chronological order)

Raymond J. Hruby, DO, MS, FAAO (Dist) Hollis H. King, DO, PhD, FAAO Mitchell Hiserote, DO Kimberly Wolf, DO, FAAP, FACOP

## CME Sponsor

Osteopathy's Promise to Children

#### Activity Website

https://promise.ce21.com/

### Statement of Need

The activity will address osteopathic clinicians', as well as other practicing clinicians', needs to improve knowledge, competence and/or performance for the treatment of patients with COVID-19 by applying the principles of osteopathic medicine.

This online webinar provides an overview of the unique value that osteopathic medicine can bring to the treatment of patients with influenza and COVID-19. The evidence base for the proposed use of osteopathic manipulative treatment (OMT) as part of the treatment program for patients with influenza and COVID-19 is heavily emphasized.

This live webcast will offer participants the opportunity to learn current concepts regarding the pathophysiology and treatment for COVID19. Participants will learn about how the use of OMT as part of treatment for COVID19 affects physiologic functions, the evidence base for the use of OMT for COVID19 patients, and how to participate in current and future clinical research in this area.

## **Target Audience**

This activity is open for all osteopathic and medical physicians (DO/MD), Dentist (DDS/DMD), Medical Student (DO/MD), and International Osteopaths.

## Prerequisites

There are no prerequisites for this course.

## Learning Objectives

Upon completion of this course, the participant will be able to:

 Describe the historical basis for the use of OMT for infectious diseases such as influenza and COVID-19
 Describe the evidence base to support such use of OMT
 Describe what further evidence is needed to establish a more firm evidence base for such use of OMT
 Discuss what action is currently being taken to develop more evidence for such use of OMT
 List some useful resources for the practitioner treating COVID-19 patients.

# Agenda

### Saturday, October 10, 2020

## Raymond J. Hruby, DO, MS, FAAO (Dist)

9:00 – 9:40 AM Osteopathic Manipulative Treatment (OMT) for Influenza and COVID-19: Where Are We Now? 9:40 – 9:50 AM Q&A 9:50 – 10:00 AM Break

### Hollis H. King, DO, FAAO

10:00 AM – 10:15 AM Practical Tips for Treating COVID19 Patients with OMT

#### Mitchell Hiserote, DO

10:15 – 10:30 AM Practice Management Tips for Seeing COVID19 Patients During the Time of the Pandemic

#### Kimberly Wolf, DO, FACOP

10:30 – 10:45 AM Practical Tips for Treating Pediatric Patients during the COVID19 Pandemic

Raymond J. Hruby, DO, MS, FAAO (Dist) and Faculty 10:45 – 11:00 AM Q&A with Faculty Panel, Closing Comments

## Instructional Format

Live Online meeting/webinar with slides and audio

## Instructional Method of Participation

This course is supported by the Viola M. Frymann Trust. To participate in the activity, physicians will be required to take the following steps:

- 1. Read the learning objectives and faculty disclosures.
- 2. Participate in the activity.
- 3. Complete the evaluation and outcome survey.

## Credit Designation

The Osteopathy's Promise to Children designates this program for a maximum of 2 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

#### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Osteopathic Association (AOA). This education program is designed to provide CME for osteopathic physicians and other health care professionals who practice OMM/OMT. Osteopathy's Promise to Children (OPC) is accredited by the AOA to provide continuing medical education for physicians.

### OPC Faculty Disclosure Declaration

Osteopathy's Promise to Children has implemented a policy to comply with the AOA and ACCME standards for Commercial Support requiring resolution of all conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

| Name of<br>Faculty or<br>Presenter   | Role(s)   | Reported Financial<br>Relationship        |
|--------------------------------------|---|---|
| Raymond J.<br>Hruby, DO,<br>MS, FAAO | Course<br>Director and<br>Planning<br>Committee | Dr. Hruby is a CME consultant to OPC.     |
| Hollis H. King,<br>DO, PhD,<br>FAAO  | Faculty,<br>Content                             | Dr. King is a research consultant to OPC. |
| R. Mitchell<br>Hiserote, DO          | Faculty,<br>Content                             | Dr. Hiserote is a CME consultant to OPC.  |

| Kimberly Wolf,<br>DO, FACOP | Faculty                                      | Dr. Wolf is a research consultant to OPC. |
|-----------------------------|--|---|
| Beth<br>Levendoski          | Planning<br>Committee<br>& Program<br>Design | Ms. Levendoski is a consultant to OPC.    |
| Nica<br>Treadwell           | Activity<br>Planner                          | Ms. Treadwell is a consultant to OPC      |

The following faculty member has indicated that they have a relationship that could be perceived as a potential conflict of interest:

| Name of<br>Faculty or<br>Presenter          | Role(s) | Reported<br>Financial<br>Relationship |  |
|---|---------|---------------------------------------|--|
| There are no recorded conflicts of interact |         |                                       |  |

There are no recorded conflicts of interest.

### **Course Cancellation & Refund Policy**

By applying for this course, the applicant ("Applicant") agrees that the application fee is non-refundable and represents the administrative cost of determining the Applicant's eligibility ("Application Fee"). The application shall require the payment of the Application Fee and the registration fee for the cost of attending the course ("Registration Fee"). In the event an Applicant is denied admission to a specific course the Registration Fee shall be refunded. An accepted Applicant shall be registered for the course and the registration fee payment shall be credited against the Registration Fee for the specific course. If after registration the Applicant desires to cancel his or her registration for the course the Applicant must notify Osteopathy's Promise to Children ("OPC") of their CANCELLATION in writing, ("Notice of Cancellation"), at least fourteen (14) days prior to the initial start date for the course. If the Applicant timely and properly provides OPC with a Notice of Cancellation OPC will issue a refund of the Registration Fee to the Applicant. If OPC receives a Notice of Cancellation less than fourteen (14) days prior to the initial start date for

the course, or an Applicant fails to attend the course, OPC will not issue a refund of the Registration Fee. In the event an Applicant attends the course but feels that the course did not provide the material or training advertised, an Applicant may request a refund of the Registration Fee. All such requests shall state the course name, date and times of Applicant's attendance and the specific reasons for the requested refund. The Applicant's inability to attend a portion of the course shall not constitute a valid reason for a refund. All refund decisions shall be made by the Executive Director whose decision shall be final.

#### **Course Director**



### Raymond J. Hruby, DO, MS, FAAO (Dist)

Raymond J. Hruby, DO, MS, FAAO (Dist); Project Manager of OPC Continuing Medical Education Program

Dr. Hruby graduated from the College of Osteopathic Medicine and Surgery in Des Moines, Iowa in 1973, is certified in OMM and family practice, and is a Fellow of the American Academy of Osteopathy. Retired as professor and chair of the Department of Osteopathic Manipulative Medicine at COMP, he continues consulting with the school's Department of NMM/OMM on teaching, research, curriculum analysis and development, new faculty mentorships and Predoctoral OMM Fellows. He is involved with WUHS's Interprofessional Education program, and lectures part-time in the Graduate School of Basic Medical Sciences, among others. Memberships: AOA, AAO. Cranial proficiency by OCA.

### **Program Faculty**



Hollis H. King, DO, PhD, FAAO Clinical Professor UCSD Medical School Staff Physician Osteopathic Center for Children OPC Research Director

Dr. King is a Fellow of and Past-President of the American Academy of Osteopathy. He is certified in Family Medicine by the American Board of Osteopathic Family Physicians. He has served on the faculties of several colleges of osteopathic medicine and most recently was Osteopathic Family Medicine Residency Director at the University of Wisconsin-Madison. He is currently a Clinical Professor of Family Medicine at the University of California San Diego School of Medicine. Texas College of Osteopathic Medicine, Fort Worth, TX. D.O., 1983. Louisiana State University, Baton Rouge, LA. Ph.D. in Clinical Psychology, 1971. Trinity University, San Antonio, TX. M.S. in Psychology, 1967. Duke University, Durham, NC. B.A. in Psychology, 1965. Memberships: AOA, AAO, OCA. Additionally he is a Fellow of the Cranial Academy.



R. Mitchell Hiserote, DO Medical Director at Blue Sky Osteopathy OPC Director of Medical Education, OCC Medical Director

Dr. Hiserote is a veteran director of courses at Osteopathy's Promise to Children, a practicing osteopathic physician in Sebastopol, CA and Associate Professor/past Chairman of the Touro University California College of Osteopathic Medicine -Osteopathic Manipulative Medicine (OMM) Department. He is an alumnus of Western University College of Osteopathic Medicine in Pomona, CA and completed his post-graduate training at the Arrowhead Regional Medical Center in Colton, CA, Dr, Hiserote currently maintains board certification in Neuromusculoskeletal/ Osteopathic Manipulative Medicine from the American Osteopathic Board of Neuromuscular Medicine, Osteopathic Cranial Academy Certification of Proficiency, and is a Midwestern University -- Chicago College of Osteopathic Medicine Costin scholar. His first faculty position under the direction of Viola M. Frymann. DO began as an OMM teaching Fellow in 1995 and he

has served in this role nearly annually since 2000. Additionally, he has served as faculty for osteopathy in the cranial field courses with the Sutherland Cranial Teaching Foundation, Osteopathic Cranial Academy (OCA) and Western University College of Osteopathic Medicine. Memberships: AOA, AAO, OCA. Cranial proficiency by OCA.



Kimberly Wolf, DO, FAAP, FACOP Associate Professor at TUC, Director of Pediatric OMM OCC Research Director

Kimberly J. Wolf, DO,FAAP, FACOP is a 2010 graduate of Western University of Health Sciences, College of Osteopathic Medicine of the Pacific. Dr. Wolf is Board certified in Pediatrics by American Osteopathic Board of Pediatricians. Her internship and pediatric residency was completed at Nationwide City Hospital. She was an Assistant Professor of Pediatrics at Ohio State University/Pediatric Academic Association from 2013-2017. She is also a full-time outpatient clinic attending at Nationwide Children's Hospital's Ambulatory Network. 80% of her clinic time was spent running an exclusive Pediatric Osteopathic Manipulative Medicine Clinic. Dr. Wolf was awarded the Outstanding Physician Award by the Center for Osteopathic Research and Education in 2016. She is currently Associate Professor of Osteopathic Manipulative Medicine and Director of Pediatric Osteopathic Manipulative Medicine at Touro University College of Osteopathic Medicine. She currently serves as teaching faculty for OPC and Research Director at OCC. Memberships: AOA, AAO, AAP, ACOP, AAPO, OCA.

#### Disclaimer

The information in this educational activity is for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/ faculty. They do not represent an endorsement by OPC. In no event will OPC be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

#### Commercial Support Statement

The AOA requirements for category 1-A CME require notice of commercial support. If monetary or in-kind contributions are given to a CME sponsor that are used to pay for all or part of the costs of a CME activity, it must be reported that the program event was commercially supported. OPC attest that no commercial support was received for this program.

#### Contacts

Osteopathy's Promise to Children 3706 Ruffin Road, San Diego, CA 92123 <u>cme@the-promise.org</u> 619-548-8815.

For questions regarding the content of this program, contact: Beth Levendoski, Executive Director at <u>director@the-promise.org</u>.

For questions regarding CME's, please contact: CME Administrator at <u>cme@the-promise.org</u>.